

Domestic violence comes in many forms

Domestic violence is when a partner in an intimate relationship uses abuse to gain or maintain power and control over the other partner. The abuse that many think of with Domestic Violence is physical abuse, but there are other types of abuse used.

Emotional and verbal abuse are used often to cause emotional pain to one partner. There may be name calling, threats and blame that go along with this. "I wouldn't have to raise my voice/call you names/make you cry if you just..." Also, an abusive person may not allow their partner to have friends or talk to family.

Financial abuse is when one partner controls what their partner is spending. The abusive person does not want the other person to have freedom. Sometimes, one person is not allowed to have job, or is made to feel guilty for having one in order for their partner to have the control over the money.

Sexual abuse is used in domestic violence as well, when one part-

ner may persuade or force themselves onto their partner when their partner does not want this contact. Just because someone is in a relationship with someone and doesn't say no, does not mean they say yes.

Physical violence consists of hitting, slapping, biting, punching, kicking, pulling hair, forcing sexual contact, pushing or pulling, grabbing your face to make you look at them, or using a weapon against you. With physical violence, you may not always see the bruises or marks. Abusers are really good at making it seem they are loving, doting, and full of compassion when others are around. But it is important to remember that loving someone shouldn't hurt.

If you or anyone you know is a victim of Domestic Violence, you can contact your Advocate in room 181 on Mondays and Wednesdays for confidential help, or call 342-1600.



G. Ray Bodley High School, Fulton, NY

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Swimmers seek jump on upcoming season

By Caleb Almeter

The Fulton Varsity Swim Team is starting early this season, hoping to get its swimmers in shape as soon as possible.

The meeting that took place last Friday was held to officially inform the team of something new it will be trying this fall. Until the official start of the season the head coach, Coach Lacey, will hold a short practice at Granby every Monday and Wednesday.

These practices will not be mandatory for the members of the team, but should be useful to get many people in shape pre-season. The focus will be on technique before strength for now, which will be helpful for any newcomers.

Coach Lacey hopes that these practices should help everyone "to get the technique there," so that less work needs to be done at the beginning of the season in November.

This year promises to be a good one for the team. As it has for the past few years, the team has grown in number, and has a strong group of seniors who hope to go out with an excellent final season. Coach Lacey

is looking forward to "the continued improvement of the swimmers from last season," as well as the skill development of its newcomers. Everyone involved with the team hopes for a strong season with many

successful meets.

Swim season officially begins on November 10, and the Raiders plan to be ready for it.

Ski & Snowboard Club names officers

The snow won't fly for a few more months, but the Ski & Snowboard Club has already started preparing for this year's excursions to Labrador Mountain. Club Advisor Mrs. Downing announced this year's officers on Wednesday with senior Austin Wilde set to serve as president with fellow twelfth grader Scott Littleton as vice-president.

Seniors Olivia Coakley and Amanda Blake will serve as treasurer and secretary respectively. Anyone interested in taking part in this year's club should contact Mrs. Downing or Mrs. Ryan as soon as possible.

Fast starting Raiders face J-D today

The Fulton boys varsity soccer team is making waves as a major contender for the sectional title this year. With a record of 10 wins 2 loss and 1 draw the Raiders plan to still be playing deep into the postseason according to senior captain Austin Wilde.

The team is in full form at this point of the season with Austin Beckwith leading the drive with 12 goals so far this season. Possibly the most outstanding performer is senior goalkeeper Josh Hudson, who in his first year as a starter has already recorded 72 saves and seven shutouts. The Raider defense has also been playing well while only allowing five goals in their first eight games led by seniors Garrett Roik and David Tallents. The team faces a major test this afternoon when they travel to Jamesville-Dewitt to face the always tough Red Rams.

By Mitch Nelson

Opinion

Planned Parenthood foes miss the bigger picture

By Makalia Majeski

The government is on the warpath, and it has nothing to do with terrorism. Instead the government is attacking vaginas, breasts, arms and eyes.

Over the past several weeks all throughout the news, radio, and magazines the words Planned Parenthood have been uttered, then it is normally followed by an explanation on how someone is going to either cut their funding or eradicate them completely. Usually these opponents of Planned Parenthood point to their role in legal abortions, but in doing this they are missing the big picture.

So what exactly is Planned Parenthood, and is it vital to have in our society? Planned Parenthood is a nonprofit organization. Some of the things the organization offers include extensive knowledge on women's health as well as men's health. They do regular check



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ups, breast examinations and mammography for free.

Other things Planned Parenthood offers are a variety of counseling options, including one on one, child, and couples counselling. The organization also makes a great deal of effort on educating young people on puberty and sex. Planned Parenthood wants to make sure people are being sexually safe.

They also educate teens on sex when their parents are too afraid to talk to them about it. The organization also provides birth con-

What's for lunch?

Today: Pork patty on a roll with whipped potatoes, corn and apple crisp

Friday: Fish treasures with steamed broccoli, baked beans and mixed fruit

trol and condoms because they know that not every teen is going to practice abstinence.

Planned Parenthood is not just about abortions; even though they do perform and educate people on those.

What's happening at G. Ray Bodley High School?

The next meeting of the **Fultonian Yearbook** is Tuesday after school in room 102. New members welcome.

Seniors take note: College Fair Day at Cayuga Community College is set for October 22 from 9 to 10 am. Permission slips are available in the guidance office.

AM BOCES students will not attend Citi on Wednesday, Oct. 14 due to the PSAT exam. Afternoon students will be able to take the bus following the exam.

The **Class of 2019** will be selling pizza slices and bottled water after school on Tuesdays and Thursdays for \$1.50.

Spanish Club will celebrate Dia de los Muertos on Tuesday, Oct. 13 after school in room 128. Join the fun and learn about this tradition. Paperwork and money for the Spanish Club field trip need to be turned in by Friday, Oct. 16.

History Club will meet today after school in room 219 to work on National History Day projects. New members are welcome.

CITI will be closed on Friday, Oct. 9. AM students who arrive on 7:30 transportation will spend their morning in the library, or must come to school no later than 11:28. PM Citi students needing transportation home at 11:28 must contact the transportation office at 593-5514.

The HOPE Club is expanding its mentoring program to all of the elementary schools, so more mentors are needed! See Mrs. Cronk in room 119 or Mrs. LaDuc in room 220 to find out more information and to pick up a mentoring application. Make a difference in the life of a young student by becoming a part of this great program. Applications are due by Friday, Oct. 9.

Welcome back!

A new school year, a new look

Welcome aboard to the
Class of 2019

Reflections

-THE- Salon & More
608 South 4th Street-Fulton
(across from McDonalds)
Call for an appointment today!
Phone: 592-4415

*Proud 25 Year sponsor
of GRB Journalism*

Opinion

Quirk's hard at work on *What the Rabbi Saw*

By Zachary Almeter

This is Rabbi Huchelman, also known as Zachary Almeter, once again here to provide an update on the progression of *What the Rabbi Saw*.

There are now just two weeks left until performances begin, and leaps and bounds in character development have been made.

The members of Quirk's Players have been drawing inspiration from some pretty incredible sources. Jeremy Herelowski is modeling his character's voice after that of Elaine's father from the *Seinfeld* episode "The Jacket," while Mike Mankewicz and David Houck are drawing inspiration from Ross and Chandler, respectively, from the television show *Friends*.

Brandon Webb and Gina Babcock are striving to emulate the two main characters from the movie *My Cousin Vinny*. (Coincidentally enough, Brandon's character is named Vinnie.)



Quirk's Players recently went off book, and as a result, the results have been mixed. As is often the case, a large number of cast members are now having serious trouble with their lines, jumping ahead in the dialogue and thus cutting out a lot of funny lines, and creating very long pauses in the flow of the play.

The cast members are eagerly awaiting the arrival of the scenery, which is being designed by the same people who designed the set for *Thoroughly Modern Millie* last spring and is scheduled to arrive here Columbus Day weekend.

In short, there are a lot of things going right in the play, but there are also a lot of things to work on. All of us here at Quirk's Players will continue to work as hard as we possibly can to ensure a production that is as flawless and funny as possible.

What the Rabbi Saw will be performed on Thursday, Friday and Saturday October 22-24 at 7:30 pm each evening in the G. Ray Bodley High School auditorium. Be sure to check out our cast profiles, beginning next week in RaiderNet Daily.

Road trip! Lake George Oktoberfest offers family fun

The fifth annual Oktoberfest is coming up this weekend in Lake George. While it is a three hour drive, it could be a fun event for the whole family.

The adults (21+) can sit back and enjoy the music and dancing while drinking some authentic German beer (underage drinking isn't encouraged by G. Ray Bodley High School or *RaiderNet Daily*). There will also be a yodeling contest, so get ready for some good old-fashioned fun.

For the boys out there trying to prove their

strength, there will be a Keg Toss, and a Roll-out-the-Barrell race. A contest without need for such strength would be the Pretzel Toss that the whole family could participate in.

Children are encouraged to come as well, as there will be face painting (any age is accepted for those young at heart), pony rides, pumpkin painting, games, and a bounce house. There will also be an arts and craft show for those interested in the arts.

The trip will surely pay for itself with the fun and games for the whole family or a

group of friends.

By Cassidy Bowering

Raider runners just miss

The difference between victory and defeat was a matter of seconds on Wednesday when Central Square eased past Fulton 27-28 in boys cross country. Sean Kuehn won the race for the Redhawks by a six second margin over Fulton's Dan Phillips (17:19) and Ken Deloff (17:20) with Isaac Crandall placing third for the Raiders at 17:28.

Central Square owned the next four places to secure the slim margin of victory, grabbing eighth place by a slim five second margin over Fulton's Tyler Ruttan.

For the girls Marissa Livoti was the only Fulton runner to crack the top ten as she placed fourth with a time of 22:43.

In golf action on Wednesday Hunter Hubel beat the cut to qualify for the state tournament with an 18 hole score of 82.

Seniors take note!

Prom and baby pictures must be turned in by Tuesday, Nov. 3

Bring them to Mr. Senecal in room 118

Submitted senior portraits and parent recognition ads are also due by Nov. 3

This week in Raider Sports

Today: JV football @ ES-M (4:0); Boys soccer @ J-D (4:30); Girls soccer vs. J-D (JV-4:30/V-6); Vball vs. J-D (JV-5/V-6:30)

Fri. Oct. 9: V football vs. ES-M (6:30)

Sat. Oct. 10: Boys soccer @ Liverpool (noon); V Vball @ Pittsford Tourney (9:30 am)



Keep in touch with the Fultonian Yearbook by liking us on Facebook.

Submit photos at www.hjeshare.com
School code: fultonian!

Meetings Tuesdays in room 102



What are you going to be doing this season?



"Playing basketball."

Kate Myers



"Cheerleading."

Bobbi-jo Matthews



"Pheasant hunting."

Mr. Rothrock



"Attending youth soccer games, carving pumpkins and baking yummy food."

Mrs. Kent

Meteorology and you

Today:

Tonight:

Tomorrow:

By Carson Metcalf



Sunny skies

58°

Average: 63°
Record: 83° (1916)



Cloudy skies

50°

Average: 44°
Record: 29° (1954)



Rain showers

62°

Average: 63°
Record: 85° (1949)



Former GRB student and current SUNY Oswego senior Carson Metcalf is an aspiring Meteorologist. Look for his daily weather forecasts for Fulton on RaiderNet Daily.