



## Anja Mayer: Raider Pride is alive in Switzerland

By Vanessa Langdon

Anja Mayer, whom many people may remember as the foreign exchange student from Switzerland last year, has yet to lose her Raider Pride. In fact, she proudly displays her copy of *The Raider* student newspaper on a recent trip to the Alps.

Anja recently took the time to comment on her about life back home in Switzerland and things she misses from the states.

Anja explained the differences in leaving her home and leaving the foreign country she had called home for months, saying, "Everybody tells you that and you think you are prepared for it. It is the truth leaving your home country for a year is much different than leaving America. I left Switzerland and knew I am going to see them in a few of months again. Your organization tells you how life in America is going to be like and how to handle problems, what to expect etc."

"When you go home it's different. The next time you are going to see your host family, all the friends you made again? No idea. How much did I change? No idea. I was worried and scared to fly home all by myself. Of course I had some trouble on the flight home, getting my suitcases the day after arriving was one of them."

To make matters worse for Anja, her family had moved while she was in America so even when she got home it was a foreign country again, not the home she remembered. "It took me two weeks to decorate and feel good in my room," she noted..

Anja did have some time to reacclimate herself to her native country as she had six weeks of summer break upon her return and amidst reuniting with long lost friends Anja noticed something, "I recognized how important it was to be dressed nice and neatly. Nobody wears a tie dye shirt and you get stared at when you are wearing one. I don't really recognize it any more, but I try to keep my American style and mix it up with my Swiss one."

Anja is now in her fifth week of school

and admits that her schedule has been tiring but seems to becoming the norm. The first day of school was daunting Anja recalls as she had to meet 15 new people and the teachers apparently had a lapse in memory and completely forgot why Anja was still there!

School is the biggest difference, Anja decided, saying, "This is probably something about America I miss the most. The shorter compacter school day. Being done at 2:15 and have TONS of time for sports or whatever I wanted. Around 6 pm I was all done with that, did A LOT and was not even tired." Anja's school building is about 130 years old and there are just 240 students.

Anja has a hectic day, "Here I get up at 5:50am and leave the house at 6.35am. An hour later I am at the school and it starts at 7:45 am. Normally I am done at 4:20 pm and have to take a bus and train to get home

again at 5:45 pm. I arrive at home. Normally I am dead tired and HUNGRY."

She would heartily recommend the exchange experience to other students, commenting that, "When someone asks me, would you do it again? I say YES of course. I probably would not do everything the same, but most! I loved that I learned something new every single day, about myself, culture, my own culture... I met so many great people and even though it was just a meeting with with a short conversation I enjoyed every single one!" Anja is planning a return trip for either this upcoming summer or the next and there are many Bodley students who are excited to see her again.

In conclusion Anja said, "So if you ever have to chance to go abroad and you have the guts to do so! Do not hesitate. It is a great experience!"



Swiss exchange student Anja Mayer, who attended Bodley last year, displays a copy of her formere school newspaper at a picturesque location in the Alps. Anja developed a strong sense of Raider pride during her year-long adventure in Fulton. Readers are encouraged to submit their photos holding The Raider or RaiderNet Daily for inclusion in this publication and the Fultonian Yearbook for students and staff.

## Opinion

## Song for the Mood

## Zakk Wylde captures love's sadness

By Nick Abelgore

This new weekly feature presents reviews of music recommended by Nick to associate indescribable feelings as well as to appeal to the general musical interest-

**Artist:** Zakk Wylde**Song:** *Dead As Yesterday***Genre:** Southern rock, folk, acoustic**Album:** *Book of Shadows* (1996)

This track is from heavy metal guitarist Zakk Wylde's first solo album. Here is an alternate side to his music as opposed to his days with Ozzy Osbourne and Black Label Society. It features Zakk on vocals and acoustic as well as a small string section arranged and conducted by Mike Lewis.

**"This song to me is a reflection of how love can make one feel, especially when one is lost or has just come out of a bad situation."**

Lyrics:

It'll leave you with nothin' to say  
 Lost without a way  
 Ain't it funny child  
 Love sometimes leaves you  
 As dead as yesterday

Hoping to hold a handful of sunshine  
 Like a child told it cannot play  
 Never ever figured, Lord  
 Love would leave me feeling

As dead as yesterday

Lord, could you help me find some shelter?  
 Lord, could you help me find some shelter?  
 Lord, could you help me find some shelter?  
 Lord, could you help me find some shelter?

It'll leave you feeling hollow and helpless  
 And there is where you'll stay  
 Ain't it funny child,  
 Love sometimes leaves you  
 As dead as yesterday

As dead as yesterday  
 As dead as yesterday

Personal Reflection:

Love is not all just good feelings and happiness. Sure, that should be what everyone strives to obtain. But if you've ever been immersed in it truly, you know the feeling that underlies all the contentment. Even when you're at your peak of everything going the way it should, there is still that melancholy feeling that accompanies it. This song, in my opinion, captures this feeling perfectly. There is always that feeling associated with love that you just can't describe that makes you sad, and I feel like Zakk captures this emotion well here. This song to me is a reflection of how love can make one feel, especially when one is lost or has just come out of a bad situation.

The acoustic melody gives it a simple yet longing and almost a hopeless kind of tone. The cello is a moving touch to the song. It escalates to include louder dynamics, strings, and extra voicing to signify the depth of desperation the artist is trying to convey. I like how the melody of the vocals complements the rest of the harmony of the band in this particular situation.

So in general, love is great, but no one ever stops to consider how dead it can leave you. I would prefer to listen to this song after a rough relationship or anytime that I stop and notice myself wandering through life alone.

Go to [www.youtube.com/watch?v=pyaC4\\_tf08Y](http://www.youtube.com/watch?v=pyaC4_tf08Y) to listen to the song.

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# Reflections

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Just for fun

By Madeline Clark



## Ready, get set, Science Club!

The G. Ray Bodley High School Science club is off and running this year, right out of the gate! Members met for the second official meeting of Mr. Gillard's pride and joy on Thursday, September 22 to discuss a variety of topics. From planning a year of field trips to picking executive positions, nothing was off topic for avid science students of all grade levels.

The Science club is a group for all aspiring scientists of tomorrow to share ideas and experiences throughout their high school career with fellow students. Members get the chance to go on a wide selection of trips, from visiting the Boston Aquarium to seeing the Cornell Campus. They also get to participate in the many competitions, like the annual photo contest or the latest mystery molecule contest.

Those who attended last Thursday's meeting got to vote on possible trips, which Mr. Gillard assured, would be "revealed to the press" this coming Thursday. Members also voted for who they wanted to be president(s), and secretary as well as treasurer. With all the votes cast, seniors Eric Niaoti and Kayla Distin were selected as co-presidents, while Shaun O'Connor, a fellow senior, was voted treasurer. As for secretary, yours truly was nominated to keep the minutes from each meeting.

When asked to describe the 2011 Science Club in one word, Mr. Gillard instead gave one phrase to sum up his content, "lots of kids." Yes, it appears that Science Club has truly bloomed into what the GRB Science teacher says are about seventy students who have either inquired about or joined. When asked about how he felt the second meeting went, Mr. Gillard simply said that it was "good" and that he was very excited, with the widest of grins on his face. As for what he is most excited about, the Science Club advisor stated that he was happy with the selection of cabinet members this

### Bizarre News of the Day:

## Super-sized salon opens for business in England

A hairdresser has launched a salon catering exclusively to overweight people.

Bashar Brown, 31, opened for business after learning overweight clients felt uncomfortable in salons full of slim women. He has spent £5,000 on the salon, including a supersize 22-inch seat, bigger gowns and wider wash basins.

Bashar, who used to weigh 238 pounds, said, "For them, it feels the same as walking into a gym full of ultra-fit people. I just thought, 'this isn't right!' and decided to set up a salon where overweight people feel comfortable."

For now, he is running his salon called Hair By Bashar from his home in Rainham, Kent, England, but plans to expand after clocking up more than 50 clients. And he has already got his eye on celebrity customers.

*By Morgan Firenze*

year.

It is clear that there are sure to be countless upcoming events for the Science Club. For more updates, be on the lookout for information in the science hallway, across from room 206, or see Mr. Gillard in his room (206) for more details! *By Madeline Clark*

## Sports

## Raider girls win big

Home was where the victories were for the Raider girls on Tuesday as both the soccer and volleyball teams charged to comfortable victories. Coach Beckwith's girls soccer team claimed its biggest win of the season in a 4-1 run past CBA while the Raider spikers made quick work of Syracuse Tech. in a 3-0 victory.

Claiming their third straight win of the season, the Fulton girls scored two goals in each half to hand CBA just its third loss in eight starts. The Raiders improved to 4-3-1 overall as Kayla Distin ripped two goals and added an assist while Jocelyn Ravesi also netted a pair of markers.

Hannah Geitner chipped in with two assists and Courtney Beckwith also recorded a helper to from the three save goaltending of Alyson Bricker. Eva Gordon replied with the lone tally for the Lady Brothers, who fell to 5-3 with the loss.

Fulton yielded just 25 points in three games to cruise to their easiest victory of the season in a 5-2 start. The Raiders took the opening game 25-11 before posting back to back 25-7 victories over a Syracuse Tech. side that dropped to 0-8 with the loss.

### This week in Raider Sports

**Today:** V'ball @ Bishop Ludden (JV-4:30/V-6 pm); JV tennis vs. Mexico (4:30); V. tennis @ Mexico (4:30); Cross-country @ Mexico (4:30).

**Thurs. Sept. 29:** Golf @ Tully (3:30).

**Fri. Sept. 30:** Golf vs. Chittenango (3:30); V'ball @ J-D (4:30); V tennis vs. M-PH (4:30); JV tennis @ M-PH (4:30); V football @ Whitesboro (7 pm).

**Sat. Oct. 1:** V Boys soccer @ Bishop Grimes (4:15); JV V'ball @ B'ville Tourney (8:45 am); JV football vs. Whitesboro (10 am); Cross-country @ McQuaid Invitational (9 am).



## Let's get ready to wrestle!

It's getting to be that time of the year fellow Raiders, the leaves are falling and the weather is getting colder; all sure signs that wrestling season is right around the corner. With the season gearing up on you, you need to be sure that you take all the proper pre-season precautions to ensure a successful and fun season.

At this time all of you need to be sure you are eating clean and healthy foods. This does not mean Chinese, pizza and Twinkies; it means eating a proper balance of fruit, vegetables and protein, all in regulation of carbs, fats and sodium. This does not mean starve yourself; it simply means eat the right foods at this particular time. Also, it is crucial that you take in the proper amount of water each day, and eliminating junk drinks such as soda. It is essential that you are hydrated come the start of the season. Drinking eight glasses of water a day and eating a banana a day will ensure you are properly hydrated. Through the proper consumption of foods and adequate hydration, your body will function at its optimal level.

The season will start on November 7, just a little over five weeks away. It is a necessity at this time to be running every day to gain back the cardio you have lost. It has been a long off season for all of us, so running at least a few miles at a fast pace each day will allow your body to gain back its endurance. A strong heart allows your muscles and brain to function at the top of their level. You should try to incorporate some form of free weight lifting into your workout routine; this will allow your body to retain the strength you have built up over the summer. Running and lifting at least five times a week will allow all of you, as a team, to work as a team unit when the season comes around.

I hope my tips and pointers will help guide you along to a successful and eventful season, as I am expecting great things out of all of you this season, and greatness does not come easily. This is the year to turn heads and repeat a Section III title, and the only way to do so is through the proper pre-season precautionary steps, so get outside and start running Raiders.

*By Tony Torrese*

## Tough loss drops Raiders to 0-4

Last Friday nights game ended in another tough loss for the Fulton football team, as the Raiders traveled to Corcoran to play the Fowler Falcons and ended up losing the game 14-8 in overtime. Both teams were 0-3 heading into the matchup, with both seeking their first win.

The game was a hard fought battle by both teams, but the Falcons were the team that came out victorious. Fulton was the first to score as sophomore Mark Pollock ran 68 yards to make the score 6-0 Fulton as the two point conversion was unsuccessful for the Raiders. By the end of the first half the score still remained 6-0, Fulton. Halfway through the third quarter the Falcon offense got on the board with an eighty-five yard bomb from quarterback London Odister to receiver Jawaun Ortman, making the score tied at 6-6, the Falcons went for two and were successful as they took the lead in the game, 8-6.

By the start of the fourth quarter the game was still 8-6, Fowler on top. After Fulton failed to get into the end zone the Falcons got possession of the ball with at least four minutes left in the quarter. On second down the Falcons fumbled the snap and senior lineman Nate Hackett registered a safety for the Raiders, tying the game at 8-8 sending the game into overtime.

The Raider offense was sent back on the field but was unsuccessful as they could not get into the end zone. It was then Fowlers turn to try and score, and they were successful as they scored on an eight yard run from running back Dalton Cooley, making the score 14-8, Fowler victory. The loss dropped the Raiders record to 0-4 on the season, as they travel to 4-0 state ranked Whitesboro this Friday night at 7 p.m.

*By Mark Aldasch*

**School of Thought** By Ross Maxam & Sean Fink

# How do you think the girls volleyball team will do with their move to the fall?



"It doesn't matter to me."  
**Shaun O'Connor**



"I feel they will do pretty good."  
**Anthony Ferro**



"They will win states."  
**Cayla Weaver**



"They will be competitive and have better competition."  
**Mrs. Rossi**

# Meteorology and you

By Carson Metcalf



**Today:**



Cloudy skies. Chance shower.

**75°**

Average: 67°  
Record: 85° (1959)

**Tonight:**



Cloudy with a shower.

**57°**

Average: 47°  
Record: 28° (1965)

**Tomorrow:**



Mostly cloudy with showers.

**68°**

Average: 67°  
Record: 90° (1959)

*GRB senior Carson Metcalf is an aspiring Meteorologist and the creator of the Central New York Weather Center @ [www.centralnewyorkweather.com](http://www.centralnewyorkweather.com)  
Look for his daily weather forecasts for Fulton on RaiderNet Daily.*