

# GRB Graduation: 19 days and counting

For seniors of the Class of 2010, Saturday, June 26 or graduation day is approaching very quickly.

With only 19 days left, there are many details about graduation that seniors need to be aware about. On June 25, the Friday before graduation, seniors will need to report to the auditorium at GRB for graduation rehearsal. This will take place at 10 am, and any student who does not attend without Mr. Buchanan's approval could result in being unable to participate in the graduation festivities.

After the rehearsal, students will then receive an envelope with paperwork and tickets. Each senior will receive five tickets. If more tickets are needed, see Ms. Stone in the attendance office that day to pick up more.

On this day, seniors will also receive their

cap and gown. If any student has any lost textbooks, calculators, un-returned library books or lunch debts, they will not be able to pick up their cap and gown. Any debt that a student might have needs to be taken care of before the distribution of graduation supplies. Also, you cannot participate in the ceremony or receive your diploma. Mrs. Ingersoll has already notified those who have any debts.

As for graduation day, seniors will need to meet in the War Memorial gym by 9:15 a.m. It is strongly encouraged that guests be in their seats by 9:45 a.m. The actual ceremony will take place in the ice rink. Students must wear the proper attire in order to participate in graduation. For those who are unable to attend graduation, it is very important to notify the main

office as soon as possible in order to help with the process at graduation.

If you do not attend graduation, you will need to call and make arrangements to pick up your diploma from the high school some time after graduation. The office cannot mail diplomas. The high school can only make one copy of your diploma, so store it in a safe place, as they cannot make a duplicate.

For any person who is an August graduation candidate, you may pick up your diploma after you have completed summer school and after the high school has received your passing grades from BOCES summer school.

For those who are graduating, congratulations and see you on June 26!

*By Emily Rothrock*

## RaiderNet Daily

G. Ray Bodley High School, Fulton, NY

Volume 1, Number 153

Monday, June 7, 2010

## SAFE Educators: students teaching students

**By Courtney Falanga**

Safer Actions from Education is the name of the club, and on Wednesday and Thursday, G. Ray Bodley High School's very own SAFE club spent two days in the health room educating their peers. Ever since SAFE has been in this school it has been an annual event for members of the group to visit health classes in both the high school and junior high. But the past two days 'SAFEES' have been educating their peers about sexual health topics such as various methods of contraception and birth control.

Principal Buchanan commented on their work, stating, "I think it is a good idea because it's no secret that teens today are becoming sexually active at a younger and younger age and they need to be aware of the risks that they're taking."

Within the two days, students in Ms. Ray and Mr. Dodge's health classes had the opportunity to get involved with team activities as a fun way to learn about sexual health. Junior and SAFE member Desirae Collins said, "I think it's important that we have SAFE because students don't listen to older people, they listen to their peers." SAFE's advisor Cheryl Perkins brought in SAFE members Courtney Falanga, Chelsea Avery, Amanda Adamy, Sadie

Adamy, McKenzie Swart, Zach Wilton, Catlin Graham, Desirae Collins, and Cameron Harrington over the two days to assist in educating their peers and fellow students. SAFE also does numerous other events to have fun

while getting educated and educating peers, so if you're interested in joining the club, Cheryl Perkins, the advisor and APPS liaison, will have announcements for SAFE this coming September.



SAFE adviser Cheryl Perkins, right, addresses a health class last week during one of several presentations by the GRB SAFE Club. Her students have annually presented information to their peers about touchy health-related subjects at both the high school and the Fulton Junior High. Pictured behind her is SAFE member Amanda Adamy. (Courtney Falanga photo,

## Opinion

## Carefree days coming to an end for Class of 2010

By Morgan Mirabito & Erica Lamb

When you're in kindergarten, the biggest worry is wondering if you'll get playtime today, and who is going to get to the swings first at school. Now that we're graduating our biggest worry is college in the fall, and finding a secure job for the future. As the years have flown by, many forget the past and try to speed up the process, even when all adults tell us to take advantage of being young because being an adult is not all its made up to be.

Thinking about your childhood one probably wouldn't remember every event, little or small. However, thinking back to the most memorable events like riding a bike for the first time, telling the dad or adult not to let go when they're already only holding on to your shirt, or losing the first tooth, dreading it for days and not even realizing when it's already fallen out.

Most don't remember the first day of kindergarten, but if a parents asked they're surely going to say they remember it like it was yesterday. The years from kindergarten to senior year fly by, and there will

be no more loose teeth, learning to swim, playing hide and go seek with neighborhood kids, and birthday parties in school for classmates. Going back in time is never an option, the little kid years are over, so remember the good with the bad and cherish the times you had.

Now that graduation is only a few weeks away, it's time to reminisce with old friends, remember our younger years and plan for the future. After graduation lives will go on, and most probably many students will not see each other again until their ten-year reunion. Of course there will be parties this summer and next, but after that most will be involved in getting in extra classes in the summer and working. Then seeing each other will be a rare occasion until reunions.

As we become adults faced with responsibilities such as rent and monthly bills, life will become more demanding. So enjoy the rest of senior year and this summer with childhood friends, and friends you've made throughout the journey of school, for becoming an adult will be here before you know it!

## Plenty of chances for Regents review, take them!

By Alicia Vann

The end of the year is coming up, but that does not mean you should give up. With only a week left of school, it's time to crack down on the books, and finish preparing for finals. Regents' exams are coming up quickly, and review sessions are beginning.

This week will mark the last week before the dreaded Regents exams. For those taking part in these courses, there are plenty of review classes being held before the exam occurs. For example, Mr. Galek is holding physics review classes after school. The math teachers will be cycling teaching review classes during the after school hours. American History, Chemistry, and pretty much any other Regents class you take will be holding some sort of review session. It's your job to get out there and look for these helpful opportunities.

A word of advice; attend every review class you can. You never know what helpful information you will receive. That one or two more ques-



tions you get right could be the difference between an 85% and a 90%, or even a 60% and a 65%. The teachers are holding these classes not because they have to, but because they want to ensure that you succeed. Even if it is a different teacher teaching the review class, you never know what new details or information you will pick up from someone else's teaching styles.

**"American History, Chemistry, and pretty much any other Regents class you take will be holding some sort of review session. It's your job to get out there and look for these helpful opportunities."**

So whether you're preparing for one Regents exam or many, prioritize your study time, and make sure you keep reviewing. You'll realize soon that all your hard work will pay off as soon as you receive your grade resembling your efforts. It's better to go in feeling confident about your exam than to go in feeling iffy about the subjects you've been studying all year.

### Upcoming events:

**Today:** Yearbook sale and distribution before and after school in room 102. There will be some yearbooks available for purchase for \$65 on a first come, first served basis.

**Saturday, June 5:** Senior trip to Cedar Point Amusement Park.

**Monday, June 7:** GRB academic awards ceremony, 7 p.m.

**Thursday, June 10:** Bodley Bash after school

**Friday, June 11:** Last day of classes! Senior Dinner Dance at Bridie Manor in Oswego.

**Tuesday in RaiderNet Daily**

- \* The importance of sleep
  - \* Upcoming summer concerts
  - \* Envirothon places third in NYS
- There are only 3 more issues remaining!**

## How to ace the upcoming Regents exams

By Travis Cowart

Ladies and gentlemen, it is almost that time we all have been waiting for; summer vacation. But in order to complete the school year, a person must suffer through a series of final tests for quite a few of their classes. One of these kinds of finals are exclusive to New York and a few other states, and are required in order to pass. These tests are known as the Regents. All high school students, with the exception of a select few freshman, have already had the opportunity to be in a Regents test at some point, so people will know what to expect. However, that is no reason to avoid preparation for the Regents. There are quite a few ways to prepare for the Regents testing, and it is suggested that you use them all to the best of their abilities.

The first method of preparation for these kinds of tests is to first think of it as every other test. This way the stress of an end of year test will not get to you if it is treated the same way as a test given by the teacher. This will also help you because it will allow you to prepare like you would for any other test. It is just like the tests all of your teachers handed out. The only difference is that there are more questions.

Another means of preparation would be to have all of the necessary materials ready before the day of the Regents. Once you enter the Regents testing area, you may not leave until the testing time has ended, so having everything you need would be a great advantage. Try making a list of things you need, or just look at the sheet you are given by your teacher for each Regents. It will surely list all of the necessary materials that are needed to grab these tests by the horns.

Being on time for your test is essential for a Regents test. After all, how could you take a test if you are not there? Regents tests have a



specific week scheduled exclusively for these tests. It is important to be on time and ready to take this test. Regents test last three hours, but you may leave after two in some cases, and for some, being late could mean not finishing the test. There is no time to go back and finish after these kinds of tests, so getting all of the time available is strongly advised.

It may also seem silly, but another key to doing well would be to make sure you have eaten. The last thing a student needs is to be thinking about their stomach when they should be working on a math problem or an essay.

But by far, the most important method needed to prepare for the Regents would be to study. Most Regents tests will cover the entire year, including earlier lessons that go back to November, October, and even September! For most students, lessons taught this early are pretty hard to remember. So the only way to confront this problem would be studying. Nevertheless, studying only by reading the answers will not help you.

There are many other means of studying that will assist in the test-taking process. One method would be flash cards. Flash cards will allow better memorization as you flip through each card. Another fantastic method of study would be to practice your testing on past Regents. Over the internet, you will be able to find several Regents tests taken in the past. Although the questions are different, the topics asked are almost identical. By doing these tests, you will know what to expect from these tests, and in turn will become a prepared test-taker.

The Regents testing process can be stressful, but there are many ways to pull through and pass these tests. Hopefully the preparation methods mentioned above will help you to become an intelligent test-taker, and for some I hope they help you graduate. By studying, withholding a stable mindset, and preparing your materials ahead of time will most definitely assure you a passing grade. Be sure to receive the test dates from your teacher, and to all of those Regents takers, I say happy testing!

## What's all the hoopla about chewing gum?

By Brenna Merry

Why are students so obsessed with gum? This is a question I often ask myself. When students have a fresh new pack of Double Mint or Stride they are sure to keep it in their bag and only sneak a piece when no one is looking so as to avoid hearing, "Can I have a piece?" from everyone in the classroom.

Whenever students see someone with gum they pounce. The gum carrier then respects common courtesy and the next thing they know, they too are looking for someone will gum. Junior Kirsten Francis noted, "I have one of those cups of gum, it makes this loud shaking noise when I walk and I swear it's like an alarm to the world because everyone is always taking or asking for my gum!"

Most of the time people are just looking for a piece of gum after lunch to freshen their breath. But it seems that this is not the only cause. Students go out and buy gum for big tests and events. It is rumored that gum can increase test scores. Many say that this is true, not because it has some magical power, but because chewing helps decrease stress and anxiety. Gum is just a replacement for pen caps and



fingernails.

Students also look to gum for a certain kind of source of entertainment. During that eighty-minute note bell of science many will pop, bubble, blow and chew to keep their minds from wandering. In fact when gum was first created it was not minty or nearly flavored at all, its entire purpose was to keep people entertained at work.

So why are students so obsessed with gum? It's simple, as teenagers we become easily bored, we stress out over the slightest issue and we are constantly worried about whether our breath smells bad, so as to not make the wrong impression. Gum is the solution to all of these issues, so it looks as though you gum carriers will still need to sneak by all of those gum-craving teenagers.

**"Students go out and buy gum for big tests and events. It is rumored that gum can increase test scores. Many say that this is true, not because it has some magical power, but because chewing helps decrease stress and anxiety."**

## Sports

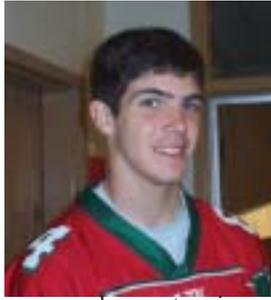
# Finals well underway in hockey, hoops

By Nick Millard

It was a week of championship and controversy as sports were at their finest. We are at the last stop in the long journey for Lord Stanley's Cup. The Blackhawk and the Flyers are well under way, and what a series it has been to this point. The Blackhawks came out of the gates strong and took control of the series winning game one and game two in exciting one goal decisions. Heading into game three it was do or die for the Flyers, but the series was now headed to Philadelphia and Chicago would have to endure some of the world's rowdiest fans. Philadelphia went ahead early, but found them selves trailing 3-2 in the third period due to a breakaway goal by Patrick Kane. The Flyers, however, understood the magnitude of the situation and responded with a goal to push the game into overtime.

The Flyers resilient attack proved to be too much for the Blackhawks, and the Flyers stole game three to make the series 2-1. Then on Friday an early barrage carried Philadelphia to a 2-2 series standoff with a 5-3 win. But home is where the victories are so far in this series and the Hawks jumped back on top last night with a big 7-5 victory to move one win away from their first Stanley Cup since the early 1960s. These avid sports towns will not let the nation down, as this series will prove to be one for the ages.

Game one of the NBA finals proved to be a huge disappointment as the Lakers and Kobe Bryant showed why they are the defending NBA champions. The Lakers found themselves up big early against the Celtics, and traveled into the locker room with a convincing nine point lead. The Lakers held strong as they would finish off the game by



outscored Boston in the second half, and took game one 102-89. This is not good news for the Celtics; as Lakers head coach Phil Jackson is undefeated on his career after winning game one of the series.

Forget the Stanley Cup, and forget Kobe Bryant's ride to supremacy; the MLB stole ALL the news over the last week. If you have not heard about the massive controversy, crawl out of that dense rock. On Wednesday, June 4, 2010, Detroit Tigers pitcher Armando Galarraga was staring into the eyes of greatness; with two outs in the ninth inning, Galarraga was all but ready to give Detroit their first ever perfect game in history. The batter Jason Donald hit a grounder between first and second, which first basemen Miguel Cabrera fielded, he threw the ball to first base, which was covered by Armando Galarraga, but the apparent out was called safe by first base umpire Jim Joyce, and Galarraga's bid for a perfect game was over.

Instant replays showed that the batter was thrown out by almost a whole step. Even Joyce came out and publicly said he blew the called and ruined Galarraga's well-deserved perfect game. This controversial event was the talk of every sports station, new station, and talk show around the world. Although it was reviewable by MLB commissioner Bud Selig, he choose not to change the obvious wrong call, mainly because that is flirting in untouched territory. Changing this game would be changing history, and Selig does not want to begin a string of changing the history of the sport because of this call.

And the countdown is now down to the final few days for the event the rest of the world covets, but many Americans tend to ignore: the World Cup of soccer. All eyes of the soccer world will be on South Africa starting this Friday when action commences between the 32 competing sides. American soccer fans are hoping for the best on Saturday when the USA takes on England in the opening game of group play.

## Live shows aplenty during coming months

With school coming to an end and summer approaching fast, all you music lovers out there are looking for some of your favorite band to come to New York this summer. A good place to start looking is the Saratoga Performing Arts Center (SPAC), as they are hosting numerous big name bands.

For all you country music people, Sugarland will be playing there on June 11. Exactly one month later, you could be livin' on a prayer, watching Bon Jovi live. On July 22 SPAC will be hosting the Goo Goo Dolls. The next day the classic rock band Rush will be taking the stage. The day after that, The H2O tour will be coming to SPAC with Brad Paisley, Darius Rucker, and Justin Moore. To kick off the month of August SPAC is hosting John Mayer and to end it Creed and Tom Petty and the Heart Breakers will be taking the stage August 25 and August 27.

Another place that is holding a number of different concerts this summer is Darien Lake Performing Arts Center. Starting July 3 southern rock band Lynyrd Skynyrd will be performing. Exactly one week later, country band Brooks and Dunn will be taking the stage. Then on July 14 Vans Warped Tour will be coming to the Darien Lake Performing Arts Center. Warped Tour consists of over 30 bands such as Sum 41, Everclear, Andrew W.K. and more. On July 17 pop star Christina

Aguilera will be taking the stage with special guest Leona Lewis. Just one day after the Goo Goo Dolls get done at SPAC they are heading to Darien Lake to perform on July 23.

One week later on July 30 Kings of Leon will be performing and the very next day Darien Lake will be hosting Creed. To kick off the month of August Green Day will be performing on August 5. The very next day Darien Lake will be hosting Tim McGraw with special guest Lady Antebellum. On August 8 John Mayer will be making his way the amusement park just shortly after performing at SPAC. To end the summer, Darien Lake will be hosting Tom Petty and the Heartbreakers.

However the biggest talk for concerts is how the New York State Fair is having Aerosmith play at the Mohegan Sun Grandstand opening day. On August 28, Rihanna will be taking the stage at the State Fair. The very next day Justin Bieber will be playing with Sean Kingston and Jessica Jarrell. On September 2 old Rush will be playing at 7:30. Another big time story is Rascal Flatts coming to the NYS Fair with Kellie Pickler and Chris Young. That is all the concerts the fair has announced, however, there are three dates yet to be filled, so stay tuned to find out the upcoming concerts.

By Zachary Froio

**School of Thought** compiled by Jake Tallents

***What did you like most about the Fultonian Yearbook?***



"Seeing my sexy self...and all the girls."

**Dominic LeBron**



"All the awesome senior photos."

**Dimitri LeBron**



"The baby pictures."

**Kirsten Francis**



"The wrestling pages because of the wonderful article."

**Mr. J. Fasulo**

**GRB announcements for Monday, June 7**

The Yearbooks are here! Sale and distribution of the 2010 Fultonian will take place today before and after school in room 102. There are still some books to purchase for \$65 on a first-come, first-served basis.

There will be a meeting for members of Quirk's Players on today in the chorus room (Rm. #106). Please join us for information about upcoming activities as well as auditions for the fall play. New members are welcome.

The last date for physicals for fall sports and working papers is this Tuesday, June 8. If you need a physical, please schedule one at the nurse's office as soon as possible.

Photo Club t-shirts are here! Pick them up in room 120.

Today is the last day to sign up for this Wednesday's Battle of the Athletes. Just \$1 gets you a team and a t-shirt. See Mr. Rothrock to sign up.

*Meteorology and you*  
by Carson Metcalf

**Today:** Sunny skies. High around 70.

**Tonight:** Partly cloudy. Low in the upper-40s.

**Tomorrow:** Sun and clouds. High near 70.

*GRB sophomore Carson Metcalf is an aspiring Meteorologist and the creator of the Central New York Weather Center @ [www.centralnewyorkweather.com](http://www.centralnewyorkweather.com) ...Look for his real weather forecasts on RaiderNet Daily.*

