



Raiders blitz their way to Class A championship

By Jimmy Martin

The regular season title may have eluded them for the first time in decades, but it was business as usual for the Fulton wrestling team on Saturday when they took to the mats at Indian River. Exhibiting the dominance that has long been a trademark of the program, Coach Stalker's matmen roared to their 25th consecutive Class A title in convincing fashion with three individual champions and 11 wrestlers placing third or better. After a long and trying day, the Raiders came home with the victory and won the tournament with 264.5 points, beating second place Carthage by over 100 points.

Not only was the team a winner, three wrestlers won their weight classes. In the 120 pound weight class, Mitchell Woodworth captured the title by improving to 37-1 on the season including a 5-2 decision over Whitesboro's Jeff Marraffa in the final. With the win Woodworth inched to within four victories of the all-time Fulton record of 141 wins, held by 2011 graduate David Hall. Woodworth raised his career mark to 137-28, and with 76 pins is now 10 back of the all-time Red Raider leading Hall.

Following Woodworth to the victory podium was Jonathan Earl, who won the 132 pound title. Earl's 34th win of the season did not come easy as he defeated Oswego's Austin Coleman 5-4. The last section champ for the Raiders was Travis Race at 160 as he pinned Isaac Havens from Central Square to earn his title and improve to 16-6 on the season.

Having three section champs helped add to the Raiders victory, but many other wrestlers also contributed to the lopsided triumph. Joey Ablegore wrestled up a class at 106 and came away with a second place finish while improving to 24-8 on the season. Also making it to the finals was Collin Flynn, but he could not come away with the win and finished second. In the consolation finals, Fulton had seven winners and three fourth place finishes. Kevin Tucker, Tim Holden, Kyle Ware, Aaron Yablonski, James Bailey, Noah Gates, and Matt Marshall all scored third place points while Nick Noel, Mitch Labeeff, and Malachai Manford came away fourth.

The Raiders ended their regular season 17-4 and 5-1 in the league. Even though they lost the league title to Mexico, they redeemed

themselves and won the bigger Section 3 Class A title. The team will now send 11 wrestlers to the Section 3 championship this weekend at Onondaga Community College, hoping to extend another long streak of dominance that has seen them win the Section 3 title for 15 straight years and 34 times overall. Saturday's winners will advance to the New York State championships in Albany from February 28 to March 1.



Senior Emily Leonard puts some of the finishing touches on the Red Raider logo that will greet visitors in the main lobby at the high school. She and fellow senior Cody Beckley have been hard at work creating this replica of the Chief Hiawatha logo. (Senecal photo)

What's happening at G. Ray Bodley High School?

HOPE Club meets every Monday in room 119.

Future Business Leaders of America meets every Monday in room 116.

Fultonian Yearbook meets on Wednesdays in room 102.

GRB Journalism Club meets Wednesdays in room 102.

Yearbooks are still available for preorder for \$60. See Mr. Senecal in room 228 during GSH.

There will be a **National Honor Society meeting** for junior inductees only today, Feb. 11 in the auditorium.

There will be a **Library Club meeting** after school today, Feb. 11 in the LMC. All officers must attend.

There will be a **Battle of the Books meeting** on Wednesday, Feb. 12 from 2:30 to 4 pm in the LMC.

There will be a mandatory meeting for any girl interested in playing **JV lacrosse** on Wednesday, Feb. 12 at 2:30 in room 209. Be sure to attend to get information on the upcoming season.

What's for lunch?

Today: Chicken patty on roll with sweet potato bites, peas and diced pear cup with alternative of diced chicken and cheese wrap.

Wednesday: Cheese pizza with side salad, baby carrots and mixed fruit with alternative of diced chicken and cheese wrap.

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BLAST from the PAST!**Scanning the pages of GRB newspapers past...**

By Perrin Ogden

**Taken from past issues of *The Raider*
February 6, 1998:**

Bodley comes alive with *The Sound of Music* under the direction of Mr. Briggs and Mr. Nami, with the well know score including *The Sound of Music*, *My Favorite Things*, *Sixteen Going on Seventeen*, *Climb Ev'ry Mountain*, and *So Long Fair Well*. Playing Maria Rainer is senior Heather Freeman, and playing Captain Von Trapp is James Finney.

**February 7, 2003:**

Defibrillators set for installation at GRB. As the article noted, "The new costly first aid measures have left many students wondering what these new boxes are and what exactly do they do." The reason that these defibrillators were installed was to decrease the percentage of potential fatalities associated with cardiac arrest. The defibrillators prevent death caused by fibrillation, a quivering of the heart by emitting an electrical charge to jumpstart the heart into a normal beat.

"The public health legislation signed by Governor Pataki requires that all New York State schools must have a defibrillator in the building as well as trained staff." At the time school nurse Mrs. Fronk, as well as students who were trained as life guards were trained in the procedures regarding the use of the defibrillators. "It's better to use than CPR," recalled senior Pat Frawley, who was in attendance of a training session given by Mrs. Fronk.

February 6, 2009:

With winter break approaching students and staff at GRB will be able to enjoy some rest. "However, the GRB bands will receive more recuperation time than most as they are traveling to sunny Florida just days after returning from the break to participate in Magic Music Days at Disney World." Two of GRB's music groups participated in this prestigious event. The Concert Band and the Jazz ensemble, conducted by Mr. Caviness, will be performing for judges on March first. The two groups have been practicing since early November. Unlike previous years when Mr. Caviness planned the trip to take place over spring break, this year the bands are participating in a slightly different event where they will not only perform and visit the different parks, but take a workshop as well. Those

going on the trip seem to be overall please with the changes that have been made this year. Band treasurer Jamie Buck told *The Raider*, "This is a great opportunity to test our musicality and I'm really looking forward to it."

Faculty member of the Week:**School Nurse Mrs. Blount****What is your job here at GRB?**

I am the school nurse. This covers everything from taking care of serious injuries to providing dry socks.

**How long have you worked here?**

Four years and three months. Before this I was a public health nurse for Oswego County. There are several students at GRB that I took care of when they were babies. My name is on their immunization record.

What is your favorite part about working here?

I enjoy seeing the students mature. When I first meet them, they are unable to answer the simple question "What can I do to help you?" After a while they become independent and an adult personality develops. Then we start all over with a new group of freshman.

What is an interesting fact about you that you would like to share with us?

I live in Pulaski. I have been married for 35 years (to the same person!). I have four children; three sons and one daughter, and I also have two granddaughters.

*Compiled by Ruth Brown***Going someplace cool? Take****RaiderNet****Daily**

with you and get your picture taken for next year's Fultonian Yearbook feature

"Where in the world is The Raider?"**This week in Raider Sports**

Today: Girls Bball vs. ES-M (JV 5:30/V-7); Boys Bball @ ES-M (JV-5 pm/V-6:30).

Wed. Feb. 12: Boys Indoor track @ OHSL Championship (4:30 @ OCC).

Thurs. Feb. 13: Girls indoor track @ OHSL Championship (4:30 @ OCC).

Fri. Feb. 14: Bowling @ Sectionals (TBA in Mattydale).



A Mexican favorite gets an American make-over

By Tevin Simard

Churro tots are an Americanized version of the traditional Mexican churro. These sugar and cinnamon baked treats make for a quick and relatively easy way to fulfill your sweet tooth.

Churro tots are especially tasty when dipped in Nutella, because, obviously, everything tastes better with Nutella. Maybe you'll be as enamored with Churro Tots as I am; happy eating!

Churro Tots

For Frying:

Vegetable Oil

Dough:

1 cup water

1 stick (4 ounces) butter

1/4 teaspoon ground cinnamon

1/4 teaspoon salt

1 1/2 cups all-purpose flour, sifted

3 eggs & 2 egg whites

For dusting:

3 tablespoons of cinnamon and sugar, mixed

Directions:

1. In a medium saucepan, bring the water, butter, cinnamon and salt to a roiling boil. Stir in the flour all at once. Reduce the heat to low and stir, using a wooden spoon, vigorously until the mixture forms a ball, about 1 minute. Remove the pan from the heat.

2. Let the batter sit for 5 minutes to cool.

3. When it's warm (not hot) to the touch, add one egg at a time. Keep stirring until



the mixture comes together and is smooth. It might seem squishy for a while, keep going! Note: You can also do this in an electric stand-up mixer with a paddle attachment until it goes faster. Also, Mine was a bit too dry, so I added 2 egg whites and then it was perfect. This will unfortunately depend on a lot of things like climate, altitude,

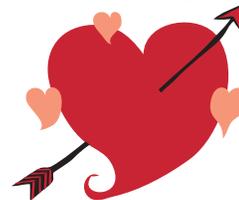
etc.

4. In a cast iron skillet, add 1 1/2 inches of oil and place over medium-high heat. When the oil reaches 360 degrees F, it's ready.

5. Spoon the mixture into a piping bag fitted with a large star-tip. Have sterilized scissors on hand. Hold the bag over the hot oil, squeeze a strip of dough about 1 inches long, snip it with the scissors and let it drop into the oil. Fry 10 to 12 balls at a time, turning once, until golden brown, about 2 minutes on a side. Drain on paper towels. Roll the churro tots in the sugar/cinnamon and serve immediately. These are really best minutes after they've been fried. Serve with whipped cream and/or melted chocolate.

Recipe adapted from Dorie Greenspan

Have a heart & do your part!



Canned Food Drive Feb. 4-14 in GSH

Sponsored by the HOPE Club, FBLA,
Student Senate & French Club

Quote of the day:

"Failure is simply the opportunity to begin again,
this time more intelligently."

- Henry Ford

Book now for the prom and dinner dance!

Reflections

-THE- Salon & More

608 South 4th Street-Fulton

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School of Thought compiled by Emily Hyde & Alec Thomas

Flowers or candy; Which is a better Valentine's Day gift and why?



"Candy, because chocolate is delicious."

Mrs. Louise



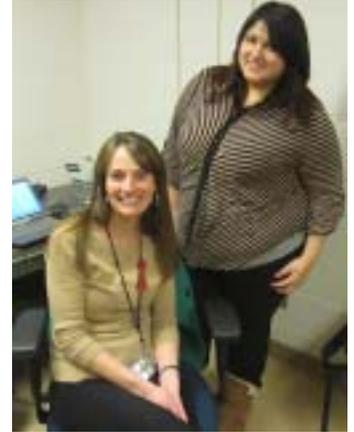
"Flowers because they last longer."

Cody Forsythe



"Candy because you can eat it."

Liz DeSantis & Mackenzie Grow



"...both, we deserve it. Plus dinner and a movie."

Mrs. Perkins & Cheyanne Velasquez.

Meteorology and you

By Carson Metcalf



Today:



Cloudy with snow.

17°

Average: 33°
Record: 59° (1981)

Tonight:



Chance snow.

0°

Average: 17°
Record: -19° (1979)

Tomorrow:



Mostly sunny.

18°

Average: 34°
Record: 60° (1999)

Former GRB student and current SUNY Oswego sophomore Carson Metcalf is an aspiring Meteorologist. Look for his daily weather forecasts for Fulton on RaiderNet Daily.