

Raiders post big Friday wins on ice, court

Opportunity came knocking in a big way on Friday night and the Red Raider icemen more than answered the call with a dominating 4-0 victory over Liverpool. Leapfrogging past the Warriors into third place the race for a Division I American Conference playoff position, the Raiders extended their unbeaten run in decisive fashion in a game they had to win.

Fulton led from start to finish with solo markers in the first two periods and a two goal third stanza as part of a 29-13 shot barrage on the Warrior goal. Four different goal

scorers led the Raiders to victory as Stan Kubis and Austin Vashaw counted a goal and assist apiece while Ben Perl and Josh Dynka added solo markers. Evan Beckwith, Rocco Cannata and Caleb Clarke dished out assists and Spencer Evans turned back all 13 Liverpool tries to record his second shutout of the season.

The win extended the team's longest unbeaten run in over 15 years to eight games (7-0-1) and propelled the 8-7-1 Raiders over the .500 mark for the first time since opening night. Continuing their climb out of a

1-7 start the victory upped Fulton's league record to 5-4-1 at the expense of the 4-6 league, 9-7 overall Warriors.

Girls tame Mustangs

The Fulton girls basketball team also continued its impressive season with a 43-32 victory over Marcellus on Friday. The Lady Raiders battled to a 12-8 lead through the first eight minutes and outscored the Mustangs in all four quarters while improving to 11-5 on the season. A low scoring second quarter produced a 20-12 halftime advantage

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G. Ray Bodley High School, Fulton, NY

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Honor Society welcomes new members

The National Honor Society induction ceremony last Monday was a success, and a proud moment for many G. Ray Bodley High School students and their families.

For an event honoring almost 50 inductees, the ceremony was short and sweet. The officers, the advisor Mr. Nate Fasulo, G. Ray Bodley High School Principal Mrs. Parkhurst and Assistant Superintendent Mrs. Connors each spoke, and then the officers introduced the juniors and seniors joining NHS.

New inductees who were honored at the ceremony included Donna Aiken, Aryelle Barbagallo, Frank Barbagallo, Evan

Beckwith, Trent Berry, Amanda Blake, Miwa Burdic and Emily Bush along with Marshall Carvey, Catherine Cianfarano, Shawna Cooper, Kenneth Deloff, Stephanie Fowler, Emily Gerth and Sydney Gilmore. Also honored were Nicole Hansen, Sydney Harrington, Mallory Harter, Jeremy Herlowski, Daniel Hotaling, David Houck, Victoria Izyk and Karly Kearns as well as Trey LaRock, Carissa Lee, Michael Mankiewicz, Ryan Morehouse, Deirdre Murphy, Megan Nicholson and Kyle Perry.

Other new inductees included Miranda Prosser, Sarah Rice, Alysa Rosenbarker, Cole Rothrock, Paige Rowlee, Nathan Shaw

and Dakota Stoutenger. Rounding out the list were Sarah Tallents, Sydney Tetro, Sabrina Verdoliva, Makhali Voss, Emma Warren, Malcolm Wattering Jr., Ethan Wright, Andrew Yankowsky, Abbey Zych and Shannon Zych.

The event was for the most part run by the officers, and went smoothly. The candles were lit, the pledge was spoken and the inductees were officially joined. It was good to see the ranks of the National Honor Society increase, and see the achievements of our hard-working students get the recognition they deserve.

By Caleb Almeter



Opinion

Breastfeeding stigma needs to be addressed

By Cassidy Bowering

While a recent study shows that babies who are breastfed have higher IQs, education, and income, it is still shamed upon to breastfeed in public. Some may say this isn't a problem to be dealt with for teens, however the truth is, the stigma of breastfeeding is being put into place at this young age. It is time for the girls and boys to realize what is natural and what sexualization is.



First off, biologically, the breasts are intended to feed a baby. Yet

“For some it’s okay for a woman to be wearing an extremely low-cut shirt, but breastfeeding in public is not acceptable. One is hot and the other simply is not.”

somehow society has labelled them as something to glamorize in a sexual manner. For some it's okay for a woman to be wearing an extremely low-cut shirt, but breastfeeding in public is not acceptable. One is hot and the other simply is not.

Lady Raiders extend win streak

(from page 1)

that stretched to 33-23 heading into the final quarter. From there the girls outlasted the Mustangs to reverse last year's 44-40 setback. The win also marked their fifth straight victory, matching an early season five game stand without a loss.

Nicole Hansen, Sydney Gilmore and Erin Nicholson nearly outscored the entire Marcellus side as they combined for 30 points. Hansen led the way with 11, Gilmore added 10 and Nicholson made good on three shots from beyond the arc for a nine point night. Grace Hoey answered with eight points to lead the 4-13 Mustangs. The Lady Raiders will be back in action on Tuesday evening when they host East Syracuse-Minoa before closing the regular season with difficult games at Jamesville-Dewitt and Oswego on Friday and Monday.

Whether something is hot or not does not change the situation, however. I think it is disgusting to see people eat with their mouth open, yet this happens on a daily basis all around us and no one is throwing fits about it. So why such a fit over feeding a baby? Because that is exactly what the problem is here, whether people realize it or not. Breastfeeding is feeding a child, and no child should have to be fed in a bathroom or in a car.

Women have the right to breastfeed, without covering, in any place a woman is allowed in New York State. The law strictly says they have this right. So why aren't there more women feeding their babies in plain sight?

This stigma against women breastfeeding needs to be addressed. It is natural and a right, so children and teens should be taught this so that they do not misjudge or interrupt the situation later on life. The stigma will not go away without any action being taken.

What's happening at G. Ray Bodley High School?

The next meeting of the **Fultonian Yearbook** is Monday after school in room 102. New members are welcome.

Signups for **JV Girls Lacrosse** will take place on Wednesday, February 3 from 2:45 to 3 pm in the cafeteria.

Physicals for sports and working papers will be available on Tuesday, Feb. 2. Please be sure to arrive at your appointment on time.

A representative from the **New Vision Program** will be in the counseling office on Tuesday during guided study hall for interested juniors. General information about the program and eligibility requirements will be discussed.

What's for lunch?

Today: Cheeseburger with broccoli, carrots and mixed fruit.

Tuesday: Chicken nuggets with biscuit, sweet potato fries, peas and fresh orange smiles

Wednesday: Cheese pizza with green beans, butternut squash and pears

New year, new you!

**Book now for the
prom & dinner dance**

Happy holidays!

Reflections

-THE- Salon & More

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(across from McDonalds)

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In the News

Flint water crisis draws national attention

By Julia Polly

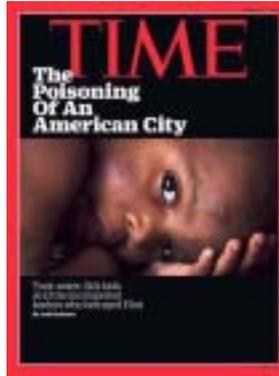
These past few weeks have raised awareness about the Flint Water Crisis in Michigan, with the lead poisoning found within the waters that have been coming from the Flint River that was recently used for drinking water.

Affecting over 99,000 residents in the city of Flint, most of whom were ignored multiple times when complaints arose to state officials about the water, symptoms of Lead Poisoning ran rampant on the population enough to call a state emergency on their public health. A recent cover of Time Magazine featured a picture of one of the many children affected by this issue, showing the

many physical symptoms that occurred.

Some of the physical symptoms include Kidney slowed body growth or hearing problems, with many showing cases of weight loss due to the possible symptoms of loss of appetite and vomiting. A notable symptom is the appearance of red blotches all over the body or places in which the body was exposed to Lead Poisoning.

Mental symptoms of Lead Poisoning include a reduced IQ, failure at school, and behavioral or attention problems. These symptoms are listed from the NIH, National Institute of Health.



Some say this part of the effects from lead poisoning are irreversible in children as proposed in a report from the Harvard Medical School, which stated, "Children differ from adults in the relative importance of lead sources and pathways, lead metabolism, and the toxicities expressed. The central nervous system effects of lead on children seem not to be reversible."

What should be known is that the river had already been known to contain pollutants for years, "Historically, the Flint River downstream of Flint suffered from poor water quality due to unregulated discharges by industries and municipalities. Also, unstable flow resulting from watershed development and systematic land drainage exacerbated water quality problems," which was concluded by the Michigan Department of Natural Resources on the Flint River in an assessment report released in July 2001 for the Fisheries Department located on this river.

Despite all of this, in the year 2013 when Flint was under state receivership, Governor Snyder's managers were given the task of saving money and cut the costs of having the state support the town. Their solution was that the water running into the town of Flint would then be cut off from the clean water of the city of Detroit to form a new water district. The only problem with this plan was that water would come from the polluted Flint River nearby instead of brokering a stop-gap with the city of Detroit. This was said to save around \$1 million dollars a year despite all the health hazards that would affect the 99,000 population of Flint.

While State Officials are now taking action after a huge toll has been taken on the people of Flint, to reverse the damage done it will cost far more than they ever hoped to save from their apparent effort to save money.

Throughout the country people are trying to help the residents of Flint through donations of money, water, or filters.

Mosquito borne virus comes to America

Word has been spreading about the Zika Virus, a transmitted disease that contracts through mosquito bites. Spreading from the South Americas upwards towards Mexico and the United States and with no known vaccines discovered yet, precautions are being taken to battle these bites.

Pictures of babies with Microcephaly littering articles all over the internet and news channels has been causing great concern. The greatest dangers appear to be toward pregnant women due to Microcephaly, a "condition where a baby's head is much smaller than expected. During pregnancy, a baby's head grows because the baby's brain grows. Microcephaly can occur because a baby's brain has not developed properly during pregnancy or has stopped growing after birth, which results in a smaller head size." According to the CDC (Centers for Disease Control and prevention) there is believed to be relation between Microcephaly and the Zika Virus, but there is no research out yet to explain the relationship.

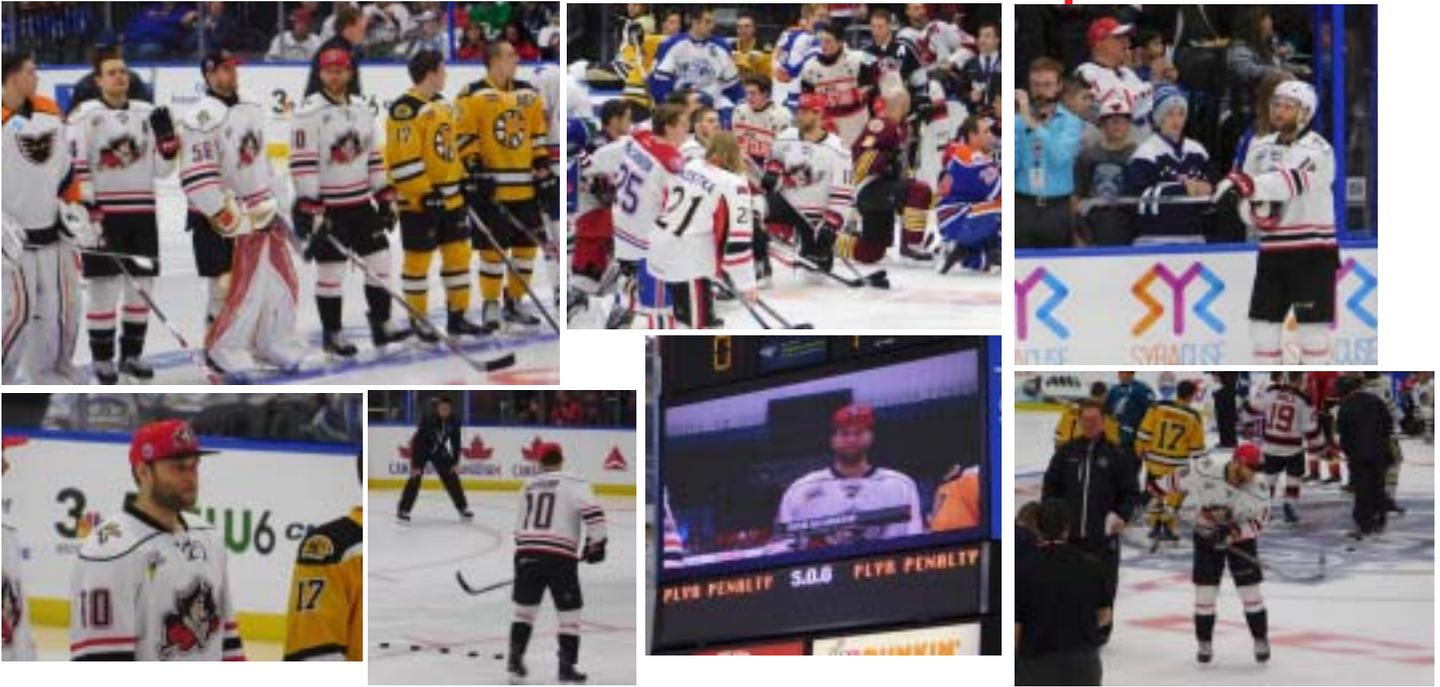
Despite the lack of research, many healthcare providers urge pregnant individuals to avoid areas with the Zika Virus to resist being bitten and contracting to prevent cases of Microcephaly. Some areas where the Virus is strongly prevalent are even urging people from becoming pregnant or to delay pregnancies until 2018 when the issue is hopefully solved. Further studies for research about the correlation between pregnancy and the Zika infection are planned, and new information should be out as it comes in.

The Zika virus, once contracted, rarely shows symptoms. Only 1 in 5 people do experience these symptoms, which include red eyes, fever, and joint pain. Lesser common symptoms may include muscle pain and a headache. Severe cases of the ZIKA Virus that call for hospitalization are generally uncommon, and the main treatment is to get lots of rest and drink fluids and perhaps even take medicine to lower the fever. The Zika Virus is only known to stay in a person's system for about a week, more or less. Longer cases are uncommon.

If you have traveled somewhere where the Zika Virus is prevalent or a risk, your healthcare provider may order blood tests to look for Zika or other similar viruses like dengue or chikungunya. In cases like this, where you may have dengue or chikungunya, avoid medicines like aspirin and other non-steroidal anti-inflammatory drugs (NSAIDs), like ibuprofen and naproxen. "Aspirin and NSAIDs should be avoided until dengue can be ruled out to reduce the risk of hemorrhage (bleeding)" (CDC) and it is suggested also that if you are taking medicine for another medical condition, talk to your healthcare provider before taking additional medication as always.

Be sure to watch the news and read articles on known and reputable sites about the Zika Virus, review precautions to avoid getting bitten, and as always, be safe. **By Julia Polly**

Fulton native shines at All-Star competition



Fulton native and former GRB student Rob Schrepf was a prominent member of the AHL East All-Stars last night in Syracuse, taking part in the skills competition. Rob will be back in action tonight at the All-Star Challenge. (Senecal photos)

Meteorology and you

Today:

Tonight:

Tomorrow:

By Carson Metcalf



Rain showers

Cloudy with showers

Mostly cloudy

44°

29°

40°

Average: 32°
Record: 59° (1989)

Average: 16°
Record: -20° (1948)

Average: 32°
Record: 53° (1973)

Former GRB student and current SUNY Oswego senior Carson Metcalf is an aspiring Meteorologist. Look for his daily weather forecasts for Fulton on RaiderNet Daily.