

Bodley teacher inducted into sports hall of fame

By Brandon Ladd

Many students at G. Ray Bodley High School know math teacher Mrs. Derue, but not everyone knows about her extremely impressive swimming accomplishments. The twelve-time All-American swimmer has just recently been inducted into the sports Hall of Fame for Oswego State University. At the ceremony she gave a heartwarming speech that left not a single eye dry, including her own.

She believes to fully capture her emotion at the speech, one must hear her entire story from the beginning. Of the speech she had this to say, "I had a mix of feelings, excited and nervous, I don't like when people look at me. I was anxious because I had to give acceptance remarks and I don't like speaking in public. I guess you would say I have glossophobia."

Glossophobia is when someone is afraid to give a speech in front of an audience, so this was truly a milestone for her in many aspects. She had graciously accepted the award and began to tell her story of her determination and the obstacles she had to overcome to get to where she was in her swimming career. At the age of six months she first began to familiarize herself with swimming. At two and a half she was officially taught how to swim. She began competing at the early age of five and continued on to swim modified in junior high and later on, varsity in high school.

It all seemed to be going great until one day at the start of a varsity swim season in



Math teacher Mrs. DeRue, far right, was one of four athletes to be inducted into the SUNY Oswego Sports Hall of Fame during a ceremony earlier this month. The 12-time All-America selection is shown here with soccer standout Kathryn Stead, a 1971 graduate, and wrestler Brian V. McGann, a 1970 graduate of SUNY Oswego. (photo from SUNY Oswego)

August. The team was on the football field doing dry lands before they got into the pool. As they were doing sit ups, Derue remembered, "my coach saying when I say "up" you say "one," and I don't remember anything after that but waking up in the ambulance and I didn't know why I was there. I didn't know what was going on until my mom had told me I had had a seizure on the

football field." In the hospital she had many tests done because she had never had a seizure before.

The tests confirmed that she had a brain tumor. At that point the doctors told her she could no longer swim. It was her senior year in high school and she hoped to get a scholarship. She would not let anything hold her

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What's for lunch?

Today: Sloppy Joe on a wholegrain bun with green beans, sweet potato fries, fresh NYS apple and wholegrain cookie with alternative of turkey and cheese wholegrain wrap or Philly cheesesteak wholegrain hogie.

Tomorrow: Chicken nuggets with dipping sauce, tater tots, tomato soup, crackers, broccoli and peaches with alternative of wholegrain PBJ sandwich.

What's happening at G. Ray Bodley High School?

HOPE Club meets every Monday in room 119.

Future Business Leaders of America meets every Monday in room 116.

Fultonian Yearbook meets every Tuesday in room 102.

GRB Journalism Club meets Wednesdays in room 102.

Spanish Club will be meeting on Tuesday, Nov. 19 to make and decorate holiday cards for our Spanish-speaking troops.

Signups underway for Quirk's production

Quirk's Players will be holding auditions for this year's musical, the murder-mystery, *Curtains*. Anyone interested in auditioning for the show or being considered for tech. crew should sign up for an audition time with Mr. Nami in the chorus room, 104. The deadline to sign up for auditions is Friday, November 22.

The "Pledge" is a promise, not blind obedience

Why we Pledge.

To the young man whose article I am responding (*Pros and Cons of the Pledge of Conformity*, Nov. 14, 2013) to "You're still young, that's your fault. There is so much you have to know" (Cat Stevens).

First, let me get Godwin's Law out of the way. In any argument, it is inevitable that someone will make a comparison/reference to Hitler. At that point, you have lost the argument and all credibility. You shouldn't do that again. People suffer at the hands of real dictators every day. For example, North Korea executed 80 people this week for watching South Korean films and possessing Bibles. That is something to write about.

Second, (please note that I followed my "first" with a "second") don't try to show a balanced viewpoint "Both sides have their strong and weak points," only to follow it up with a single view point masquerading as open-mindedness. There is a spectrum in multiple axes of how people feel regarding our pledge. That could be something to ask about.

You ask "Should Americans place so much faith in their notably flawed government?" This speaks to your limited understanding of our government. We are the government. It's ours, not "theirs." We elect officials. We. We choose representatives. So is your question really "can we trust our notably flawed selves?" That, my friend, is something to learn about.

It may seem easy to scrutinize the merits of this tradition we call the pledge. I myself have problems with parts of it, but I respect our country and what it stands for enough to put that aside for a moment of reverence. The flag is a symbol of our free-

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dom. That flag is a symbol to the entire world of our freedom. The pledge of allegiance is not a blind obedience. It is a promise. When we pledge to the flag in unison we are saying together we will protect the gift of freedom thousands died to give us. That, my young friend, is what you should think about.

Mr. Mainville GRB Science teacher

Shutdown means long delays with the IRS

By Brandon Ladd



Even though the government has reopened following the now infamous shutdown, many problems still exist for the American people. One of these problems is the increasing debt that was caused during the shutdown. Another problem is that many government funded programs are still behind due to the involuntary sabbatical that occurred not too long ago.

A big issue that some people realize and some do not is that the internal revenue service, or IRS, is behind on much of its work. Many people had appointments, meetings or calls that had to be attended to. These affairs were postponed or rescheduled for a later date. This has caused many problems for people who had to do any sort of business with the IRS. A great number of people who were expecting a refund or some other type of monetary compensation from the IRS had to find other means to make ends meet as some people depend on the money they get back each year to put toward

certain amenities. Others needed the money simply to live off of and get by.

Another issue that people have been having with the IRS since the reopening and the delay is that many American citizens did not receive any notices on owed bills that were due. People who deal with the IRS could not make any arrangements needed on pending cases. These cases have since been reopened, and since the reopening there has been an overflow of people trying to contact the IRS.

With the astonishing number of people who are trying to contact the IRS on these issues the wait time has increased dramatically. Prior to this long wait times were commonplace, now it seems almost impossible to get business and other related affairs in order. This has caused a backup of work for many tax and financial business people.

Since much of the work cannot be done, new work cannot be started. As a result, the shutdown has had an impact on the lives of these people, causing a lot of stress and extra time and work to be put in to get things back in order. Even with the IRS back on track, the delay in services has still not been brought back up to speed.

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**Submit yearbook photos online at www.hjeshare.com
our school code is: fultonian Fall sports photos needed!**

The Sweet Side of Life:

Straight from Washington, DC: let them eat cake!

By Tvin Simard

This amazing cake comes from Chef Ann Cashion of Johnny's Half Shell in Washington, DC.

Ingredients

Cake:

- 1 cup whole milk
- 4 large egg whites at room temperature
- 2 ½ teaspoons pure vanilla extract
- 3 cups cake flour, sifted
- 1/2 cup sugar
- 4 teaspoons baking powder
- ½ teaspoons of salt
- 1/2 stick unsalted butter, cut into tablespoons, softened
- ½ cups heavy cream

Icing:

- 3 cups sugar
- 3 tablespoons light corn syrup
- 1/2 cup whole milk
- 1 stick unsalted butter, softened
- 1 teaspoons pure vanilla extract
- 1/2 cup heavy cream

Directions

1. Preheat the oven to 350 degrees F. Butter three 8-inch cake pans; line the bottoms with parchment paper. Butter the parchment and flour the pans, tapping out the excess.
2. Make the cake: In a bowl, mix 1/4 cup of the milk with the egg whites and vanilla extract. In the bowl of a standing mixer fitted with the paddle, mix the flour with the sugar, baking powder, and salt. Add the butter and the remaining 3/4 cup of milk. Beat



at low speed until blended, and then beat at medium speed until smooth, 1 minute. Beat in the egg white mixture in 3 batches.

3. In another bowl, using an electric mixer, beat the cream until soft peaks form. Stir 1/3 of the whipped cream into the batter, then fold in the rest. Divide the batter between the pans and smooth the tops. Bake for 25 minutes, until a toothpick inserted in the centers comes out clean. Let the cakes cool on a rack for 10 minutes. Unmold the cakes and peel off the parchment. Invert the cakes and let cool completely.

4. Make the icing: In a saucepan, stir 2 1/2 cups of the sugar with the corn syrup and milk. Cook over moderate heat, stirring until the sugar dissolves. Keep warm.

5. Sprinkle the remaining 1/2 cup of sugar in a deep, heavy saucepan. Cook the sugar over moderate heat, swirling occasionally, until an amber caramel forms. Carefully pour the warm milk mixture over the caramel. Cook over moderately high heat, stirring, until the caramel dissolves. Stop stirring and cook until the caramel registers 235

degrees F on a candy thermometer. Remove from the heat. Stir in the butter, vanilla, and 1/4 cup of the heavy cream. Strain the caramel into the bowl of a standing mixer. Let cool for 15 minutes.

6. Beat the caramel at medium speed, gradually adding the remaining 1/4 cup of cream, until creamy, about 15 minutes.

7. Set one cake layer on a plate. Pour enough icing over the layer to cover the top. Top with a second cake layer and cover it with icing. Add the final cake layer and pour the rest of the icing over the top of the cake, letting it run down the sides. Working quickly, use an offset spatula to spread the icing gently around the cake. Let the cake stand for 2 hours to set the icing before serving.

Recipe courtesy of Half Shell restaurant.

Quote of the day:

"No great man ever complains of want of opportunities."

Ralph Waldo Emerson

Seeking advice for any problem or concern you may have?

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Hall of famer swam past great adversity

(from page 1)

back from her passion of swimming, however, and on the second day of school she had brain surgery, on a date she will never forget, 9/9/99. The surgery was successful and a metal plate and several screws were inserted into her head. The plate and screws were made of Titanium, so she doesn't set off metal detectors.

She was told that she was going to be out of the pool until December, which is after swim season. She was devastated at this news. Somehow, be it out of a miracle or pure determination, she recovered sooner than she or the doctors had expected, so soon that she was able to get back in the pool for her senior swim season. Due to limitations she could not perform the butterfly, which she was especially good at. She also could not dive in, flip turn or do much of anything except for the freestyle. It wasn't until January of the same year that she was cleared by her doctor and could attempt all the aspects of swimming again.

The recovery process was not easy in the pool. It was difficult and seemed to her like it was an almost impossible feat. She wanted to give up on swimming out of distress and the frustration that her skill had seemed to have diminished in her eyes. However, the Oswego club coach (who was also the head coach at SUNY Oswego) would not let her quit. "Because my club coach was so supportive of me I knew she would help me to accomplish my goals for collegiate swimming," she said. "So I knew I couldn't swim for anyone but her."

This began her quest to the top where she swam at Oswego and succeeded beyond what she thought she was capable of, even though the people who had stuck with her since the beginning and especially her club coach at Oswego knew from the start that she was destined for greatness. It was this story she had briefly told that captured the entire audience at the ceremony. It was this tale that led to her never giving up and swimming her heart out and become inducted into the Hall of Fame.

The SUNY Oswego website noted her great accomplishments in the pool by saying, "Sarkissian DeRue of Oswego enters the Hall of Fame as a 12-time All-American in swimming, arguably the most decorated athlete in school history. Her best season came

in 2002-03 as a junior when she was an All-American in six events at the NCAA Championships, including a runner-up finish in the 100 butterfly, helping the Lakers place 16th. The three-time NCAA qualifier was a four-time conference champion in the 100 and 200 butterfly, earning SUNYAC Outstanding Female Swimmer honors in 2002 and 2004. Sarkissian DeRue also received the 2004 SUNYAC Grace Mowatt Award, and

was an inaugural recipient of the SUNYAC Award of Valor.

She owns the oldest SUNYAC Championship Meet and overall conference swimming records in the 100 butterfly to go along with her school records in the 100 and 200 butterfly. She serves as an assistant coach of the college's swimming and diving team and is a math teacher in the Fulton City School District."



There were plenty of smiles last Wednesday when the G. Ray Bodley High School OCA Y team rebounded from a subpar performance in October to claim first place in the November competition between Oswego County high schools. Pictured from left to right are (front) Amanda Rice, Kendra Tryniski, Keisha Pierce, Madden Rowlee and Paige Havener, (back) Katelyn Kinney, Anthony Semeraro, Brad Crofoot, Mark Perry, Julia Ludington and advisor Mrs. Ryan.

Going someplace cool? Take

RaiderNet

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with you and get your picture taken for next year's
Fultonian Yearbook feature

"Where in the world is The Raider?"

If you could change one thing about yourself, what would it be?



"I would make myself more patient with things."

Ms. Louise



"I wouldn't wear glasses."

Tessa Burrows



"I would change my weight."

Mrs. Wilmot



"Nothing, I'm perfect!"

Mrs. Edele

Meteorology and you

By Carson Metcalf



Today:



Mostly cloudy.

53°

Average: 48°
Record: 72° (1958)

Tonight:



Cloudy with a rain/
snow mix.

35°

Average: 32°
Record: 16° (1959)

Tomorrow:



Cloudy with
snow showers.

36°

Average: 47°
Record: 71° (1985)

Former GRB student and current SUNY Oswego sophomore Carson Metcalf is an aspiring Meteorologist. Look for his daily weather forecasts for Fulton on RaiderNet Daily.