

# Happy New Year 2014!



# RaiderNet Daily



G. Ray Bodley High School, Fulton, NY

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## Busy break for Raider wrestlers

It was a vacation in name only for the Fulton wrestling team as the Red Raiders were busy over the holidays with a pair of tournaments. Coach Stalker's matmen started their holiday break with a dominating first place performance at the Montgomery County Duals in Amsterdam before battling to a third place showing at the Kenneth Haines Memorial Tournament at SUNY Oswego just before the start of the new year.

Outgunning the opposition by a combined 324-68 count, the Raiders stormed to a perfect 5-0 showing in Amsterdam highlighted

by an impressive five pin performance from 120 pounder Mitch Woodworth. The talented Raider registered a trio of quick pins at 15, 18 and 28 seconds and never went past 2:45 for an impressive five pins in exactly five minutes. His effort helped Fulton steamroll Amsterdam by a 53-21 count to go with big wins of 69-10 and 79-3 against Ballston Spa and Fonda-Fultonville respectively. Middletown provided Fulton's toughest test in a 48-28 Raider triumph that was followed by a 75-6 run past Galway.

Woodworth also emerged as Fulton's lone champion at the Haines Tournament as he ran his season record to a perfect 22-0 with two pins, a 15-0 tech. fall and a major 8-0 decision in the 120 pound final. Joe Abelgore claimed second place honors at 99 pounds while Travis Race was third at 160

while improving his record to 20-2. Fourth place finishes were recorded by Collin Flynn and Tim Holden in the 145 and 138 pound rings with Flynn improving to 17-5 on the year. Also scoring points toward Fulton's third place total of 207 was Matt Marshall, fifth at 220 pounds, and Jake Bailey, who placed sixth at 152 while running his record to 15-4.

Rochester area standouts Fairport proved to be the class of a competitive tournament gathering, amassing 215.5 points to ease past Newark Valley's 214 point total. Fulton fell just short at 207 points, a full 30 points ahead of fourth place finishers Mexico (177). The Raiders will be back in action this weekend as they take part in the Richard New Memorial Tournament in Canastota on Friday and Saturday.

### What's happening at G. Ray Bodley High School?

**Quirk's Players:** the first rehearsal for the spring musical, *Curtains*, will be on Tuesday, January 7 from 5-9:30 pm. This is a mandatory rehearsal for all cast and crew members.

**Sophomores** need to turn in their Savearound orders ASAP to Mr. Lacey in room 227. Anyone who has not returned the booklet they signed out needs to turn in the booklet, or \$20 to Mr. Lacey.

**HOPE Club** meets every Monday in room 119.

**Future Business Leaders of America** meets every Monday in room 116.

**Fultonian Yearbook** meets on Monday in room 102.

**GRB Journalism Club** meets Wednesdays in room 102.

**The French Club** will hold a King's Day celebration on Monday, Jan.. 6 after school in room 125.

### What's for lunch?

**Today:** meatball sub with green beans, baby carrots and applesauce with alternative of chicken patty on a bun.

**Friday:** hotdog on bun with broccoli, butternut squash, peaches and a cookie with alternative of managers choice.

*Send us your pictures of the Red Raiders in action*

[theraider@fulton.cnyric.org](mailto:theraider@fulton.cnyric.org)

### Environmental Club Corner

*Nearly every Friday during the school year, members of the GRB Environmental Club take part in recycling. Here are the totals for Friday, December 20.*

**Recycling facts:**

Recycled paper: 401 lbs..

Recycled plastics: 56.4 lbs.

Cardboard: 42.9 lbs.

Total: 500.56 lbs.

*(information provided by Mr. Mainville)*



## Opinion

# The story behind New Year's resolutions

By Logan Aubeuf

The New Year is upon us and it is about that time for people to reflect on where they were last year. Things have changed drastically for some and stayed stagnantly similar for others.

Nonetheless these thoughts are provocative of a need for change. Resolutions are a perfect way for people to believe they are starting "anew" by quitting their worst vices or habits. Others just want to lose a few

pounds they gained over the past year, or find a lover. While these things cannot always be set by simply saying they will do it, others commit to their resolutions and end up bettering themselves because of it. Some stay strong and use their resolution to create a slightly better life, but many fail miserably. The New Year resolution tradition is a strange one, and I will attempt to clarify its origins and meaning with this passage.



their limitations, which isn't a bad lesson to those promising to find a perfect life by the end of their next year.†

Most resolutions these days are in relation to changing appearance for the better. Losing weight or exercising more are common. Quitting smoking or drinking are usual as well. Those in bad financial situations commit to dealing with money better to hope for less debt in the coming year. Sounds a lot like begging the gods for a clean slate. College students in danger of failing out plan on focusing more studies.

The statistics surrounding these resolutions are not completely reassuring, however. Studies show that around forty percent of people make at least one resolution annually. About sixty-seven people make three or more! After the first week around 75% maintain their resolution, after two it drops to 71, and after a full month it drops to 64%. The sixth month mark plummets to 46 percent.

These statistics affirm that when making a resolution, don't overdo it. When making a resolution, give it some sound planning before committing to something that is near impossible and don't make it up on the spot after a wild night of New Year's party inspired drinking. That is a surefire way to disappoint yourself. Make a sensible resolution and be sure to make your close friends and loved ones know, then you can have some support when motivation to continue is low ( they won't let you forget it!)

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In early years, Babylon was where the first reported resolutions were said to be made. These resolutions were basically promises made to their gods, which they believed would be rewarded by a spectacular harvest if kept. The most common resolution was to give back borrowed farm equipment. This they hoped would give them a clean reputation among the area. They also had belief that failure to keep these promises to the Gods was a one way ticket to bad luck and that these resolutions should be made with extreme caution. Babylonians were careful not to promise something past

Going someplace cool? Take

**RaiderNet**

Daily

with you and get your picture taken for next year's Fultonian Yearbook feature

**"Where in the world is The Raider?"**

Quote of the day:

"Every artist was first an amateur."

- Ralph Waldo Emerson

**Book now for the  
prom and dinner  
dance!**

**Reflections**

-THE- Salon & More

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Call for an appointment today!

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of GRB Journalism*

## The Sweet Side of Life

# Try this pear, apple and cranberry tarte tatin

By Tevin Simard

This ultimate fall and winter tart showcases the best fruits of the season: pears, apples, and cranberries. Unlike other tarts, the tarte tatin is made upside down in a skillet. You start by cooking the fruit, then top it with the dough, carefully tuck in the edges, and let it cook. When it's ready, you invert the whole tart onto a plate. It comes out looking beautiful and is actually much easier than you might imagine.

Serves: 8

Yields: 8

Prep Time: 1 hr 45 min.

Cook Time: 45 min

Oven Temp: 375

#### Ingredients:

##### Crust:

- 1 cup(s) white whole-wheat flour\*
- 1/2 cup(s) old-fashioned rolled oats
- 1 tablespoon(s) granulated sugar
- 1/s teaspoon(s) salt
- 4 tablespoon(s) cold unsalted, butter cut into small pieces
- 2 tablespoon(s) canola oil
- 3 tablespoon(s) ice water

##### Filling:

- 2 ripe but firm pears, peeled and thinly sliced
- 1 tablespoon(s) lemon juice
- 1/2 cup light brown sugar
- 2 tablespoon(s) unsalted butter
- 1 teaspoon(s) ground cinnamon
- 1 large apple, peeled and thinly sliced
- 2 teaspoons ground ginger
- 1 cup(s) fresh cranberries

##### Directions:

1. To prepare crust: Place flour, oats, granulated sugar, and salt in a food processor; process until the oats are finely ground. Add butter one piece at a time, pulsing once or twice after each addition, until incorporated. Add oil and water and pulse just until the dough starts to come together. Turn the

dough out onto a lightly floured surface and



knead it a few times until it holds together. Form the dough into a 5-inch disk, wrap in plastic or wax paper and refrigerate while you prepare the filling.

2. Preheat oven to 375 degrees.

3. To prepare filling: Toss pears and apple with lemon juice in a large bowl.

4. Place brown sugar, butter, cinnamon, and ginger in a 10-inch ovenproof skillet; cook over medium-low heat, stirring, until the butter and sugar are melted and the mixture starts to bubble. Remove from the heat. Starting at the center of the pan, arrange the pear and apple slices in concentric circles, overlapping the slices and adding another layer until all the slices are in the pan. Scatter cranberries on top.

5. Return the pan to medium-low heat and

bring the liquid to a simmer. (It might be hard to see the simmering so take a peek under the fruit or listen for the bubbling.) Cover and cook for 5 minutes. Uncover and cook, gently swirling the pan occasionally, until the sauce becomes a thick, caramel-like glaze, 7 to 10 minutes. Remove from the heat.

6. Roll the dough out between sheets of parchment or wax paper into a 12-inch circle. Peel off the top sheet and invert the dough over the fruit. Peel off the remaining paper. Quickly tuck the edges of the crust down into the sides of the pan. Prick the top with a fork.

7. Transfer the pan to the oven. Bake until the crust is just beginning to brown around the edges, 30 to 35 minutes. Let cool for 15 minutes. Run a knife around the edge of the pan to release the crust. Place a serving plate larger than the pan on top of it and invert the tart onto the plate (it may take a light shaking to release the tart from the pan). Serve warm.

\*white whole-wheat flour can be substituted for regular flour

Recipe courtesy of Delish.com and photo credit to Ken Burris.

## Blockbuster movies to watch for in 2014

A new year means new movies, and 2014 has some big ones in store. *The Hunger Games* will be back again in 2014 with the first part of *Mockingjay*. The big screen will be taken over by the "Girl on fire" as she tries to win back the love of her life and defeat the Capitol. The box office is predicted to make millions possibly billions off of the release of the third installment of the movie series.

The other three movies expected to bring millions and possibly billions of dollars to the box office are *The Hobbit: There and Back Again*, *Captain America: The Winter Soldier* and *Transformers: Age of Extinction*.

In *The Hobbit: There and Back Again* the Company of Thorin has reached Smaug's lair; but, can Bilbo and the Dwarves reclaim Erebor and the treasure? And, if so, can they hold onto it?

Captain America is projected to do so well because he is one of America's most beloved super heroes. In the movie Steve Rogers struggles to embrace his role in the modern world and battles a new threat from old history: the Soviet agent known as the Winter Soldier.

Finally to finish the movie blockbusters upcoming in 2014 is *Transformers: Age of Extinction*. In the movie a mechanic and his daughter make a discovery that brings down Autobots and Decepticons - and a paranoid government official - on them. There are many big movies to look forward to during the upcoming year. **By Jessica Vaccaro**

Keep in touch with the Fultonian Yearbook by liking us on Facebook. Free yearbook drawing at 200 likes!



## 2013 in Review

# Plenty of thrills during 2013 sporting seasons

By Jimmy Martin

As 2013 is now in the record books, we take the time to reflect back on the biggest sporting events of the year. It was filled with many exciting games that people will remember for their lives. It ranged from basketball to baseball to even NASCAR.

The Miami Heat were the biggest story of the 2012-2013 NBA season as they put up impressive numbers. The Heat went on a 27 game winning streak, the second longest in NBA history. To continue making history, they won the championship again, this time in dramatic fashion after rallying in the finals seconds of game six to upend San Antonio. The last East team to do that was the 97-98 Bulls. LeBron James was named the NBA Finals MVP.

The Super Bowl provided an interesting match-up as Baltimore held off San Francisco in the game's closing moments in a battle between the coaching Harbaugh brothers. Making it even more unique was a blackout at the Louisiana Super Dome that caused the lights to shut off for an extended period of time.

The National Hockey League had an unusual season because there were only 48 games played instead of the regular 82, due to a lockout. Having only 48 games, each game meant more and it was a fun season to watch. The Chicago Blackhawks took home the Stanley Cup for the second time in four years as they defeated the Boston Bruins in six games, 4-2.

In a much longer season, the NASCAR Cup for the Chase brought great excitement. This year was literally down to the last race. The last twelve races were a battle between Jimmie Johnson and Matt Kenseth. At the end, Johnson won the Cup for a record tying sixth time, an impressive feat.

Major League Baseball, which plays about two times the amount of games as the NBA or NHL was another interesting season. The regular season ended in six months, with the Red Sox and Cardinals having the best regular season records. Surprisingly enough, both teams made it to the World Series, so there were no upsets. The Red Sox looked much stronger in the World Series and won it in Boston, which had not happened in 90 years. Just like the NHL, the Red Sox won

4-2.

One of the least popular professional sports in America, the MLS, still brought some thrills. The New York Red Bulls had the best regular season record and brought home the Supporter's Shield. I was in attendance at the game and it was really exciting to watch. Sporting Kansas City took home the MLS Cup earlier this month on a frosty day in KC. They played Real Salt Lake and the game came down to a thriller with a penalty shootout. The shootout went to the 10th player, five more than normal, before it ended with a Real Salt Lake player missing his shot.

Also in soccer the United States men's national team rode an extended winning streak into this summer's World Cup in Brazil. Highlighting their run was an incredible

1-0 victory over Costa Rica in a snowstorm in Denver in late March.

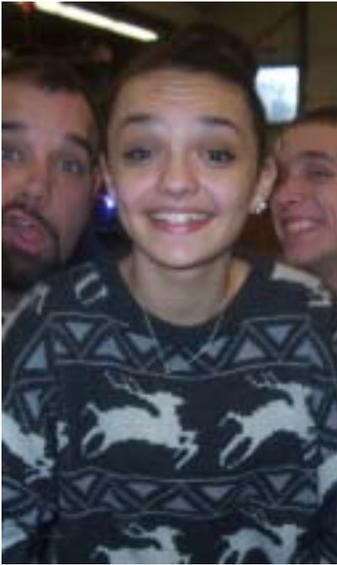
In college sports Syracuse University made it to the Final Four before falling to Michigan. Louisville claimed top honors, while Alabama made it two titles in a row in college football early in 2013. The early days of 2013 also marked the departure of SU Football Coach Doug Marrone, who headed west on the Thruway to become the top man for the NFL's Buffalo Bills. Defensive coordinator Scott Shafer took the reigns of the Orange, leading them to a 6-6 record and a berth in the Texas Bowl against Minnesota.

I have to admit 2013 was definitely a great season for watching sports as there were major upsets and impressive numbers put up. The new year of 2014 will hopefully bring the same, if not better games than this year.

It was the best of times and the worst of times for sports fans in Boston in 2013 as the Red Sox big win at Fenway Park over St. Louis in the World Series helped ease the pain of a stunning June loss to Chicago in the Stanley Cup playoffs.



## What are you most looking forward to in 2014?



"A fresh start."

Bryanna Tanner



"Driving in the snow for the first time."

Richard LaClaire



"Volleyball season."

Makhali Voss



"Longboarding in the warm weather and enjoying nature."

Ryan Stanley

# Meteorology and you

By Carson Metcalf



**Today:**



Snow showers. Up to 6" of accumulation.

**8°**

Average: 32°  
Record: 59° (2000)

**Tonight:**



Snow showers, 2-4" expected.

**-4°**

Average: 17°  
Record: -7° (1956)

**Tomorrow:**



Snow showers, 1-2" expected.

**1°**

Average: 32°  
Record: 60° (2004)

Former GRB student and current SUNY Oswego sophomore Carson Metcalf is an aspiring Meteorologist. Look for his daily weather forecasts for Fulton on RaiderNet Daily.