

# Student-led conferences: the countdown is on!

By Emma Whitmore

It's that time of the year again. The portfolios that students have been working diligently on in their freshman, sophomore, and junior advisories are soon to be presented in the anxiously-awaited Student-Led Conferences.

Junior Jeanette Bartlett says that to prepare she is, "Gathering her work together in her portfolio. I am also making a PowerPoint presentation to help guide the conference along." These conferences are an important way for students to show their portfolios to an advisor, parents, and guest of their choice. Portfolios are a collection of grade reflections, goals, examples of both academic achievements and blunders that they have learned from.

Student Led Conferences will be held on the

morning of Tuesday, March 1 (7:30-10:30 am) and Wednesday, March 2 (3:30-7:30 pm). There will be no classes held on Tuesday, March 1, as conferences will be during the day to accommodate parents' work schedules.

When asked, "as a Student Led Conference veteran, how do you feel you benefitted from last year's experience?" Jerrica Dishaw, grade 12, replied, "I liked having the chance to show my academic accomplishments off to my parents and advisor." As a freshman, Jessica Vaccaro is looking forward to it. She says "I think that they are a good idea because you get to tell your parents about your accomplishments. They also help you develop your choices and goals."

Due to the success of last year's experience, the Advisory Leadership Team comprised of Ms. Brown, Mrs. LaDuc, and Mrs. Pawlewicz,

along with students Zach Mizener and Hannah Geitner, will be presenting at the National Association of Secondary School Principals (NASSP) Conference later this month in San Francisco, California. This opportunity was made possible through a grant from the NASSP which they were nominated for by the Center for Secondary School Redesign. This is an exciting opportunity for this group to spread the idea of an advisory program and portfolio system to other schools.

In the meantime, the countdown is on toward this year's portfolio presentations. Parents should have received information about scheduling the conferences in their child's report card. The advisory program would appreciate a quick response to this request in order to schedule everything prior to February break, which begins after school on Friday, Feb. 18.



## RaiderNet Daily



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## Title defense starts tonight for Raider spikers

By Kayla Distin

During their recent practices, the Lady Raiders volleyball team has been preparing to defend their Sectional Champion title this year. After an unstoppable season last year, the Raiders were able to defeat their opponents and clinch the Sectional title. They now hope to see history repeat itself as they begin their Sectional tournament.

The battle begins tonight as the two-time defending champion Raiders will face the Mexico Tigers in their opening match at 6 o'clock at Fairgrieve Elementary School.

The Tigers, at 8-8 overall, are the #10 seed, while Fulton, 9-7 overall, plays host as the #7 seeded team in the Class A bracket. In a previous match against the Raiders, the Mexico Tigers proved themselves victorious in a 3-0 win. Leading the offense for the Tigers are Alexis Giovo and Dani Gushlaw with a total of 27 aces each, Macy Teifke with an impressive 289 assists, and Elizabeth Peters with 288 kills. The Raiders do not only have to prepare for the Tiger's strong offense, but also for their reliable defense.

Though the Raiders are seeded in seventh place, just ahead of the Tigers, they have been working hard to be sure that they are ready to

compete. A recent and exciting win over CBA has proven that the team is ready to find success in the upcoming tournament as Fulton looks to advance to the Class A title game for the sixth consecutive year.

Senior Kali Kearns has helped lead the Raiders to success with 224 assists throughout the season. Other influential players include junior Emily Ervin with 117 assists, and junior Erika Johnson with 154 kills. Senior Kirsten Francis is fully capable of defending the Tiger's strong defense, demonstrated by her 138

digs this season.

The upcoming sectionals game will decide the fate of the Lady Raiders season this year. If the Raiders are able to successfully compete in the tournament, it would be the school's third Sectional Championship in consecutive years. No matter what the outcome of the match will be, it is sure to be an exciting and emotional night for both teams.

### Raiders invade CBA tonight

Tonight the Fulton Red Raiders varsity boys basketball team will be on the road taking on Christian Brothers Academy. The Raiders (1-12) whose dreams of a sectional bid came to an end last week, will look to upset the (11-2) Brothers. CBA will look to push, hit threes and pound the ball inside to their standout center Greg Thompson. The Brothers will also be looking for a big game from Shakir Evans, who will shoot the three and take it to the rim. They also have Rob Cuomo, a stellar three point shooter who has 34 threes on the year.

Overall the Raiders will have their work cut out for them, but if they execute the game plan and hit some shots anything can happen. Not only are the Raiders capable of the upset, but none of the big three players mentioned are averaging more than 13 points per game. The tip off will be at 6 p.m. for the JV's and the varsity will follow. **By Hunter Gorton**

### This week in Raider Sports

**Today:** Section 3 Tourney: Vball vs. Mexico (7 p.m.); Hockey vs. Cazenovia (5:30); Boys Bball @ CBA (5:30/7 p.m.); Girls Bball vs. CBA (5:30/7 p.m.).

**Wednesday, Feb. 9:** Bowling @ County Meet (Mattydale 3:30).

**Thursday, Feb. 10:** Bowling @ County Meet (Mattydale 3:30); Boys Bball vs. Fowler (5:30/7 p.m.); Girls Bball @ Fowler (5/6:30); Hockey @ Oswego (7 p.m.).

**Saturday, Feb. 12:** Wrestling sectionals @ Utica Auditorium.

## Opinion

# Simulated surgery: Godsend or gimmick?

By Jennifer Woodruff



I recently read an article where mention was made of the various benefits for students in medical school to enhance their knowledge of themselves and the medical field through video games.

For instance, there are various video games being utilized by medical students in the work force. Imagine being able to drill into the skull bone of an everyday Joe; doing knee surgeries, hip replacements and resurfacing, or creating stem cells without wounding or killing a real person; which is exactly what medical students are doing these days.

We are not talking about pediatrics here people; this is actual skin splicing, blood gushing surgery-without practicing on an actual person or cadaver. If the only “practice” medical students are getting is through unreal bodies on a computer screen, then there may be some serious issues that may arise. I mean, you would have no idea if you

**“Imagine being able to drill into the skull bone of an everyday Joe; doing knee surgeries, hip replacements and resurfacing, or creating stem cells without wounding or killing a real person;”**

were squeamish or fearful of touching the inner workings of a very sick or dying person in a simulation surgery. When you have someone open on the operating table with minimal time to stop any bleeding that may occur, there is no such thing as a pause button; only a life over.

There is also a desire for online gamers to become surgeons-for real people. Now, the games used for training everyday people in the world of medicine are found online with the foundation of mediocre Wikipedia based information of the human body. Medical training facilities such

as the one at The University of Maryland Medical Center, in Baltimore, use motion- capture technology and motion sensors to analyze the movements of experienced surgeons. This technology is exercised in hopes that by studying the postures and actions used by expert surgeons, med students can develop better habits and stronger skills.

So, obviously the surgeons in training are in a school environment with specialized and advanced training technology. I’m not too sure about teenagers and adults who have no true interest in cutting into people for real, convincing themselves that they can by playing a mere virtual game. It is said that the virtual environment could help medical students learn how to interview a patient or run a patient clinic. In the survey, 80 percent of students said computer games can have an educational value.

“Due in large part to their high degree of technological literacy today’s medical students are a radically different audience than the students of 15 to 20 years ago. They are actually more comfortable in image-rich environments than with text.,” according to the former medical educator and president of Medical Cyberworlds, Inc. Frederick W. Kron, M.D. This says to me that the students, who are learning about how to save lives in this day and age, are “visual learners.” Well, if the only visual learning they are doing is staring at diagrams and conducting simulation all day; are they really honing their skills for the real life endurances dealing with real tangible blood and guts?

Opinions about video games seem to change with the times, so are they good or bad? Well, in this sense they are of the “prime” variety. I suppose whether you are a medical student or just an awkward teen not knowing what place in the world you have, you can finally realize your dream of becoming a surgeon. My only advice for those who are truly interested in this excursion is; when you feel overwhelmed by the open corpse upon your operating table, try not to vomit into any open cavities of your patient.

## Quote of the day:

**“Life moves pretty fast. You don’t stop and look around once in a while, you could miss it.” - Ferris Bueller (Matthew Broderick)**  
*from Ferris Bueller’s Day Off 1986*

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In the News

**GRB announcements:**

It's Zumba time! Come join the French Club for Zumba classes every Monday at 2:30 in the third gym. Cost is \$3 for students or \$5 for teachers or four for \$18. Come get into shape and have some fun with the French Club.

Hey juniors! It's time to start planning the prom. Come join your representatives every Thursday in Mr. Lacey's room from 2:30 until 3.

Photo Club members are reminded to come to Ms. Amerault's room 120 to sign up for the Eastman House field trip in Rochester on March 25. Space is limited, so sign up soon! The next photo club meeting will be on Thursday, February 10th. Bring pictures.

This Wednesday, February 9th, give the gift of blood at Believer's Chapel, across from McDonalds from 1 o'clock until 5:30 p.m. Walk-ins are welcomed, or sign up with GRB student Justin Armour, who is organizing the event. You can also e-mail him at: justinarmour@yahoo.com

Varsity boys tennis sign-ups and an informational meeting will be held right after school today in room 138. See Mr. Goodnough if you have questions.

Physicals for sports and working papers will be done this Thursday, February 10. This is the last date for school physicals for spring sports at the high school. Go to the nurse during study hall, advisory, or lunch to schedule an appointment.

Buying lunch today? You'll have a choice between popcorn chicken or tomato soup with grilled cheese sandwich. day.†

Enjoying our beautiful, snowy winter? Take pictures so you won't forget. Students and teachers alike are urged to enter the Photo Club's second annual winter theme photo contest. Submit up to three photos to Ms. Amerault in room 120 until March 7.

**Bizarre News of the Day**

Heidi the opossum is about to get her big break on American television! The American television network NBC have asked the famous marsupial to co-host the biggest award ceremony in Hollywood. She has received an offer to appear at this year's Oscars. To save the opossum from distress, it is thought her appearance would be via video link.

Heidi shot to prominence after being unveiled by the Leipzig Zoo in Germany last December and she currently has over 300,000 fans on her Facebook page.

The zoo believes the marsupial's eye problem may be to do with her diet before she was abandoned, or because she is overweight, leading to fat deposits behind her eyes.

*By Morgan Firenze*

**Seniors! Stay in touch with your class! Check out the new website for the senior class at <http://grbclass2011.blogspot.com/>**

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 online @ [www.yearbookordercenter.com](http://www.yearbookordercenter.com)  
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## Raider Sports

# Auburn rally puts Raiders in must-win mode

The difference between watching the upcoming Section 3 tournament or playing in it might well be a single tally for the Red Raider icemen. On Monday night Fulton's playoff hopes took a disappointing hit when Auburn struck for three goals in the third period to snare a 5-4 win in the battle for the final playoff position.

Auburn came out firing, finding the net two times in the opening period. The Raiders came out slow, but finished the period strong with Kevin Niver as the last line of defense. Senior Steven Segouin deflected the puck past the Auburn keeper on a shot from senior Jeff King, from a pass from junior assistant captain Joe Sutton. The period ended with the score 2-1 Auburn, and the final playoff spot was looking like a strong possibility.

The Raiders owned the second period, netting two goals as juniors Joe Cortese and Dylan Holden found the net with assists from Casey Holden and Joe Sutton. The second frame gave a strong feeling of hope that the Maroons would be knocked out of contention and place the Raiders in the sectional playoff.

## The Great Outdoors:

# 2010: a bad year for hunting safety

The 2010 hunting season was quite productive, and many hunters harvested at least one deer. However, from a safety stand-point 2010 left a lot to be wished for. In the past few decades, hunting incidents have gone down from an average of 137 per year to about 30, but 2010 did not follow this trend.

In 2010, safety fell far short of the expectations. The previous year, 2009, was the safest year on record, with only 26 firearm related incidents and one death. Last year, however, there were several deaths and injuries that could have been prevented through the use of common sense. One incident involved a nine year old boy who was driving deer toward a hunter. He was too young to be participating in the hunt, in New York hunters must be at least 14 to hunt deer and 16 to hunt alone. He was shot in the torso, but is expected to recover.

Other incidents included a hunter shooting himself in the chest, and even an elderly man becoming lost in the wilderness. These incidents could have easily been avoided if the victims had been using common sense and abiding by the laws. One newspaper featured an article about a 15 year-old boy who shot a

The third period was filled with intensity as Auburn came out flying. Netting three quick goals, Auburn surged ahead 5-3. The icemen kept fighting with a strong desire to put the puck in the net, and as time was dwindling, the goalie was pulled for an extra attacker. A timeout was called with 1:33 left on the clock, and the Raiders played without a goalie from that point forward.

Junior assistant captain Steven DeLisle took a slap shot from the blue line that crossed the goal line with 59.7 seconds left on the clock. Freshly within striking distance, the Raiders played a great final minute, registering several shots on goal with good scoring opportunities. Unfortunately, the Auburn goalie stood strong, and the final buzzer rang before Fulton could tickle the twine for the ever so elusive fifth goal.

It's must-win time for the Raiders starting tonight when undefeated Cazenovia visits Fulton for a 5:30 faceoff before the team travels to Oswego on Thursday to meet the rival Buccaneers.

*By Colin Shannon*

## Tough loss for girls hoops

The girls faced yet another blow in a 50-45 loss at home on Monday to the J-D Red Rams.

After trailing early the girls managed to score eleven in the second quarter to tie the game at half, 17-17. Fulton fell behind by double digits in the third quarter, watching the Rams take control of the game. Pulling within two points in the fourth quarter set the crowd to their feet, but that was as close as Fulton would make it back.

The Raider defense seemed strong during certain points throughout the game, while the offense also seemed to be there. But the quick feet of the Rams made it difficult for the shots to fall through the hoop. Scoring leader Ashlynn Palmitesso led the way with 16 points, followed by senior Samarra Stowell with 14. The girls scored only one 3-pointer from behind the arc, as junior Anna McKay put Fulton in striking distance late in the second quarter. J-D star Cydney Goodrum poured in 22 points to propel them past the fighting Red Raiders.

The girls are now down to their last three games. Tonight the Raiders host division rival CBA (11-4) in a tough game in which senior players Samarra Stowell and Alexa Compson will be honored. Come out and support the seniors in their last home battle wearing their royal red and green.

deer from his tree stand. It said that he had to call his father to help clean the deer. There are two things wrong with this situation; the boy was in a tree stand, and he was alone. Hunters must be 16 to be in a tree stand and to hunt alone legally. 2010 was a bad year for safety; the final report will be posted on outdoornews.com as soon as it becomes available. Though the total number of incidents is

not known for sure, it is clear that it is far above the five year average of 31 per year.

With snow goose season coming up, and spring turkey season in the near future, hunters should learn from last year's incidents. Hopefully there will not be as many incidents in 2011, and with a little bit of common sense there may be none at all.

*By Daniel Summerville*

## Meet the Reporters

### Kayla Hanczyk, Senior

Kayla joined the staff of *RaiderNet* to write about sports and to take photos of the games, she also joined so she can write news articles. Outside of school, Kayla is a member of the soccer, lacrosse and dance teams here at GRB. She also likes to hang out with friends, and sled in the winter.

One thing you don't know about Kayla is that she is going to be an environmental engineer.



*Compiled by Patty Morrison*

**School of Thought** compiled by Danielle Gillett & Kayla Hanczyk

# What would you do if you were alone on Valentines Day?



"Snuggle with pets, bake, and sing out loud."  
Emma Whitmore



"Send myself flowers."  
Colin Blake



"Watch funny movies."  
Carrie Baker



"Ignore it, act like it was any other day."  
Jordan Rizzo

## Meteorology and you

By Carson Metcalf



**Today:**



Cloudy with a few lake-effect snow showers. Temperatures dropping throughout the day into the teens. Record high: 51 (1990). Avg. high: 32.

**Tonight:**



Partly cloudy. Low in the low-teens. Record low: -13 (1963). Avg. low: 14

**Tomorrow:**



Mainly cloudy with a snow shower. High around 20. Record high: 55 (2001). Avg. high: 32

*GRB junior Carson Metcalf is an aspiring Meteorologist and the creator of the Central New York Weather Center @ [www.centralnewyorkweather.com](http://www.centralnewyorkweather.com) Look for his daily weather forecasts for Fulton on RaiderNet Daily.*