



DWI assembly drives home sobering points

By Ruth Brown

Just in time for the prom, senior dinner dance and graduation, G. Ray Bodley

High School juniors and seniors were given a sobering reminder on Thursday about the dangers of drinking and driving. Through the combined efforts of Oswego County Stop DWI, G. Ray Bodley High School, the Fulton Police Department, the Fulton Fire Department, Menter Ambulance, Foster Funeral Home, the DA's office, Oswego County Probation, DSS, the Youth Bureau, 911, and Races the message was delivered in a graphic presentation that hit home with many of the students in attendance.

The morning began with a reenactment of an actual DWI situation. In this event senior Logan Carvey was driving drunk, when he hit another vehicle head on. The accident caused fellow senior Nikki Baker-Lanning to be ejected from the vehicle, causing her to be killed instantly. This reenactment

(continued on page 4)

Kyla Freeman tries, to no avail, to help her friend Nikki Baker-Lanning, the brutal victim of a DWI accident during Thursday's Mock-DWI demonstration at the high school that graphically illustrated the dire consequences of drinking and driving. (Ruth Brown photo)

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All systems go for Class of 2015's Red Carpet Affair

The long wait is nearly over for the Class of 2015. Three years of fundraising and months of planning will all come to fruition on Saturday evening when the junior class takes its walk down the "Red Carpet" at Bayshore Grove in Oswego.

Pictures will commence at 6 pm while the junior prom itself is scheduled to last from

7 to 11 pm. The preparations are likely starting hours earlier as in many cases well dressed young men and women will pose for pictures before boarding limousines and heading out to dinner.

Class advisor Mr. Lacey has his fingers crossed for decent weather on Saturday, as Bayshore Grove offers a stunning view of

Lake Ontario that will produce pictures to be cherished for years to come. But regardless of the weather it is certain to be a night to remember, with Lacey expecting somewhere in the neighborhood of 200 students at this year's event.

Juniors will be treated to cheese trays, unlimited fountain drinks and even a chocolate fountain while everyone will receive a unique prom favor based on the Red Carpet theme.

Mr. Lacey noted that the naming of this year's prom court will happen "around 10 pm," but as for giving up any hints as to who might be a part of it, he was sworn to silence. He did reveal that five candidates for queen and five king candidates will be named before the secret is announced, but "nobody has any idea who it's going to be, except for me," he joked. "It's going to be a complete surprise to everybody."

He did want students to note the address for Bayshore Grove, which is 108 Bayshore Road, Oswego, and hopes for a safe and enjoyable evening for everyone in attendance at this year's prom.

What's happening at G. Ray Bodley High School?

French Club meets every Tuesday after school in room 125.

Quirk's Players will have an important meeting today from 5:30 to 6 pm in the auditorium with information about the fall play and auditions, as well as an important trip. Practice for Friday's Drama Festival at SUNY Oswego will be held tonight from 6 to 8 pm in the auditorium.

HOPE Club meets every Monday in room 119.

Future Business Leaders of America meets every Monday in room 116.

Fultonian Yearbook meets on Tuesdays in room 102.

Any boy interested in playing summer soccer and next year there will be a mandatory information meeting on Friday, May 2 after school in room 208. See Mr. Murray prior to the meeting if you cannot attend.

What's for lunch?

Today: Fish shapes with roll, baked beans, broccoli and fruit sorbet cup with alternative of tuna fish hoagie.

Monday, May 5: Cheeseburger with green beans, baby carrots, salad and orange smiles with alternative of turkey and cheese sandwich.

Opinion

Pushing past “what if?” has made the difference

By Alexis Lastra

“What if...?” are the two words that begin the world’s most destructive questions. “What if I fall on stage?” “What if I lose the election?” “What if I say the wrong thing?”

I regret to confess that for most of my years, I’ve led a life of ‘what ifs.’ When I was younger, I constantly attempted to predict the worst consequences of my potential decisions. I continuously craved answers to questions that were frankly unanswerable. ‘What ifs’ trapped my mind in the times of the future, without allowing me to live in the present. I would sit in my room, trying to calculate and recalculate the outcomes of my actions without ever following through with them. I was hindering my own progress, entangled in my aversion to change.



“Little did I know that as I was finding solace in the comforts of monotony, I was missing out on the “roller coaster of life.” I later realized that by asking ‘what ifs’ I was trying to eliminate the true essence of life; surprise, adventure and uncertainty.”

Little did I know that as I was finding solace in the comforts of monotony, I was missing out on the “roller coaster of life.” I later realized that by asking ‘what ifs’ I was trying to eliminate the true essence of life; surprise, adventure and uncertainty. Life follows a twisted path that none of us can foresee. So, why waste time on questions that we cannot answer?

As I grew older, I slowly inched out of my comfort zone, and into the real world. I began to try new things and take risks, leaving behind the ‘what ifs.’ Without this shift in my life, I would never have been able to dance on stage or serve as the secretary of my high school class. On this journey to conquer my fears of the unknown, I’ve learned three major life lessons.

1. *Live a life of ‘oh wells,’ not a life of ‘what ifs.’*

Every time I catch myself asking another ‘what if’ question, I always come back to this idea. The pain of losing is nothing compared to the pangs of regret from not trying.

In eighth grade, after months of deciding whether to do it or not, I tried out the schools volleyball team. The try-outs had been the only thing on my mind for weeks, but the night before, I experienced a sudden wave of fear and a ‘what if’ moment.

After some time, I pushed away my anxiety, finally realizing that nothing should stop me from trying. In the end, I did not make the team. And, it did hurt, but I was able to walk away knowing that I made an effort rather than regretting not trying at all. Through this experience, I truly realized that the self-fulfillment of trying, in itself, is something to cherish and esteem to.

2. *Move from pessimism to optimism.*

Instead of asking yourself “what if I lose?” ask yourself “what if I win?” Look at the positive side of things, and don’t let the negatives hold you back from your dreams.

3. *Follow your heart, not your head.*

When making a decision, use your instincts, and go with your gut.

I truly went with my intuition in making the decision of trying out for another sport the following year, despite the fear of failure. And, after days of awaiting the results, I found out that I had made it! I realized that if something feels right, you should go for it, without worrying about the possible consequences.

Lacrosse continues to provide me with culture, happiness, excitement and energy. But had ‘what ifs’ held me back the day of my try-outs, I would not be able to enjoy all that I can today. Rather than endlessly contemplating the results of your actions beforehand, follow your heart, and just do it. Don’t get stuck in the past or future, simply move forward and enjoy the present.

Quote of the day:

“Instead of wondering when your next vacation is, maybe you should set up a life you don’t need to escape from.”

-Seth Godin



Reflections

-THE- Salon & More

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Chase for Stanley Cup enters second round

By Jason Mattice

The first round of the 2014 Stanley Cup Playoffs has come to an end as the Ducks, Kings, Wild, and Blackhawks advanced in the western Conference and the Bruins, Penguins, Canadians, and Rangers advanced in the Eastern Conference.

There have been many tough games already and the matchups are only getting better, three out of the eight first round series went to seven games including a dramatic

New Spider-man in the theaters today

Spider Man returns to the big screen today with Spider Man's Greatest Battle. The movie is being released nationwide to all viewers in 3D, 2D and in IMAX. Producers Alex Kurtzman and Roberto Orci have directed the cast that includes Andrew Garfield who plays the role Peter Parker/Spider-Man, along with Sally Field and Martin Sheen, who take the roles of May Parker and Ben Parker.

Emma Stone plays the role of Gwen Stacy while Jamie Foxx aka Electro, is a villain in this newest edition of the popular web-slinger's saga. Also falling under the villain status are Paul Giamatti, who takes the role of The Rhino, and Chris Cooper, playing longtime Spidey foe the Green Goblin.

Dane DeHaan will be sharing the spotlight as Harry Osborn, and Phil Watson, who is always trying to catch the amazing Spider Man up to no good, will be played by Brian Haley.

The story takes place in the busiest time of young Peter Parker's life between taking down bad guys as the Amazing Spider-Man and spending time with his loved ones. Graduation is coming for Peter, and things will all change a little too quickly for him when a new villain emerges who is known as Electro.

Critics give the amazing Spider-Man two thumbs up so don't forget to go and watch the latest adventures of this longtime Marvel Comics character. *By Jeff Waldron*

overtime contest in game seven of the Minnesota vs. Colorado series.

History was made in the first round in the playoffs as the Los Angeles Kings became only the fourth team in NHL history to win the series after being down three games to none.

The Kings rallied behind great goaltending by Jonathan Quick and will now face another California rival, the Anaheim Ducks, in the second round. The Ducks had the best record in the west in the regular season, and they handled the Dallas Stars in six games. The Kings and Ducks match up well and the Kings' resilience could make for an interesting series.

The Minnesota Wild barely squeaked by with Nino Niederreiter's goal in overtime over the Colorado Avalanche in a seven game series that produced four overtime games. The defending Stanley Cup champions the Chicago Blackhawks beat the St. Louis Blues in six games and they face the Wild in the second round.

The Boston Bruins easily handled the Red

Wings in five games as they look to make it back to the finals, but standing in their way are a familiar foe in the Montreal Canadiens, who are playing great hockey and coming off the only sweep of the first round over the Lightning. This will mark the 34th time the two teams have met in the playoffs, the most of any two teams in the NHL.

The Penguins beat the Blue Jackets in six games thanks to the play of Evgeni Malkin who had a hat trick in game six to give Pittsburgh the edge. The Penguins will face off against the New York Rangers, who are coming off a tough seven game series with the Philadelphia Flyers that saw them prevail 2-1 on Wednesday night to advance.

The second round of the Stanley Cup Playoffs will produce great games and intense series, and the Ducks vs. the Kings is going to be a great series to watch as the Kings are rolling in with momentum from winning four in a row and this could be another seven game series for the Kings as they will test the tough Anaheim Ducks.

Food

Festive chimichangas for Cinco de Mayo

Cinco de Mayo is this coming Monday, and this is the perfect time to start bringing out the Hispanic recipes that we all know and love. This recipe is for beef chimichangas, which are terrific and have a little kick to them. This recipe was compiled from tasteofhome.com. For these changas you will require:

- 1 pound ground beef
 - 1 can (16 ounces) refried beans
 - 1/2 cup finely chopped onion
 - 3 cans (8 ounces each) tomato sauce, divided?
 - 2 teaspoons chili powder
 - 1 teaspoon mixed garlic
 - 1/2 teaspoon ground cumin
 - 12 flour tortillas (warmed)
 - 1 can (or 4 ounces) of chopped green chiles
 - 1 can (or 4 ounces) of chopped jalapenos
 - 1 1/2 cups of cheddar cheese (shredded)
- Begin by cooking beef over medium heat

in a large skillet. Once no longer pink, stir in beans, half cup of tomato sauce, chili powder, onion, garlic and cumin.

Next spoon 1/3 cup of beef off-center into each warmed tortilla, fold the edge closest to beef up and over to cover. Now you will fold both sides in and roll up, fastening with tooth picks. Combine chilies, chopped peppers and remainder of tomato sauce and heat thoroughly.

Deep fry the chimichangas in 375 degree oil for about 1-2 minutes. When each side is browned, you will be done.

Finally drain the changas on paper towels and cover with cheese. Add a spicy habanero sauce if you like to spice up your life!

You now have 12 chimichangas for your Cinco de Mayo party or maybe just for the fantastic taste you have gained from reading these cooking articles.

Happy eating!

Compiled by Logan Aubeuf

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In the News

DWI assembly provides graphic reminder

(from page 1)

showed real life emotions from everyone who was involved and the reproduction showed what would actually happen if an accident involving a DWI were to occur.

After the scene of the accident, the students were brought inside to the auditorium where there was a mock trial, showing exactly what would happen if it were real life. Finally, the event ended with a funeral for Nikki. On stage all of the other victims of the 'accident' sat including Mark Perry, Kyla Freeman, Brad Crofoot, Katie Salmonsens, Jacob Straus, and Kaitlyn Kinney, all of whom were sitting next to the casket.

The group shared stories and memories involving Nikki, just as they would at a regular funeral. At the end of the presentation, the students in the audience were asked to come on stage and pay their respects. Once the students reached the stage and looked inside the casket, a shocking realization set in. The students were taken by surprise when they looked into the casket and there was no sign of Nikki. Instead, there was a mirror, showing their own reflection to symbolize that this tragic event could happen to ANYONE...even them.

To go along with the presentations, Robert Lighthall spoke to the students about the effects of drinking and driving. He also showed a video about a family who lost their seven-year-old daughter in a brutal drunk driving accident. When asked what advice he would give to help prevent this from happening he immediately responded with, "have a plan," noting that before someone goes out to drink, they should always make sure to have a designated driver to make sure that they get home safely.

After Mr. Lighthall was finished speaking, Shelly Potter came up and told her personal story of how a drunk driving accident affected her life. Potter told the story of how the absolute love of her life, the man she married at 18, was killed in a DWI crash five years later. She also noted that the person who killed her husband in this crash was only sentenced to four years in jail.

Mrs. Potter is now telling her story to thousands of students, in hopes that one day, if the students are in a similar situation to the one that the drunk driver was in, that they will not drive while intoxicated no matter what.

DWI accidents are more common than one may think. In 2010, 10,228 people were killed in car accidents involving alcohol. This accounted for 31% of all traffic-related deaths in the United States that year. Every single one of those deaths and accidents could have been prevented.

The assembly also stressed the number of people who are affected in these crashes in-

cluding the victim, the driver, the other passengers, classmates, and all of the parents, siblings, and relatives, as well as the police officers, EMT's and firefighters who are all on the scene. One bad decision can affect numerous lives, while dozens of broken hearts and broken bodies can be saved by the smart decision not to drink and drive.



A story of broken lives unfolded at GRB on Thursday morning during the mock DWI presentation. In the top photo Kayla Freeman points frantically to the accident scene while talking with police officers. Brad Crofoot and Katelyn Kinney react to the disaster in the bottom left photo while Logan Carvey appears in court flanked by two police officers and his lawyer in the bottom right photo. (Ruth Brown and Jack Ryan photos)

What did you think about the mock DWI assembly?



"I thought it was informational and helpful."

Julianne Zaryski



"It definitely changed my mind on drunk driving."

Staci Manford



"It was eye opening."

Paul Reynoso



"It was intense."

Zoe Bolio

Meteorology and you

By Carson Metcalf



Today:



Cloudy with rain.

55°

Average: 64°
Record: 86° (2001)

Tonight:



Cloudy with rain.

42°

Average: 42°
Record: 26° (1903)

Tomorrow:
Cloudy. Chance rain.

62°/42°

Average: 65°/43°
Rec. high/low: 88°
(2001)/27° (1911)

Sunday:

Cloudy with rain.

48°/40°

Average: 65°/43°
Record high/low: 88°
(2001)/27° (1986)

Former GRB student and current SUNY Oswego sophomore Carson Metcalf is an aspiring Meteorologist. Look for his daily weather forecasts for Fulton on RaiderNet Daily.