



Successful blood drive caps end of December

By Kaitlyn Lauber

Donating blood can be a scary experience, especially for a first time donor, but the students of G. Ray Bodley have done it again! On December 23, the Central New York Red Cross paid G. Ray Bodley High School a visit for the holiday blood drive. "It was nice to see all of the kids sign up," Student Senate Co-Advisor Mr. Thurlow commented. "Especially on the day right before break."

More than ninety students and faculty showed up in the LGI throughout the school day to donate their blood. There was a great turnout, especially for the drive being on the day before the Holiday Break.

Third time donor Josh Florence put a light spin on donating blood when he said, "I feel awesome, kind of like I was Superman! I gave blood and I save blood." And many other blood donors felt the very same way as well. An actual majority of those donating on the day were doing so for the first time.

For those who may be wondering, "Well, I donated blood, where is it now?" the answer to this is very simple. The donated blood could be in laboratory testing, to determine whether or not that blood is usable for others that are in need. The blood might also be in processing, which separates the blood into different substances like plasma and red cells.

When a person donates, it can save up to three lives. Blood is always in high demand, but the supply is never greater than the need. When a person donates blood, the gratification is instant, and that feeling can be repeated up to six times per year.

With the hopes of another successful blood drive in the spring semester, the G. Ray Bodley Student Senate and the Fulton Chapter of FBLA would like to thank all who donated blood, and wish them all a happy and safe New Year.



**Raider Sports
holiday roundup
on page 3!**

The LGI was busy all day long on December 23 during the FBLA/Student Senate Blood Drive. C.J. Barbera, top left, checks in with School Board member Mr. Robert Ireland, his son James, and Kaitlyn Lauber while Santa's top elf, James McKay, bottom photo, took some time off from delivering "candy-grams" to donate to this very important cause. (photos by Kayla Hanczyk and Kaitlyn Lauber)

Opinion

The silent victims of abuse

By Jennifer Woodruff

Fellow students, please allow me to pose upon you one question. Have you ever been abused by someone? The reason why I ask is because more often than not, (specifically) high school students leave school grounds and return to a "broken home," in which, said students are repeatedly mentally, physically, or emotionally abused day by day.

However, even within our own school some of our teenage peers are being abused by their boyfriend/girlfriend. Sadly, the abuser could be your very best friend whom you've known for years. The quote, "it was the person you would have never expected," is very true.

Many of these cases also go unheard of until things start to really spiral out of control. Statistics show that approximately one in five female high school students report of being physically and/or sexually abused by a dating partner. Also, physical aggression occurs in one in three teen dating relationships. Fifty to eighty percent of teens report knowing someone who is, or has been, involved in a violent relationship. One in 11 high school students report being physically hurt by a date. Along with the few people who have reported being abused, there are many others who don't say a word until someone finds out.

I had been sitting in lunch one day when an acquaintance of mine, let's call her Jane, started talking about one of her friends who was



"One in 11 high school students report being physically hurt by a date. Along with the few people who have reported being abused, there are many others who don't say a word until someone finds out."

being physically abused by her boyfriend. Jane told me about the constant torment that this girl was undergoing, and of the various cuts that were plastered upon her face and arms. As she was doing so I couldn't help but inquire to myself; why is Jane sitting with me at my lunch table instead of with the friend she knows is in trouble?

That is the thing, when you're looking upon a situation from Jane's perspective, what is there to do? Would anyone really want to get in-

involved with something that in so many ways does not concern them? No, but that should not mean that a friend of someone being abused or mistreated in such a violent way, can simply turn away as if no threat exists. That doesn't mean that if you encounter a situation as stated previously you should walk away. You have the obligation not only to the person being victimized, but also to yourself. Would you really want to be the one who watched and did nothing?

Oddly enough, nearly 80% of girls who have been victims of physical abuse in their dating relationships continue to date their abuser. You may be asking yourself why this article should mean anything to you? Well, as long as you carry with you even one tidbit of information about what can occur in abusive relationships, you may be able to save someone from their abusers, and even from themselves. Dating violence among their peers is reported by 54% of high school students.

So, I ask of you once more; do you want to remember the time when you were the savior and not just the witness?

Bizarre News of the Day

Now that the festivities are over and gifts have been given, this reporter has a list of the worst gifts to give anyone. If you happen to get one of the gifts on this list, your best bet is to return it for the money, so you can buy a cooler present for yourself.

1) Dancing Pet speakers: If it was the goal of a hated relative to get a gift that will absolutely terrify the recipient and scar them for life, then this is the best choice. Essentially, a person is to connect one of the pets to an MP3 player and watch it project and dance along to the music in a way that is incredibly haunting. Imagine if a child played Barney songs on their parents' MP3.

2) Inflatable Fruitcake: What's the only thing worse than getting the classic horrible fruitcake gift? How about an inflatable fruitcake? It's true! The inflatable faux fruitcake can be easily mailed to friends and family using the included envelope. Heck, it probably tastes about the same as the real thing, and may even be less toxic.

3) Razor Blade soap: Does this even need an explanation? It seems like a bad attempt to hint that someone is disliked. The glycerin in the soap will oxidize the metal over time. So how about a simultaneous shower and a shave with a rusty metal blade?

4) Nothing: The worst gift of them all. It's Nothing. No really! It's packaged nothing to be more precise. A bubble filled with air. The person that gives this gift isn't even trying to disguise their intentions. Someone paid \$9 to give you nothing. It's holiday cruelty of the highest degree.

By Morgan Firenze

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Wrestling victory highlights holiday effort for Raiders

There is no such thing as a holiday vacation for high school athletes, and for that reason it was a busy week away from school for the Red Raider sports teams. Several squads took part in holiday tournaments, highlighted by Fulton's successful defense at the Kenneth Haines Memorial Wrestling Tournament. For the girls and boys basketball teams it was another tough week as they combined to go 1-4. The hockey Raiders also found disappointment over the holidays as they fell twice in tough outings. The girls volleyball team was also in action in a pair of holiday tournaments, finishing 5-1 at the Watertown Christmas Clash along the way.

Fulton continued its domination of the Kenneth Haines Memorial Tournament by outpointing a field of 19 teams at the two day wrestling extravaganza at Oswego State. The Raiders featured three individual champions in Tom Hill, Adam Wallace and Tony Torrese as well as four second place finishes on their way to a winning total of 264.5 points. Rochester area stalwarts Fairport placed second at 227 points followed by local rival Phoenix, third with 202 points. Pittsford and Niagara-Wheatfield rounded out the top five places with 180 and 168 points respectively.

Hill got Fulton off to a quick start in the championship bouts with a 4-3 decision at 96 while Adam Wallace decisively defeated Phoenix's Rowdy Prior 9-4 in the 135 pound final. Torrese bested teammate Marcus Earl in an all-Fulton championship bout at 152 pounds. Joining Earl with second place finishes were Zach Race at 189, Nick Woodworth at 160 and David Hall at 145, following a tough 3-2 loss to Tyler Button of Phoenix.

All eyes are now pointed to this Wednesday's long-awaited match against the Firebirds, which will be followed in quick succession by the annual battle between New York State wrestling powers at the Union-Endicott Tournament on the weekend.

The girls basketball team finally managed a breakthrough at the onset of the holiday break, but the glory was short-lived when the Raider girls dropped both ends of the Marcellus holiday tournament last week. Rallying from a 28-16 halftime deficit, Fulton posted its first varsity victory for head coach Derek Lyons by upsetting Carthage 46-41 on December 23. Ashlynn Palmitesso ripped the twines for 24 points, including three from beyond the arc, and Sammi Stowell added eight for the Raiders. A 15-3 third quarter barrage put Fulton back in the game, and from there the girls outscored their hosts 10-5 in the decisive fourth quarter to complete a 30-13 second half advantage.

The girls were unable to continue their momentum against West

Genesee on December 28 as the Wildcats ran to a 53-41 triumph. Melissa Fumano poured in 22 points and Marie Temara added 10 for the 'Cats, who led 15-7 after one quarter and never looked back. Palmitesso countered with 12 points and Jessica Hudson had nine for the Raiders.

It was a similar story the following day when Marcellus jumped on top 17-6 in the first quarter on the way to a 60-47 consolation victory. Melissa Lee netted 19 and Emily Brissette 14 for the Mustangs, who also came out quick in the second half when they outgunned the Raiders 21-11 to build a 52-30 lead. Palmitesso again led the Fulton cause with 15 points and Sammi Stowell had 11 as the girls dropped to 1-4 heading into this Thursday's home game against East Syracuse-Minoa.

The Fulton boys also played the role of overly hospitable hosts in falling twice during the Fulton Boosters Tournament. Marcellus bested the Raiders 72-42, storming to an 18-8 first quarter advantage and outscoring the home side in all four quarters along the way. Four different Mustangs hit double figures led by 13 off the hand of Mike Fox. Tyler Terramiggi answered with nine while Kyle Parker and Hunter Gorton followed with seven and six respectively.

It was a much closer decision against Sayre, but the same end result for Fulton in an 84-77 setback. Nate Hudson and Tyler Terramiggi drilled in five shots apiece from behind the stripe en route to big days of 23 and 21 points respectively. Leading 39-37 at the half, the Raiders found themselves falling to 0-5 on the season when the visitors used a 25-17 third quarter surge before trading points over the final eight minutes.

The holidays were also anything but enjoyable for the Fulton hockey team as the Raiders saw their winless streak extended to five games following a 3-1 loss to CBA and a tough 5-4 overtime setback at Cicero-North Syracuse. CBA scored twice in the opening period and were never headed in their December 23 victory as goaltender Dan DiStefano recorded 31 saves for the Brothers. Scott Furman scored twice and Nick Papayanakos had a hand in all three CBA scores with a goal and two assists. Jeff King's goal from Steven Delisle helped the Raiders avoid a shutout while Kevin Niver posted 37 saves.

A furious Raider rally proved to be for naught at C-NS as the 5-1-1 Northstars snatched a 5-4 overtime victory. Trailing 4-2 after two periods, Fulton battled back to send the game into overtime before falling. Brian Hamilton and Jake Farabee had two goals and an assist apiece for the winners while Casey Holden (1-1), Jeff King (1-1), Steve Haste (1-0) and Joe Sutton (1-0) replied for the Raiders, who dropped to 2-4-1 with the loss.

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School of Thought compiled by Brett Williams & Nick Mattice

What are you most looking forward to in 2011?



"Going to college and starting something new."

Elyse Cianfarano



"Being a senior."
Sophie Sorbello



"Graduation."
Darci Sorbello



"Section title."
Thomas Hill

Meteorology and you

by Carson Metcalf



Today:



Lake-effect snow showers. High around 30.
Record high-62 (1950)
Avg. high: 32

Tonight:



Mainly cloudy with lake-effect snow in the area. Low in the low-20s.
Record low: -7 (1981)
Avg. low: 16

Tomorrow:



Cloudy with a few snow showers. High in the low-30s.
Record high-67 (1950)
Avg. high-32

*GRB junior Carson Metcalf is an aspiring Meteorologist and the creator of the Central New York Weather Center @ www.centralnewyorkweather.com
Look for his daily weather forecasts for Fulton on RaiderNet Daily.*