



A handful of students volunteered their time this past Saturday shoveling a huge walkway/path to a paddock so the horses could get outside for fresh air. They volunteered at Little Apple Stables in Central Square. The students also got a tour of the stables, met the horses, and learned more about this volunteer organization. Pictured: Jenna Ruzekowicz, Thomas Distin, Nick Riciputo, Mrs. Ruzekowicz, Victoria Crego, and Liliana Rivera. (submitted photo)

Pennies for Patients benefits underway

Did you know that there are 327,520 people living with or in remission from leukemia in the U.S.?

Student Senate is coordinating the Pennies for Patients campaign again this year for the Leukemia and Lymphoma Society. All classrooms should have received a clear plastic container to collect student and faculty donations. If you have not received a container, please contact Mrs. Ferlito or Kendra Tryniski. The teacher that collects the most money will win a donut party for their GSH or class.

Canisters must be returned to Mrs. Ferlito by the end of the day on Friday, April 10th so the donations can be calculated and the winning GSH or class can be announced.

The winning GSH or class will receive their party on Monday, April 13th.

Meet the Cast: Thoroughly Modern Millie

Kathryn Salmonsens

Katie joined Quirks Players in 10th grade and has had a love of the stage ever since. She has previously starred as Little Heidi in *What the Bellhop Saw* and Jessica Cranshaw in *Curtains*.

This time around, Katie will play the vivacious Miss Dorothy Brown, best



friend to Millie Dillmount. "I feel like my natural personality is similar to that of Dorothy Brown, which has helped me develop my character," she said before

then corrects herself, "Miss Dorothy Brown."

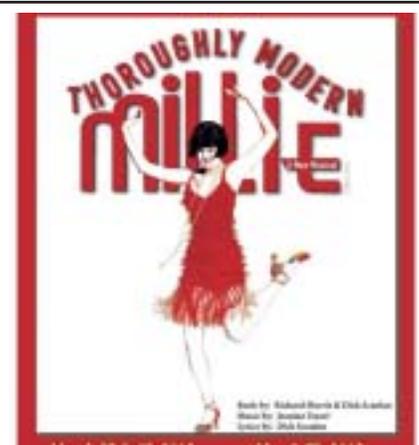
David Houck



David has played many great roles during his time as a Quirk's Player and this show will be no different.

He has been a member of the ensemble in several productions since his seventh grade year and has also portrayed Bobby Pepper in *Curtains* and Jacques Clouseau in *The Pink Panther*, to name two of his most recent roles. Now, he will play Jimmy Smith. He says, "I get to play a suave city playboy. It's a very entertaining role."

Look for more cast profiles in the days leading up to *Thoroughly Modern Millie!*



2 Days until
Quirk's Players
present:
**Thoroughly
Modern Millie**
Thurs & Fri March 5-6
@ 7:30 pm
Sat March 7
2 pm & 7:30 pm
GRB Auditorium

In the News

C. diff infection is becoming a major concern

A new life-threatening infection is become more and more rampant. Clostridium difficile or more commonly known as C. diff, strikes approximately 500,000 Americans every year. The infections are caused by bacteria, which can lead to deadly diarrhea and permanent damage to the colon. Cases approximately doubled between 2000 and 2010 according to the Center for Disease Control and Prevention.

One out of three of these infections occur in someone 65 and older. People 65 and older are also account for the most deaths from the infection. About one-fifth of all infections are found in healthcare associated buildings and hospitals. According to the Center for Disease Control it is costing approximately 4.8 billion dollars a year to combat the infection. Approximately 20 Percent of cases are found in medicinal clinics and building, leaving the remaining 80 Percent to be picked up from doctor check-ups and hospital visits.

The C.D.C. says that regularly washing your hands will remove and kill the harmful bacteria , but the strain is immune to hand sanitizer. Although antibiotics can save lives, healthy people also can develop C. diff infections after taking antibiotics for illnesses as mild as urinary tract infections. The happens because antibiotics can also kill the body's healthy bacteria that is combating the unhealthy ones. This will cause people to be more susceptible to infections and sickness.

Hospitals and nursing homes have worked for years to combination C. diff, and after the new study agree that the country needs to be more aware and to do more to prevent C. diff outbreaks nationwide. England has reduced the number of C. diff infections by more than 60% by encouraging people to use antibiotics more carefully and Canadian hospitals have found that reducing antibiotic use 10% was associated with a 34% drop in C. diff cases. The C.D.C. also suggests that people who are prescribed antibiotics should take the full dose exactly as prescribed, instead of stopping medications simply because they feel better. If not then the bacteria could develop an immunity to current medicine.

Some C. diff infections are hard to treat, but In recent years, doctors have had success treating the infections with fecal transplants, which help restore the stomach's normal bacteria. About 94 percent of infected patients were cured. With this in mind, C. diff is a preventable infection, and perhaps the bacteria will end at you.

By Jackson Truong

What's happening at G. Ray Bodley High School?

There will be a quick meeting for everyone interested in playing **football in the fall** today after school in room 209. Important spring and summer items will be discussed.

Any boys who missed sign-ups for **Outdoor track** should see Mr. Wasacz in room 101. Any girls who missed sign-ups should see Ms. Sharkey in the back gym.

The **Senior Class** officers meet every Monday after school in room 125 and all seniors are welcome to attend.

Physicals for spring sports will be available at GRB on March 4. Signups are currently underway in the nurse's office to make an appointment.

French Club, German Club and Spanish Club will hold the annual window painting event and have a snack after school today from 2:30 to 4 pm. Sign up with a LOTE teacher.

There will be a **Lacrosse meeting** on Thursday, March 5, in room 203 (Mr. Beckwith) from 2:30-3:15 for JV and Varsity Boys who are interested in playing. In addition, a pencil is REQUIRED!

For anyone interested in trying out for **JV or Varsity baseball**, please sign up with Mr. Tombs in room 233 during the day. He will also be in room 233 after school until 2:45 every day.

What's for lunch?

Today: Popcorn chicken with tomato soup, spinach, sweet potato bites and orange smiles

Wednesday: Cheese pizza with green beans, baby carrots and fresh apple

Quote of the day:

"A negative mind will never give you a positive life."

-Unknown

Book now for the prom and dinner dance!

Reflections

-THE- Salon & More

608 South 4th Street-Fulton

Call for an appointment today!

Phone: 592-4415

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How long will it be until the snow melts ?



"Like two weeks."

Emma Harvey



"Probably three weeks"

Steven Stoutenger



"Never"

Devin Johnson



"Four weeks"

Shawn Walberger

Meteorology and you

By Carson Metcalf



Today:



Cloudy with snows.

28°

Average: 38°
Record: 63° (2002)

Tonight:



Cloudy with snow.

25°

Average: 21°
Record: -9° (1950)

Tomorrow:



Cloudy with rain/snow.

35°

Average: 39°
Record: 63° (1974)

Former GRB student and current SUNY Oswego junior Carson Metcalf is an aspiring Meteorologist. Look for his daily weather forecasts for Fulton on RaiderNet Daily.