

Teacher's Association honors GRB students

Select students from each school in the Fulton City School District came together for a special ceremony organized by the Fulton Teachers Association Tuesday night in the Bodley auditorium.

The 12th annual Outstanding Student & School Citizen Ceremony honored over fifty students, including eight from G. Ray Bodley High School. These students were Alex Bawarski, Nathan Deavers, Nathan Hawthorne, Carson Metcalf, Elizabeth Richardson, Dan Summerville, Ariannah Stinnett and Courtney Whaley.

These students, among the others from different Fulton schools, were extended "sincere thanks for making our schools a special place," with a certificate and gift card from the FTA, as well as a photo-op with its President, Mr. David Derouchie.

After the awards were presented, guest speaker, GRB student Tim Conners, took the stage and gave an inspirational speech. Conners discussed his battle with cancer and how becoming goal-oriented helped get him back on his feet, literally. He then extended his congratulations to the honored students.

RND editor and award recipient, Carson Metcalf, commented, "The ceremony was excellent. It was great to hear such amazing stories about students from other schools, and to be recognized alongside some impressive peers."



The Fulton Teacher's Association honored students from throughout the district on Tuesday night, including eight from G. Ray Bodley High School. Pictured from left to right are FTA's Karen Noel, Carson Metcalf, Daniel Summerville, Courtney Whaley, Nate Hawthorne, Alex Bawarski, Elizabeth Richardson, Nathan Deavers, Ariannah Stinnett and FTA President Mr. Dave Derouchie. Bodley junior Tim Conners, below left, was the guest speaker at the awards ceremony.

Music Association honors three

Last Saturday night, May 19, was the fifteenth annual Celebration of Community Music Concert. Held in the G. Ray Bodley High School auditorium, this yearly community event is sponsored by the Fulton Music Association. This organization strives to promote and support all of the various musical activities in the schools and throughout the city of Fulton. Due to their love for music, the community gets to share and indulge in these special privileges.

Featured at the concert were a variety of groups. The first to play was an ensemble of three alphorns. Also known as alpine horns or labrophones, these large, natural wooden horns were used by mountain dwellers in Switzerland and surrounding areas for communication over long distances. Watching people play these unique instruments is

really neat. Following this act were the Cortini Brothers, who played a few renditions of some standard jazz tunes. Steve Chirello, the board president, was also featured here as a jazz singer for one of the songs. Joe Cortini's young son was a part of this, playing on the bongos as well. Next up was a barbershop quartet called Classic Touch. The audience really enjoyed this performance and the voices of the four men were outstanding to listen to. Anyone who attended the chorus concert in March might remember hearing these people sing.

Senior student musicians at GRB were given an opportunity to fill out a music scholarship application sponsored by the Fulton Music Association. A list of musical activities completed during high school and an

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Opinion

Weather aside, you can keep your short shorts

By Hannah Dunsmoor

As the weather gets hotter and the humidity increases, it is human nature to wear less clothing. Girls put on their shorts and tank tops, while boys wear their khaki shorts and t-shirts.

Personally, if I would not get criticized for wearing boy shorts or athletic shorts, I would wear them every day. The outfits girls put themselves through are ridiculous. Society today has created a certain look they find attractive on men and women. For women it just happens to be tight and obnoxious outfits.

I find shorts to be the worst.

If I am not wearing athletic shorts I am uncomfortable. Even though jean shorts look better with certain tops, it does not change the fact that they never fit right. During the day I am constantly pulling the ends of my shorts down and adjusting them so that they are bearable. Even after all that work your legs stick to seats and it



feels like a Band-Aid getting ripped off every time you stand up!

feelings comes the limited mobility. For example, if you forget your athletic clothing for gym, you are stuck running around in your revealing, tight shorts.

On a more extreme level, if a zombie apocalypse ever occurred you would be in trouble. If zombies are running full speed at you, craving human flesh, your chances of escaping in constricting little shorts are going to be slim.

Wouldn't you rather be comfortable and alive than a flesh eating zombie in short shorts?

Bizarre news of the day:

A yawn with man's best friend

Dogs are compelled to yawn if they hear their owners do the same, according to a new study. Researchers claimed that dogs responded to an audio cue such as a yawn even if they didn't see the action taking place.

The study found this was particularly noticeable when the dogs were listening to the yawns of people they knew. Scientists suggested the findings, presented at the National Ethology Congress in Lisbon, showed canines had empathy to human behavior.

"These results suggest that dogs have the capacity to empathize with humans," said lead author Karine Silva, from the University of Porto, Portugal.

For their study, researchers selected twenty-nine dogs that had lived with their owners for at least six months. They recorded the owners yawning before playing it back to the pets, along with recordings of the yawn of a stranger.

The study said nearly half of all dogs yawned when they heard a recording of a human being making a yawning noise. But the results also found the dogs were five times more likely to yawn when they heard their owners' voices played back. *By Morgan Firenze*

"I do not understand how you can walk around all day with two anaconda-like cuffs squeezing the life out of your thighs."

feels like a Band-Aid getting ripped off every time you stand up!

For you girls who can sport those short-shorts with the pockets hanging out the bottom, all the power to you! I do not understand how you can walk around all day with two anaconda-like cuffs squeezing the life out of your thighs. Also, in my opinion, comfort level has a direct relationship with the shortness of shorts. In other words I do not think that butt-hugging shorts are ideal. For one thing I would be self-conscious all day that I am showing too much skin.

As one of my classmates said, "I would compare them (referring to denim shorts) to jean diapers." Along with the uncomfortable

Quote of the day:

"All that is valuable in human society depends upon the opportunity for development accorded the individual."

Albert Einstein



Reflections

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FMA honors senior Bodley musicians

(continued from page 1)

essay stating why the scholarship should be given to you was required. This years recipients were Nathan Deavers and Nick Abalgore for the FMA Outstanding Senior Music Awards, while Dallaslyn Lamb received an award for Special Achievement in Music.

After Steve Chirello introduced the students and read little parts from their essay and scholarship applications, the students got a chance to perform for the audience. Choosing any piece they desired, each of the students gave an amazing demonstration of their musical skills and proved why they had won the award. These musicians now have \$500 to use toward their college expenses.

Continuing with the first act, a group of veterans and elderly joined together in a patriotic sing-a-long. Members of each of the branches of the military stood up in the audience as their song was played. Afterwards, former members of the Holy Family Choir got together and sang once again, directed by the prior Womenís Choir teacher, Dolores Walrath. Nathan Deavers sang in this choir as well, after learning the music only a short time before the concert began.

Following a brief intermission, the Fulton Community Band took the stage, directed by Carol Fox. The band sounded incredible,



Bodley seniors Nathan Deavers, Dallaslyn Lamb and Nick Abalgore (left to right) were honored last Saturday by the Fulton Music Association.

playing tunes by famous composers such as Sousa, Whitacre, and Holst. This Saturday night at 5 pm, the community band will be playing at the War Memorial as part of a line up for the Memorial Day Weekend events. If you are in the area during this time, be sure to stop by and listen.

Overall, the concert was a huge success

and everyone enjoyed it thoroughly. It is truly a gift to have music in the community like this. The Fulton Music Association does an excellent job of keeping music around for everyone to benefit from and showing why music is important in our everyday lives.

By Nick Abalgore

Students have their day at the park for physics

It was not May the fourth, but the “forces” were well observed on Monday, May 21 when Mr. Galek’s Physics classes attended Physics Day at Darien Lake.

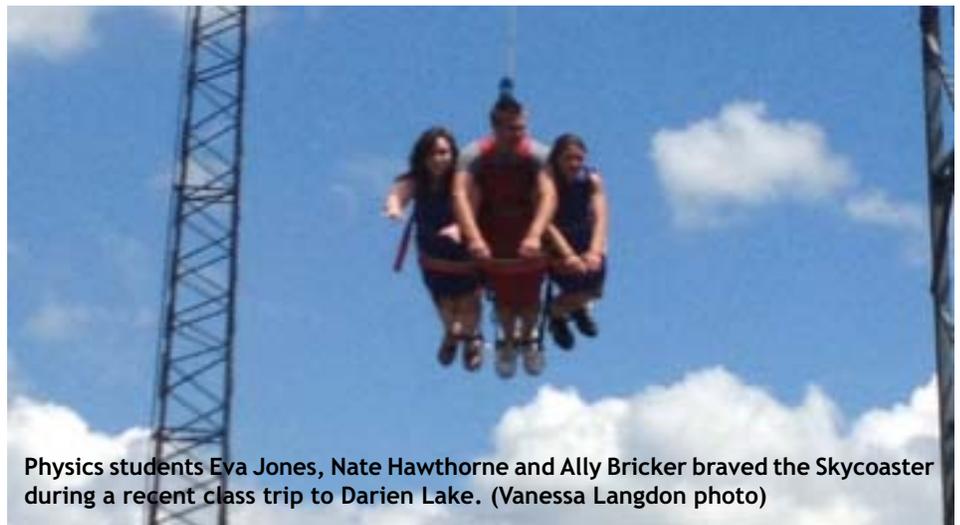
The 50 students left the school directly after homeroom and traveled to the park by coach bus. The students were allowed to roam by themselves through the park riding the various roller coasters, and thanks to gorgeous 80 degree sunny weather, the water park as well. The park was opened only to math and science classes in New York; other schools in attendance included Baldwinsville, Mexico, and Pulaski. The students had lots of fun and the only casualty was some sore body parts that had various degrees of sunburn.

A main event at Physics day was three extremely brave students riding the Skycoaster! The three students were raised

up 180 feet and then dropped once, with the bravest pulling the rip cord. Down they flew, a perfect example of the physics free-fall!

The students need to be in a particular order to ensure the safety of the riders. Junior Eva

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Physics students Eva Jones, Nate Hawthorne and Ally Bricker braved the Skycoaster during a recent class trip to Darien Lake. (Vanessa Langdon photo)

Nutrition

Recipes for a memorable Memorial Day

By Natasha Luis

Memorial Day is a federal holiday that is celebrated on the last Monday in May. It is also known as Decoration Day, and originated after the American Civil War to honor, and remember the fallen Union soldiers of the Civil War.

By the 20th century Memorial Day had been extended to honor all Americans who have died in all wars. Memorial Day is a day of remembering the men and women who died while serving in the United States Armed Forces. As a marker it typically marks the start of the summer vacation season, while Labor Day marks its end.

This year it lands on May 28, 2012. So let's bring in the summer, and remember those who have fallen.

Memorial Day picnics are a part of the tra-

dition as well, and here are two great recipes for this weekend's festivities.

Chocolate Peanut Butter Squares:

These are a great and tasty treat that anyone is sure to fall in love with! With the many different ways you can decorate these, you can make them quite the patriotic treat!

Ingredients:

- 1 cup butter
- 4 cups confectioners' sugar
- 2 cups peanut butter
- 1 1/2 cups graham cracker crumbs
- 1/2 cup butter
- 1 cup semisweet chocolate chips



Directions:

Melt 1 cup butter or margarine over low heat. Remove from heat and stir in confectioners' sugar, peanut butter and graham cracker crumbs. Spread mixture in a jelly roll pan. Pat down evenly. To Make Topping: Melt together 1/2 cup butter or margarine with 1 cup chocolate chips. Spread this mixture over peanut butter mixture. Refrigerate 1/2 hour. Cut into squares.

Fruity Fun Skewers: Looking for a new and funky way to serve your fruit? These fruit skewers are tasty, healthy and fun to look at! They are a fresh way to start your summer, and to celebrate your memorial day!

Ingredients:

- 5 large strawberries, halved
- 1/4 cantaloupe, cut into balls or cubes
- 2 bananas, peeled and cut into chunks
- 1 apple, cut into chunks
- 20 skewers



Directions:

Thread the strawberries, cantaloupe, banana and apple pieces alternately onto skewers, placing at least 2 pieces of fruit on each skewer. Arrange the fruit skewers decoratively on a serving platter.

Students enjoy physics day

(from page 3

Jones was on the farthest left and had to pull the cord starting their descent, senior Nate Hawthorne being the tallest was tucked in the middle, with junior Ally Bricker rounding out the trio of friends who all work together at Strupler's Surfline.

Eva Jones said the Skycoaster was her favorite and after yelling, got to know your physics from the Skycoaster, "Mr. Galek's face was the best!"

While the students missed school and had fun at the park it was an educational trip as there were packets of work to do on the bus including some diagrams to draw about various rides the students went on. This trip was special as not only was it opened to juniors and seniors currently in physics, but it was opened to seniors whom had taken the class last year as the trip was unfortunately cancelled last.

Those in attendance had a wonderful time; with their friends, their teachers, and the wonderful rides! Chaperone Mrs. Ryan even braved the Superman, a roller coaster she did not want to ride, after some persuasion from both Mr. Galek and Mr. Gillard. Luckily junior Mary West was on hand to coach the reluctant Mrs. Ryan through the ride.

Now the hardworking students are back at school and preparing for the Regents.

By Vanessa Langdon

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President addresses graduates ravaged by tornado

By Carson Metcalf

With about a month left to go until G. Ray Bodley's 2012 graduation, schools all over the country are already bidding their senior classes adieu. One of these schools, unlike in Fulton, has had to overcome extraordinary circumstances to do just this. This school is none other than Joplin High School in Joplin, Missouri.

On Monday, almost one year to the day since the deadliest U.S. tornado since 1947 struck the city of Joplin, President Barack Obama delivered the commencement address to its graduating high school class.

President Obama noted that the job of a commencement speaker was to inspire, but he told the class, "you're the source of inspiration today." Obama also spoke about the power of community, and alluded to the outside help that Joplin received, saying, "Remember what people did here, make sure in your own life that you pay it forward."

Due to the fact that Joplin High School was destroyed in the tornado, students there were forced to move to a temporary facility for the past school year inside a former mall.

According to the Storm Prediction Center, the May 22, 2011 disaster was responsible for 158 deaths in Joplin, making the EF5 tornado the seventh deadliest on record in the United States. The tornado was also responsible for causing about \$2.8 billion in damage, making it the costliest in this country's history.

According to *The Weather Channel's* Severe Weather Expert, Dr. Greg Forbes, the thing that stood out about this particular storm was how fast it developed. It made the transformation from a typical cell into a nearly mile-wide tornado within just a matter of minutes, says Forbes.

Residents of Joplin are looking to enjoy a stretch of nice weather for the next several days as the reflections, remembrance and rebuilding continue one year later.



Just after the deadly EF5 tornado that struck Joplin, MO on May 22, 2011, signs of perseverance and resilience were immediately visible as seen on the sign in front of what was once Joplin High School. Members of Joplin's Class of 2012 crossed the stage Monday night after an emotional ceremony, which included an address from President Obama. (Debra Angstead photo, via The Washington Post)

C-NS star makes national team

Breanna Stewart, the decorated basketball senior from Cicero-North Syracuse, has added another accomplishment to her already bulging portfolio.

Stewart, who turns 18 in August, was named to USA Basketball's Under-18 FIBA Americas Championship team on Monday. The distinction marks Stewart's fifth time in four years that she has played for the United States in international competition.

Also named to the team was 5-foot-9 guard Brittney Sykes (Newark, N.J.), who will play for Syracuse University. Sykes is a first-time USA Basketball participant. Stewart and Sykes were among 25 girls trying out in Colorado Springs for 12 spots on the team, which will compete Aug. 15-19 in San Juan, Puerto Rico. The FIBA Americas U18 Championship features eight national teams from North, South and Central America and the Caribbean. The top three finishing teams qualify for the 2013 FIBA U19 World Championship.

Stewart, who was the only high school player on USA Basketball's Pan Am team last fall and also participated in last summer's FIBA U19 World Championship team in Chile, was named USA Basketball's 2011 Female Athlete of the Year. She seemed a sure bet for the U18 team, though Stewart says before every tryout that she worries about the competition. Stewart will play college basketball at Connecticut and will spend another typically busy summer bouncing between her home in North Syracuse and various training sites.

She was scheduled to fly home Monday night, but will depart for USA Basketball's training camp at ESPN's Wide World of Sports Complex in Orlando, Fla., for three days starting May 28. Training camp for the U18 team goes from Aug. 4-12 in Colorado Springs. Stewart will begin her college career, essentially, when she starts summer school classes at UConn. Those classes start on June 13, even though Stewart doesn't graduate from C-NS on June 22.

Summer school extends to July 6. Stewart said she will attend classes and work out with new UConn team members on the Storrs campus. She's looking forward, she said, to starting the next phase of her young life. *By Tyler Terramiggi*

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Raider Sports



Junior Erica Knaub has scored 56 goals for the state-ranked Lady Raider lacrosse team and will be looking to add to her total today when Fulton faces Watertown at 3 pm in Liverpool with a chance to advance to the Section 3 championship game.

Title berth at stake today as Lady Raiders face Watertown

Fresh off a convincing 18-6 win over Jamesville-Dewitt in the opening round of the playoffs, the Lady Raider lacrosse girls are gearing up for their big game today. The girls will be facing the #1 seeded Watertown Cyclones at the Liverpool High School in a 3 pm start with a berth in the Class B championship game on the line.

The Raiders have been working toward this game all year and are prepared to give it their all. When asked about having to face the tough Watertown team, Coach Drew White stated, "If we play our game on Thursday, we will be the ones who need to be beaten, not them." The outcome of today's game will determine who will play in the final game for sectionals.

The Raiders and Cyclones will be meeting for the first time this season, which makes it challenging to determine their strengths and weaknesses. Watertown's overall record is 11-5 and they ranked number three in their section. Bri Arthur displays her authority on the field with 59 goals and 21 assists, totaling 80 points. Next in line for the Cyclones is Morgan Cadwell, who has hit the back of the net 44 times while assisting a total of 17 times. Jill VanNostrand has pulled the trigger an astounding 29 times while aiding her fellow teammates with 18 helpers. Goal tender Christina Matthewson has stood tall in the net with 98 saves while 114 have passed her.

The Lady Raiders are led by one of the "twin towers," junior Erica Knau,b who has hit the sweet spot 56 times while adding 21 assists for 77 points. The other "tower" is fellow junior Kate Rothrock, who has bypassed goal keepers 48 times. Rothrock has totaled 69 points this season with her 21 assists.

On the midfielder side of things, Amelia Coakley has also scored 48 times with 7 assists while Julia Ludington has seen the light 25 times with 9 assists. The Lady Raiders goalkeeper Torrie Whelsky has been flexing her well padded muscles with a dumbfounding 154 saves and 112 let-ins. In a season of firsts, the Lady Raiders will be looking to become the first lacrosse team in school history to advance to the Section 3 title game.

By Hannah Dunsmoor

Comet surge ousts Raider boys lax

Experience, or the lack thereof, nipped the Raiders in the bud last night when they traveled to Carthage to face the playoff rich Comets. A 7-1 score after the first half was evidence, and by the time the Raiders turned it around and charged to a 7-6 second half score it was too late in a 14-7 setback.

Leading the scoring for the Raiders was senior attackman Ross Maxam. Maxam, playing his final game in a Fulton uniform, had one goal and three assists on his way to setting the school record for assists in a single season with 47.

That total was also good enough to lead all of Section III in the category in the regular season. His 72 overall points placed him at ninth in the section.

Tallying a hat trick on the night was Steven DeLisle, while Carson Vono scored two of his own. Younger brother of Steven, Seth DeLisle, scored a single goal. Captain Joe Sutton added three assists. Sutton finished by leading the team in goals with 30, but could not muster any shots against the Comets.

Joey Hayes and Dan Conlin led the Comets, last year's sectional runner-up, with Hayes adding eight points on six goals and two assists and Conlin tallying four points on two goals and two helpers.

In the other quarterfinal East Syracuse-Minoa defeated the Oswego Buccaneers 7-6 and will face Jamesville-Dewitt in the semifinals. Carthage faces a rematch with Watertown in the other semifinal where they split their matchups during the regular season.

The loss sends the Raiders to an overall record of 7-10 to finish the season and a sectional berth, something the squad has not done since 2008. The seven wins also marked Fulton's best campaign since the 2002 team also won seven times.

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School of Thought compiled by Tony Torrese and Nick Abelgore

How do you plan to spend your Memorial Day weekend?



"Fishing."

Brandon Chase



"Hanging out with my friends, keeping it real."

Austin Brown



"I'm going to the track sectionals meet."

Michael Holcomb



"I usually go to the parade with my kids."

Mr. Halladay

Meteorology and you

By Carson Metcalf



Today:



Mostly cloudy with a shower/storm.

80°

Average: 71°
Record: 89° (2007)

Tonight:



Partly cloudy.

65°

Average: 49°
Record: 30° (1963)

Parade Saturday:



Sun and clouds.

70°

GRB senior Carson Metcalf is an aspiring Meteorologist and the creator of The Central New York Weather Center @ www.centralnewyorkweather.com
Look for his daily weather forecasts for Fulton on RaiderNet Daily.