

Financial Aid Night set for December 8

The Guidance Department of G. Ray Bodley High School, Fulton City School District, will again host their annual Financial Aid Night for students and their parents or guardians on Monday, December 8 at 7 pm in the high school auditorium.

Becoming acquainted with the various sources of financial assistance and understanding the processes and deadlines for

applying will assure the timely submission of appropriate forms and greatly enhance the probability of receiving financial aid.

A representative from the financial aid office at the State University of New York at Oswego will present information about the types and sources of financial aid available to undergraduate students and familiarize attendees with the federal and state forms

needed to apply. Informative handouts will be available to those who attend.

All college-bound students and their parents or guardians are encouraged to attend, but this very important information will be of particular interest to seniors and their parents or guardians. The snow date is December 10 at 7 pm..



G. Ray Bodley High School, Fulton, NY

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Wednesday, November 19, 2014

What's happening at G. Ray Bodley High School?

Attention all **Mentors**: the next session is today. Pick up a bus pass in room 119.

Physicals for sports and working papers will be available on Tuesday, Nov. 25. Appointments should be made with the nurse.

Would you like to learn to ski or snowboard? The GRB **Ski & Snowboard Club** still has openings for this coming winter. See Mrs. Downing in room 212 or Mr. Ward in room 210 for details. Beginners are welcome and encouraged to give this sport a try.

The **Senior Class** officers meet every Monday after school in room 125 and all seniors are welcome to attend.

The next meeting of the **Fultonian Yearbook** will be Wednesday after school in room 102.

What's for lunch?

Today: Pizza rounds, Romaine salad with dressing, corn and mixed fruit cup.

Thursday: Hot turkey with gravy, dinner roll, whipped potatoes, butternut squash, stuffing and apple crisp.

Stay warm! It's cold out there

With winter right around the corner and the warm temperatures seemingly in the rearview mirror, it is important that we keep ourselves safe in the cold weather. As you most likely recall, last winter was harsh with temperatures that frequently dropped below zero. Now is the perfect time to prepare yourself before the temperatures hit full-force. This year we are here to help you keep warm this winter.

One important thing to remember is to protect your body from the cold. When going out in the cold weather, you should always layer your clothing. Instead of wearing one heavy layer, wear a few lighter layers. Also, make sure that whatever layer you have on the outside is water proof. Being cold and wet are two things that do not mix well.

It is also important to wear the proper clothing. A full 30% of the body's loss of heat takes place through the head. That is why wearing a hat out in the cold is a great idea when trying to keep warm. Also, instead of wearing gloves, try mittens. They keep your hands much warmer than gloves do. Most people do prefer gloves just because they are more practical, but mittens help keep your fingers nice and toasty.

(continued on page 3)



As the past few days have reminded us, colder days are here. And it won't be long until the snow starts to pile up around Central New York. With proper preparation, winter doesn't have to be your enemy. (file photo)

Advice

Things to do to break the normal routine

We have all fallen victim to the horrible monster that is the “boring daily routine.” What can we do to fight it and change up our day in some way or another?

Well, there is always the ever popular saying from people such as our parent or guardian, “why don’t you go read a book?” But as high school students I know we can do much better at coming up with things to do than read a book. (Unless you like reading books, then by all means continue!)

For starters, text or call a friend if there is no school and plan to go see a movie. Or, if you, “like me and don’t always want to spend the extra money, head to the park to go for a walk or bike

ride. It’s a great way to get out of the house along with getting in some exercise. Another thing to do to make that clock spin a little faster is to go ahead and look up online if there is anything going on in your area such as a public event like a benefit race or maybe a local concert if you are a music lover.

What to do if it’s a school day? Well for a bit we all have to hang in there until classes are over for the day but after school you can do whatever it is that your heart desires! (Homework first) If there are no athletic events going on at school grab a few of your friends and pick up a foot ball, frisbee, or kick a soccer ball around for a while. If the turf isn’t free then carpool to a local park for the afternoon for some fresh air and a game of catch.

It is ultimately up to you to choose what to do with your day or how you can pass the time. My best suggestion is to get outside and enjoy the fall weather before it’s too late and the ground is covered with all of that...well you know. Don’t forget to stay safe.

By Breanna St. Onge

**Make a difference
this holiday season!**

**the Red Cross seeks
volunteers for the annual
Red Kettle Campaign
call the Kettle Hotline at
207-3359**

FBLA Pizza Sale!

**Order by today.
Pick them up on Monday, Nov. 24**
See Mrs. Ferlito or Mrs. House for details

**Hope 4 Haiti Fundraiser
Sat. Nov. 22 @ Lakeview
Lanes**

**\$10 covers two hours of bowling and shoes
Tickets available at the door or
presale from HOPE Club mem-
bers**

Quote of the day:

“A good head and a good heart are always
a formidable combination.”

-Nelson Mandela

November Fact of the Day

Football is the most watched sport in the United States during the month of November.

November Food of the Day

November 19th- National Carbonated Drink with Caffeine Day



Reflections

-THE- Salon & More

Welcomes GRB grad Chelsea Poyneer!

608 South 4th Street-Fulton Call for an appointment today!

592-4415

Proud 20 Year sponsor of GRB Journalism

A little preparation can go a long way in Winter

(from page 1)

For all the drivers out there, it is a great idea to start the car ahead of time. Everyone knows how uncomfortable it is to get into a nice cold car after just brushing off the windshield. For that reason it's a good move to find a few minutes to just start the car ahead of time. Many people own an automatic car starter, so their car can be warmed up by the push of a button. But for those who do not, just start the car a few minutes before getting into it. Not only is it good for you because you keep warm, it is better for your car to warm up before using it so things can get a chance to wake up and work properly.

There are plenty of things that can contribute to frostbite. If you are not dressed appropriately for the brisk weather then you are likely to get frostbite. Being exposed to the damp, cold conditions such as those often experienced during the long Central New York winter is a time when you want to be

dressed warmly. Treating frostbite is way more complicated than just taking the time to dress up for the weather.

Always check the weather conditions if

you know that you will be outside for a prolonged amount of time. And above all, always be prepared and stay safe!

By Carly Williams and Casey McCann

Seniors take note!

Yearbook senior poll and senior directory forms are now available in GSH or the main office

Return them to Mr. Senecal in room

118 during GSH before Fri. Dec. 5

Don't delay, late submissions will not be accepted.

Letters policy

While we prefer school related issues, RaiderNet Daily welcomes letters on any appropriate topic. Letter writers must include their name and include their guided study hall teacher's name for verification, or they will not be printed.

All letters should be given to Mr. Senecal or e-mailed to: theraider@fulton.cnyric.org

Going someplace cool? Take

RaiderNet

Daily

with you and get your picture taken for this year's Fultonian Yearbook feature

"Where in the world is The Raider?"

The Red Raider
Den

is now open for
business!

stop by for a snack
during bells 8 and 9

Keep in touch with the Fultonian Yearbook by liking us on Facebook. Free yearbook drawing at 300 likes!



**Order your 2015 yearbook
by Monday, Dec. 22 and save \$10
Pay \$50 instead of \$60 and save some \$\$**

**A minimum \$10 down payment
reserves your book at the reduced rate!**

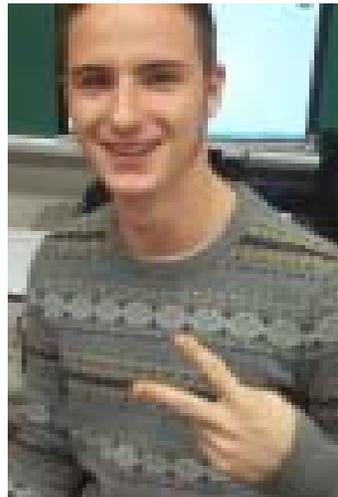
**See Mr. Senecal in room 118. Order forms will be
included with five-week reports and are also available
in the main office.**

**Submit yearbook
photos online at
www.hjshare.com
our school code is:
fultonian
Spirit Week & Fall
sports photos
needed!**

What chip potato chip flavor should Lay's come out with next?



"Strawberry."
Ryan Stanley



"Fajita Grill."
Dakota Stoutenger



"Oreo."
Donna Aiken



"Cinnamon."
Mrs. Leotta

Meteorology and you

By Carson Metcalf



Today:



Cloudy. Chance
snow showers.

28°

Average: 47°
Record: 74° (1921)

Tonight:



Cloudy. Chance
snow showers.

24°

Average: 32°
Record: 14° (1962)

Tomorrow:



Cloudy. Chance
snow showers.

30°

Average: 47°
Record: 74° (1921)

Former GRB student and current SUNY Oswego junior Carson Metcalf is an aspiring Meteorologist. Look for his daily weather forecasts for Fulton on RaiderNet Daily.