

Music Department wins prestigious honor

The National Association of Music Merchants (NAMM) Foundation has recognized 15 of Central New York's school districts as "Best Communities for Music Education" in the annual survey of districts nationwide, and making the list for this year is the G. Ray Bodley High School Music Department.

More than 2,000 schools and school districts sought the Best Communities designation, which is in its 15th year of production. Locally the districts that have been recognized are Auburn, Baldwinsville, Cazenovia, Chittenango, East Syracuse Minoa, Fayetteville-Manlius and Fulton as well as Jamesville-DeWitt, Jordan-Elbridge, Liverpool, Mexico, Phoenix, Pulaski, Skaneateles, and West Genesee.

While several of these districts have earned the distinction in the past, this is the first time that G. Ray Bodley High School has been won the award. "I think being recognized for this is amazing!" GRB orchestra teacher Mrs. Edele commented. "All of our music teachers work extremely hard and we feel privileged to receive such an amazing award!"

The NAMM Foundation is a nonprofit organization that advocates active participa-



Chorus Director Mr. Nami leads the GRB Chorus through their paces during the recent Music in Our Schools Month concert. For the first time the Bodley Music Department has been honored by the NAMM Foundation. (Jack Ryan photo)

tion in music. The Foundation recognizes school districts whose teachers, administrators, students and parents work to keep comprehensive music education an essential part to the core curriculum.

Candidates for this award are evaluated based on funding, staffing of highly quali-

fied teachers, commitment to standards, and access to music instruction, according to NAMM.

The foundation also states that studies show learning to play music can help raise other academic and social skills, such as math and learning how to cooperate in a group.
By Emily Hyde

First quarter burst carries Raider lax

On Tuesday night the Fulton Raiders boys' lacrosse team knew they were the better team and played that way. The Raiders picked up the win in a 12-6 victory over the Whitesboro Warriors, who were 0-4 going into the game, while the Raiders were 1-3. After coming off a tough loss against Westhill, the Raiders wanted to get another win, and that's just what they did.

The Raiders came out firing. Even though it was at Whitesboro, that did not affect how they played. In just the first quarter, the Raiders tallied up an impressive seven goals. Even better was the fact that they did not let up a goal.

With a 7-0 lead after a quarter, the Raiders knew they could let off the pressure. In a much slower paced second quarter, Fulton

kept its seven goal lead as the teams traded single markers.

Up 8-1 at half it gave some of the bench players a chance to get good playing time. Similar to the second quarter, the Raiders kept their lead and once again traded goals with the Warriors. With one quarter left, they knew this win was theirs. The Warriors did edge out the Raiders in the last quarter with a 4-3 advantage, but it was far too little to late in a lopsided Fulton win.

The Fulton scoresheet had plenty of names on it as Matt Nelson and Seth Delisle led the team in scoring with two goals each. RJ Borrow, Adam Caza, Bryce Knight, Carson Vono, and Shawn Walburger all added solo markers to the total. Brett Campolieta,

(continued on page 2)

What's happening at G. Ray Bodley High School?

Prom tickets are currently on sale during lunch bells and from class advisor Mr. Lacey during guided study hall in room 227. Tickets are \$40 and checks should be made to the GRB Class of 2015. Prom contracts must be turned in at the time of purchase. See Mr. Lacey for more details.

Voting is currently taking place for this year's prom king and queen. See Mr. Lacey for more details.

HOPE Club meets every Monday in room 119.

Future Business Leaders of America meets every Monday in room 116.

Fultonian Yearbook meets on Tuesdays in room 102.

Odontophobia (fear of dentists) is common

By Brandon Ladd

A common conception among many children and even a large population of adults is a profound fear of the dreadful tooth doctor. Some might fear the pain and probing that usually accompanies a dental checkup, but if people started taking better care of their teeth and maintained regular oral hygiene their dental visits would be less excruciating and intrusive on their mouths.

The reason for all the scraping and scrubbing is because a lot of Americans have a very sugar-rich diet which induces a plaque rich environment in your mouth that eats away at the enamel and gums.

Other factors that may cause people to feel uncomfortable in the dentist office are the basic fears of needles, pain, doctors, confined-



ity of people sit in that chair and clench and tense up for the upcoming pain, always curious as to how much it is going to hurt. A good way to deal with this is to stay calm and maintain steady breathing, as most modern dentistry is not too invasive or excruciating these days, and you just have to remember it's better to bear with it in the moment than have worse pain and problems later on in the oral department.

In all reality the dentist is only trying to help you and keep you healthy. These people went to school for multiple years to study extensively the art of maintaining and repairing the human mouth, which is a very complex piece of biological equipment. So the next time you're shaking in fear of a trip to the dentist's office, remember that they are only doing their job, and if you do yours, everyone will be happier in the end.

Boys lax wins big (from page 1)

Delisle, and Vono helped out by assisting on goals. In net, Scott Hughes stood strong by making seven saves and holding the Warriors to six goals.

Getting this win was a huge confidence booster for the Raiders as they improved their overall record to 2-3, which is only one win shy of last year's total. They also picked up their first win in the league. The team won't have long to bask in the glory of Tuesday's win, however, as the Raiders play host to the Jamesville-Dewitt Red Rams. The Red Rams have always been a powerhouse in the section, but already have one league loss. The game starts at 7 pm in Fulton.

The reason for all the scraping and scrubbing is because a lot of Americans have a very sugar-rich diet which induces a plaque rich environment in your mouth that eats away at the enamel and gums.

spaces, and loud noises. These fears are very common among people for good reason, but the dentist is not to blame for these fears, they just get stuck with the bad-guy label and are not actually all that bad.

Pain is a large factor in the fear or loathing of dentists. The major-

Quote of the day:

"Nothing contributes so much to tranquilize the mind as a steady purpose--a point on which the soul may fix its intellectual eye."

- Mary Shelley

This week in Raider Sports

Today: Softball @ Chittenango; Baseball vs. Chittenango; Boys lax vs. J-D (V-7 pm).

Fri. April 11: V girls lax vs. MPS (5:30); Track @ C-NS Relays (4 pm).

Sat. April 12: V baseball @ C.Square 11 am & 1 pm); JV baseball vs. C.Square (11 am & 1 pm); JV girls lax @ Cortland (noon).

All games at 4:30 pm unless noted. Due to weather circumstances, schedule is subject to change)



Reflections

-THE- Salon & More

Welcomes GRB grad Chelsea Poyneer!

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UConn women complete rare NCAA sweep

The University of Connecticut mens and womens basketball teams are the only teams in NCAA Division I history to win national titles in the same year from the same school, and now they have done it twice.

On Monday night the mens team beat Kentucky to win the title, and the undefeated womens team easily won the battle of unbeaten on Tuesday by drubbing Notre Dame 79-58 to duplicate their 2002 performance when both sides also won NCAA titles.

The University of Connecticut womens team went 40-0 including tournament play on the season, and the margin of victory for the Huskies was equally impressive as they won 35 out of their 40

games by 20 points or more. The win was their ninth national championship, the most ever for a Division I womens team as well as their second straight and fourth in the last six years.

Sophomore Breanna Stewart, the national player of the year, was the leader for the Huskies, playing great basketball throughout the regular season while helping carry her team to a perfect record and a national championship. The Cicero-North Syracuse graduate averaged 19.4 points per game. Senior Stefanie Dolson was a nother big part of the championship effort as, she averaged scored over 12 points per game and averaged over 9 rebounds per outing.

By Jason Mattice

Tech. talk:

New USB type-C will make life hassle free

The days of becoming frustrated at a USB device that seemingly won't plug in regardless of which way you try to insert it are nearly over thanks to the USB-IF (USB Implementers Forum) which was exhibited last week at the IDF Shenzhen (Intel Developer Forum). Attendees were shown the first renderings of a new USB type, Type-C.

This is a completely new design which is absolutely different from what people have become accustomed to. A few reasons why this change is being brought forward are that Type-C will finally eliminate all of the fumbling around flipping over a USB device to plug it in. Type-C is also very slim, making it very versatile, especially for laptops, cell phones, and tablets.

There will also be no questioning whether the device is fully plugged in, as with Type-C there will be an audible click to let

users know that the device has been fully inserted.

The most important factor is how fast Type-C will transfer data.

Luckily the transfer speed of Type-C will be the same as current the USB technology (Standard A) as it will support the existing Gen1 (5Gbps) and Gen2 (10Gbps) speeds.

By Perrin Ogen



What's for lunch?

Today: Hot turkey & gravy over potatoes with dinner roll, side salad, butternut squash and applesauce.

Friday: Beef taco with lettuce, cheese and salsa with veggie beans, spinach and orange smiles with alternative of tuna fish on hoagie roll.

Portion of New York State's SAFE Act delayed

Following the many tragic and high profile shootings that have recently occurred, Governor Cuomo pushed forward the SAFE Act seemingly overnight, which contained several provisions on gun control. Such provisions include increasing the list of banned so-called, "Assault Weapons" and limiting ammunition capacity to seven rounds, which was planned to go into effect on April 15.

However, it has been delayed due to the fact that many gun manufacturers do not make seven round magazines for many weapons. This new law has now made it so that many guns are now illegal, even a lot of .22 calibers that are common among small game and youth hunters.

Several law enforcement officials state that there is no practical method of enforcing the seven round bullet limit in firearms that are designed to hold more. One court official even went so far as to announce that the provision was "tenuous, strained and unsupported." The New York State Police have recently updated their

SAFE Act field guide with instructions to not enforce a seven-round magazine limit that was initially part of the law. Newspaper reports have announced that this change shows that the policy is in motion, which was put in place by the state police after a federal court judge ruled the provision unconstitutional last year.

The federal court upheld the majority of the SAFE Act, but the court determined that the section pertaining to "Unlawful Possession of Certain Ammunition Feeding Devices" was unconstitutional. As a result, the newly updated field guide states: "As a result of the court's decision, members are instructed not to enforce PL 265.37 at this time."

This is seen as a small win against a big problem to many active pro-second amendment groups, but there is still work to be done as there are still a number of sections that the people see as unconstitutional, and a violation against their rights as Americans.

By Connor Relf

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Fiction

The Fugitives part 13: return to reality

By Neal Burke

Last time on The Fugitives: Lupo had a terrifying nightmare where she not only relived her mother's death again, but was reunited with Bala. Forced to fight two Juggernauts, Lupo was unable to prevent her mother's demise and transforming into Opol, she viciously killed Bala. However, Bala survived and came back to attack her until Lupo awakened.



Lupo suddenly shot up with a gasp, her heart racing and dripping sweat. Her breathing was fast and heavy.

"No," she whispered, looking down. "Not again."

Silver, who had dozed off some, was suddenly awakened by the loud gasp. Gasping a little himself, he looked around frantically until he saw Lupo awake and she looked scared. So he went and knelt by her bunk and tried to comfort her again.

"Lupo," he asked, placing a hand on hers. "What's wrong?"

She gasped in surprise when he touched her but soon relaxed with a sigh.

"A nightmare," she told him, looking back down. "A bad one."

"How bad?" Silver asked.

Lupo said nothing for a moment, not sure she wanted to talk about it. But looking back at Silver, she saw a look in his eyes- a look of worry. They were best friends and it was only natural that he'd be worried, just like she would be if their positions were flipped. She knew that he'd listen to and understand her, especially after their tender moment in the cargo hold. So taking a deep breath and sighing again, she decided she'd tell him.

"I," she started but then stopped, unsure how to begin. "It was pretty bad."

"You don't have to talk about it if you don't want to." Silver told her after hearing this.

"Thanks," Lupo replied, a slight smile forming on her lips for a brief moment. "But I feel like, like I need to get it out. You know,

get it off my chest?"

Silver nodded in agreement. "If it gets too hard, I won't force you to continue. I'll be right here, for you." he said, taking her hand in both of his and rubbing it some with his thumbs.

Lupo sighed, her small smile coming back. The light massage he was giving her felt good and was relaxing her a little.

"I saw our home again," she began, the smile fading again. "During the invasion." He nodded. "And I heard my mother scream, so I ran to her. But before I could reach her, I was pulled back by Bala."

"Bala?" He asked, not knowing who she was talking about.

"An officer who supervised me on Olympus," she told him. "She was a ruthless character."

Silver nodded.

"When I tried to reach my mother again," she continued. "I was forced to fight two Juggernauts. I managed to defeat one but the other allowed Bala to catch me and make me." She stopped for a moment as she felt herself choking up and as images from the nightmare flashed before her eyes. "She made me watch my mother die." Lupo finally got out, though unable to hide the sorrow in her voice.

"again." She stopped after that, remembering what Silver had said. That she did not have to continue if it got too hard to talk about it. She sighed again and looked away to hide the tears welling up in her eyes.

"It's okay Lupo," Silver told her as he got up on the bunk with her and placed an arm around her. "You don't have to continue if you don't want to. I'm not going to force you."

She nodded when he said this and turned to face him. He had a small smile on his face that she couldn't help but smile back at. He was helping her feel a bit

"It's okay Lupo," Silver told her as he got up on the bunk with her and placed an arm around her. "You don't have to continue if you don't want to. I'm not going to force you." She nodded when he said this and turned to face him. He had a small smile on his face that she couldn't help but smile back at. He was helping her feel a bit better and she was grateful for it.

better and she was grateful for it.

He chuckled a little when he saw her smile. "Now there's the Lupo I know." he said.

Lupo couldn't help but giggle some in return, her happy-go lucky personality coming back to an extent.

"Thanks Silver," she said.

"You're welcome," he replied. "If you ever need to talk or if you just want someone to be there, my door's always open. Okay?"

Lupo nodded at this before giving him a quick hug, grateful that he had been and always would be there for here. When she felt his strong arms wrap around her, she felt safe, protected. Everything would be alright.

Lupo once again found comfort with Silver, but how long will it be before she has another nightmare like this? Will she be able to hold together when they reach Ugwadule B, or will she break down again? Find out next time on The Fugitives.

Going someplace cool during
spring break? Take

RaiderNet

Daily

with you and get your picture taken for next
year's Fultonian Yearbook feature
"Where in the world is The Raider?"

School of Thought compiled by Connor Relf

What are your plans for after high school?



"I'm going to TC3 baby!"

Scott Hughes



"I'm going to attend Monroe Community College."

Troy Richardson



"I'll be going to Monroe Community College."

Julianne Zaryski



"Either Keystone College or Sage College."

Paul Reynoso

Meteorology and you

By Carson Metcalf



Today:



Sun and clouds.

65°

Average: 55°
Record: 72° (1955)

Tonight:



Cloudy with rain.

40°

Average: 35°
Record: 15° (1995)

Tomorrow:



Sun and clouds.

56°

Average: 55°
Record: 85° (2011)

Former GRB student and current SUNY Oswego sophomore Carson Metcalf is an aspiring Meteorologist. Look for his daily weather forecasts for Fulton on RaiderNet Daily.