

Haiti trip provides an unforgettable experience

By Lexi Abelgore

While most people spent the recent spring breaks cooped up at home or perhaps on a trip visiting family, six G. Ray Bodley High School students and four teachers spent their week off helping those in need. Kendra Tryniski, Kaitlyn Kinney, Lilliana Rivera, Jennah Lamb, Kennedie Coyne and Katie Salmonsens, along with Mrs. Cronk, Mrs. LaDuc, Mrs. Reese and Mrs. Hill went on a volunteer trip to Haiti where they made their mark and made a difference. They installed bio sand water filters, worked in the coffee fields and spent time with Haitian children. The trip was a success and definitely memorable for the girls.

There were certain to be some differences between America and Haiti. The girls agreed that a notable difference was the traffic. They described it as “outrageous.” There were no lines painted on the streets to mark lanes and during their whole stay, they saw approximately two traffic lights. Another huge variance was that there was garbage all over the streets in Haiti. Kaitlyn also said that all of the people were really friendly and really happy.

As far as similarities go, Kaitlyn says, “We all have the same dreams and aspirations. It’s just different on how we get to pursue them.” She went on to say that, “There are so many opportunities [in America] to achieve any dream and it’s almost impossible for them.” When the kids were asked what they want to be when they grow up, they said such things as police officer, doctor and engineer. The girls noticed that people in both countries have the same goals and hopes. It is just not as easy to achieve those dreams in third world countries such as Haiti.

Prior to the trip, the girls mentioned that one of their biggest worries was about the food. Despite their unease, all of the girls agreed that the food was delicious! They ate a lot of fresh and ripe fruits and vegetables. They also used various spices in all their dishes, so the food had a kick to it. As ex-



G. Ray Bodley High School and the HOPE Club took their motto of “Helping Other People Everywhere” literally during the recent spring break as six students and four teachers travelled to Haiti to help others in need. Proudly displaying GRB’s own RaiderNet Daily from left to right they are Kennedie Coyne, Kendra Tryniski, Kaitlyn Kinney, Jennah Lamb, Mrs. Hill, Lilliana Rivera, Mrs. LaDuc, Katie Salmonsens, Mrs. Reese and HOPE Club Advisor Mrs. Cronk.

pected, they ate a lot of rice and beans, but overall, it was an enjoyable eating experience for all of them.

The trip was sure to be filled with influential and touching moments for the girls. Katie says her best moments were when she was working with the kids. “Seeing the kids really connecting with us and loving us and being genuinely grateful that we were there was incredible.” Kaitlyn gave an example of the children’s love for the girls by saying that the kids would follow them around everywhere and always wanted to be around them.

All of the girls, at the same time, said that they would definitely go back to Haiti for another volunteer trip. Katie even said she wishes she was there right now, while Kaitlyn says she wishes she never even had to leave. Because of the trip, the girls are even more thankful for what we have in America that other countries do not have. Kendra said, “It was really nice to come home and appre-

ciate it even more. Coming back to America, I was like ‘I love America.’ I’m so grateful that we were born here.” Katie added, “You really win the lottery if you’re born in America.”

Lilliana noted that she hoped to make a difference in the lives of the Haitian children, but in reality, “they made a difference in my life,” as she has gained an even greater appreciation for everyday things that most Americans take for granted, such as the availability of clean drinking water, electricity, and going to school.

One of the best parts of this trip, apart from all the Haitian friends they made, was the connection that the six girls made with each other. Kendra says, “We’re all so much closer now after the trip.”

These ten women have been an inspiration to our school community and to all those that know them. GRB is proud to have had our very own make a difference in the world.

Opinion

Benefits of community service are far reaching

By Carly Williams

It is a requirement that all seniors in the Participation in Government class complete ten hours of community service. The requirement must be met or there is no chance of passing the course, which means no graduation! While many students dread completing the community service, there are actually many benefits that come out of it, both for the person who is volunteering and for the people who are affected by it.



Volunteering makes a student stick out to a future employer. If they have to choose between someone who does not do much for the community or someone who is very active in the community, it is obvious who the better choice will be.

You know what they say about first impressions, you do not get a second chance. Employers look for people who make a good impression.

There could be a profession that you are interested in, and volunteering at that specific job can provide numerous benefits. Before pouring money into schooling for a working field, volunteering is a great way to get a feel for things. You may volunteer and realize that it is not what you actually want to do, and in doing that you save yourself from spending tons of money for no reason.

Community service also offers the opportunity for meeting new people. Making new friends has plenty of benefits in itself. You could build new friendships with people that can last a lifetime. It could also bring you closer to your community by becoming more of an active member.

If you are a person who lacks social skills, volunteering in your community can actually help you gain the social skills that you may be lacking. It is a great way to reach out to people you would not typically be comfortable talking to.

You would be surprised how many great people you could meet just by putting yourself out there. Of course it will take time to break out of your shell, but I promise it is worth it. Some people are just naturally outgoing, and others are shy, but that is okay, and easy to fix!

And best of all, community service just feels good. Knowing that you helped someone out who needed it provides a sense of accomplishment. Every little bit that you do for your community adds up and is always appreciated.

Volunteering is a great thing to do for yourself and for the larger world around you. Before you complain about it, take a step back and look a little further into why you should be volunteering, even when a class does not force you to!

What's happening at G. Ray Bodley High School?

There is a mandatory meeting today after school in the auditorium for all **seniors planning on attending the senior trip**.

Attention all **junior class** students! Don't forget that the prom is on Saturday, May 2 from 7-11 and prom tickets are \$50 each.

Attention Sophomores & Juniors: Rotary Youth Leadership applications are available in the guidance office.

Seniors: There are lots of Scholarships available in the guidance office during the month of April and beginning of May. Please make sure to watch for the deadline dates. Most scholarships that are posted at this time will have a Fulton student winner.

Quirk's Players will hold an important meeting on Wednesday, April 15 at 2:30 pm in room 104 to discuss important activities and events. All members are encouraged to attend.

What's for lunch?

Today: Hamburger or cheeseburger on a bun, sweet potato fries, corn and mixed fruit.

Tuesday: popcorn chicken with dipping sauce with spinach, carrots and pears.

Quote of the day:

"A dream is your creative vision for your life in the future. You must break out of your current comfort zone and become comfortable with the unfamiliar and the unknown."

-Dennis Waitley

Book now for the prom and dinner dance!

Reflections

-THE- Salon & More
608 South 4th Street-Fulton
Call for an appointment today!
Phone: 592-4415
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Raider Sports

Raider girls notch fourth victory in five tries

McKenna Chesbro scored five times and added an assist to help lead the Raider girls lacrosse team to a 13-10 victory over visiting New Hartford on Saturday. Improving to 4-1 overall Fulton also picked up a big seven point showing from Keara Patterson with

Key soccer meeting Thursday

Any boy interested in playing soccer next year at any level should attend a very brief meeting after school on Thursday, April 16 in room 115. Important information regarding spring and summer programs will be distributed.

three goals and four assists while Jordan Coulon added three goals and an assist.

Mallori Kitts and Taylor Kesterke notched assists and Kaylin Pafumi turned back six shots for the Raiders, who will face a stern test on Wednesday when they travel to Jamesville-Dewitt.

Mary Stuhlman answered with four goals and Alex Kopcza had a goal and three assists for the Warriors, who fell to 0-2 with the loss.

2015 football schedule features key home clashes

The 2015 football season may still be months away, but the Raiders already have their sights set on revenge when action kicks off on September 4 on the same field where their Section 3 hopes came to an end last season. It will be a tall task for Coach Rothrock's crew when they travel to Carthage to face the always powerful Comets in a non-league game that will set the stage for an exciting schedule that will feature four home games including a September 26th Homecoming match-up against rival Oswego.

Fulton will also get a baptism of fire at the end of August when the Raiders travel to Indian River to meet the defending state champion Warriors in a 10 am scrimmage.

Three of the team's four league encounters will take place on the friendly confines including key match-ups against Jamesville-Dewitt on September 11 and a senior night showdown with defending American Division kingpins East Syracuse-Minoa on October 9. Other non-league foes include Whitesboro and Watertown as the team looks to take the next step following last fall's strong performance.

Despite graduating All-CNY performers Chris Green and leading tackler David Hursch, there is plenty of reason for optimism coming off a 3-1 league, 4-5 overall campaign. Running back Quinton Jackson, a first team Class A American all-star in 2014 ran for 1259 yards on 178 carries with 15 touchdowns while sophomore Mike Peck picked up 509 yards and averaged 8.9 yards per carry.

Quarterback Cody Green threw for 1053 yards and nine touchdowns while also rushing for 238 yards with five scores, on a team that placed 15 players on the Class A American All-League team.

2015 Red Raider Football

- Aug. 29 @ Indian River (scrimmage 10 am)
 - Sept. 4 @ Carthage (7 pm)
 - Sept. 11 vs. Jamesville-Dewitt (6:30 pm)*
 - Sept. 18 @ Fowler (6 pm)*
 - Sept. 26 vs. Oswego (1 pm)*
 - Oct. 2 @ Whitesboro (7pm)
 - Oct. 9 vs. East Syracuse-Minoa (6:30)*-senior night
 - Oct. 16 vs. Watertown (6:30)
- *-league games

This week in Raider Sports

Today: Tennis vs. Cortland; Boys V lax vs. OCS (6 pm).
Tues. April 14: JGirls lax @ CBA (JV-5/V-6:45); Softball @ Cortland; Baseball @ Cortland.
Wed. April 15: Track vs. Oswego; Tennis @ Phoenix.
Thurs. April 16: Boys V lax @ C.Square (5:30); Girls lax @ J-D (JV-4:30/V-6); V baseball @ Marcellus; JV baseball vs. Marcellus.
Fri. April 17: V baseball vs. Chittenango @ OCC (7 pm).
Sat. April 18: Tennis @ Oswego (10 am); Girls lax @ Oswego (JV-10 am/V-1 pm); Softball @ Oswego (10 am); Boys lax @ Oswego (JV-noon/V-3 pm); Baseball @ Oswego (JV-10 am/V-noon); V baseball vs. ES-M @ OCC (4 pm); Track @ Tully (noon).
(all games at 4:30 pm unless noted. Due to weather conditions, this schedule is subject to change)



Prom Dress Sale

April 20-21

Donate gently used dresses, shoes and accessories.

See Mrs. Simonds or Mrs. Meeks for more information.

**The Red Raider Den
is now open for business!
stop by for a snack bells 8 and 9**

Keep in touch with the Fultonian Yearbook by liking us on Facebook. Free yearbook drawing at 500 likes!



When do you think it will be above 70 degrees?



"April 21st."

Bryanna Tanner



"April 14th."

Mrs. Willams



"Never, we live in the snow capital of the world."

Shelby Drake



"April 21st".

Ryan Stanley

Meteorology and you

Today:

Tonight:

Tomorrow:

By Carson Metcalf



Sun and clouds.

70°

Average: 56°
Record: 85° (1946)



Chance rain.

41°

Average: 36°
Record: 21° (1914)



Sun and clouds.

58°

Average: 57°
Record: 83° (1968)



Former GRB student and current SUNY Oswego junior Carson Metcalf is an aspiring Meteorologist. Look for his daily weather forecasts for Fulton on RaiderNet Daily.