

# Staying warm is the word this time of the year

The Ski & Snowboard Club's first trip of the season was a hit last Tuesday night with the conditions being close to ideal. A weekend rainfall proceeded to clear the way for a layer of fresh powder the following days. It has been confirmed that the mountain is in fact making snow of their own as the weather continues to get colder.

However while the freezing temperatures may be excellent news for the mountain itself, for the skiers who brave the cold and the wind it means that frostbite needs to be taken seriously now more than ever.

In the past it has not been a large problem, but with the temperatures commonly dropping below zero this year, those of you who ski or snowboard or partake in any out-

door winter activity including walking to school need to be made aware of the fact that it can happen to anybody.

Frostbite can occur when skin is left exposed to freezing air or snow for an extended amount of time, although some cases can occur within 10 to 15 minutes if cold enough. So always be sure to dress in plenty of layers and check the weather before planning your days activities.

Ski and snowboard junkies, this week is going to be a cold one, so grab all the hand warmers you can stuff in your gear bag to stay warm on the slopes.

The predicted high for tonight's ski trip to Labrador Mountain is about 11 degrees and for a low it will drop well below zero when

factoring in the wind chill. However, the conditions on the slopes are said to be ideal for those crazy enough to brave the frosty temperatures.

Wearing layers in this type of weather will most definitely give everyone an advantage in getting in more runs than those who are not prepared. Keeping body heat contained is the most important thing to remember on below zero days, along with safety and keeping in mind that the human body is only made to take so much of the cold.

Don't let the cold stop you and bundle up! It is sure to be a great time this week even with the freezing temperatures. Stay safe and warm!

*By Breanna St. Onge*



G. Ray Bodley High School, Fulton, NY

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## Second deadline ahead for Fultonian Yearbook

The time to save money on the 2015 Fultonian has come and gone, but there is still time to reserve a copy of this year's yearbook. A \$10 deposit will ensure a copy of the 2015 yearbook, with the total cost set at \$60 following the end of the \$50 presale just before Christmas.

Students are strongly urged to preorder, as there will not be many books available for sale in June. "Last year we sold out, and I expect a similar result this time around," Fultonian advisor Mr. Senecal commented. "Students can preorder during guided study hall in room 118, and the forms are available in the main office or from me."

Senecal also wanted to remind seniors that the final day to order a personalized yearbook is next Tuesday, January 20. Personalization, which costs \$5, is available only to seniors.

The staff of the Fultonian has been hard at work on this year's edition and completed the first deadline on time. The second deadline is less than a week away, and the advisor is confident that this one will also be met.

So far pages involving the fall sports teams, parent recognition ads, and individual portraits have been submitted, along with spirit week, senior baby pictures, se-

nior quotes and the directory, and some other fall based events.

He did note that pictures are always needed, particularly winter sports pictures, candid and photos involving the various clubs at the high school. Pictures can be submitted very easily online through the school's yearbook company, Herff-Jones, at [www.hjshare.com](http://www.hjshare.com). Once there, the code for GRB is

fultonian, and the upload process is quite simple. Pictures can also be e-mailed to Mr. Senecal at [theraider@ful-ton.cnyric.org](mailto:theraider@ful-ton.cnyric.org), but large files are sometimes a problem, so the advisor recommends submitting through Herff-Jones if at all possible.

"We don't have any winter sports pictures at this time," he commented. "So if anyone has them, it would be greatly appreciated."

Going someplace cool? Take

**RaiderNet** Daily

with you and get your picture taken for the Fultonian Yearbook feature

**"Where in the world is The Raider?"**

### This week in Raider Sports

**Today:** Girls Bball @ Fowler (5/6:30); Bowling vs. Homer @ Mattydale (3:30); Swim @ Henninger (5:30)

**Wed, Jan. 14:** Bowling vs. Chittenango @ Mattydale (3:30); Boys Bball vs. Fowler (5:30/7:00); Boys Track @ CNYITA Meet @ OCC (4:30); Wrestling @ League Dual @ J-D (6 pm)

**Thurs. Jan. 15:** Bowling vs. CBA @ Mattydale (3:30); Swim vs. B'ville (5:30); Boys Track @ CNYITA Meet @ OCC (4:30); Wrestling @ Fairport Dual (5:00)

**Fri. Jan. 16:** Boys Bball vs. Cortland (5/6:30); Girls Bball @ Cortland (5:30/7:00); Hockey vs. Liverpool (6:00)

## Opinion

# Look ahead, but don't lose sight of the present

By Breanna St. Onge



Many seniors and even juniors have begun stressing about what to do with our lives. Choosing a career or major for college can be very difficult and often made into much more trouble than it needs to be.

However, we must think about the fact that everything can change, even our minds. So why put so much pressure on choosing something that may not mean a thing to us five years from now? We have our entire lives to figure out what we want to do or who we want to be. Life will constantly change, no matter how much we try to plan it out.

Nothing is guaranteed. Now is not the time to make life decisions. Now is the time to choose things to do that interest what you care about now, because right now is the only thing that you are guaranteed.

Take chances and travel outside of your comfort zone, you will never know if you like something new unless you go out and do it for yourself. Experience things first hand. Many people surprise themselves with what they discover through trying new activities.

Remember the saying we all got as kids while at the dinner table, "you'll never know if you like it until you try it?" Turns out it still

applies today.

Don't waste your time worrying about the future five years from now. It is not going to do you any good because the fact of the matter is that things constantly change and there is nothing in our lives that is set in stone.

Yes, it is an excellent idea to do well in and outside of school to better your opportunities for the future, but don't overdo it. We are still in high school, we are still young. Be responsible but don't forget to have fun in the process. You will regret 100% of the chances you didn't take.

## Bizarre news of the day:

### Good thing it wasn't ketchup

A six-vehicle pileup on Interstate 90 in South Dakota left the road covered in 500 pounds of McDonald's french fries. McCook County emergency personnel spent Friday morning removing the fries from the road. One of the vehicles involved was a semi carrying a load of McDonald's french fries.

Emergency Manager Brad Stiefvater says crews had to use a plow to remove fries that spilled onto the road. As a possible reason for why this happened, Mr. Stiefvater said, "the vehicles collided near Salem due to zero-visibility conditions on the interstate due to snow." The report stated that no one was injured.

*Compiled by Jackson Truong*

## What's happening at G. Ray Bodley High School?

The next meeting of the **Fultonian Yearbook** will be on Wednesday after school in room 102. All members are urged to attend.

The **Senior Class** officers meet every Monday after school in room 125 and all seniors are welcome to attend.

**Spring Driver Ed.** packets are now available in the Guidance Office. Students who reach their 16th birthday on or before February 3, 2015 are eligible to apply.

**Sarah Halstead**, a 2014 graduate of GRB and current Wells College freshman, will be in the Guidance Office today during Guided Study hall. Anyone interested in hearing about her experiences can come with a pass from their Guided study hall teacher.

Attention all **mentors**: the next mentoring day will be mentoring at Fairgrieve Elementary Wednesday, January 21st. Please let Mrs. Cronk know if you are unable to at-

tend.

**History Club** will be taking its yearbook photo today after school at 2:30. The meeting will take place in room 219.

**Seniors take note!** The final day to order a personalized yearbook is next Tuesday, Jan. 20. See Mr. Senecal in room 118 during guided study hall. Cost for personalization is \$5. Yearbook preorders are still being accepted. The cost is \$60, but a \$10 down payment will reserve your copy of the 2015 Fultonian.

## What's for lunch?

**Today:** Popcorn chicken with tomato soup, sweet potato bites, peas and fruit cup.

**Wednesday:** Cheese pizza with green salad and dressing, corn and orange smiles.

**Book now for  
the prom and  
dinner dance!**

## Reflections

**-THE- Salon & More**

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Call for an appointment today!

Phone: 592-4415

*Proud 25 Year sponsor  
of GRB Journalism*

## What do you think about the Lip-sync contest being cancelled?



"I'm indifferent, we have the talent show anyway."

Emma Harvey



"I honestly didn't see it going anywhere."

Jennah Lamb



"No opinion."

Devon Russell



"It could have raised us a lot of money."

Mitch Woodworth

# Meteorology and you

By Carson Metcalf



Today:



Sun and clouds.

**10°**

Average: 31°  
Record: 68° (1932)

Tonight:



Partly cloudy.

**-4°**

Average: 16°  
Record: -22° (1914)

Tomorrow:



Partly cloudy.

**20°**

Average: 31°  
Record: 69° (1995)

Former GRB student and current SUNY Oswego junior Carson Metcalf is an aspiring Meteorologist. Look for his daily weather forecasts for Fulton on RaiderNet Daily.