



Fulton Wrestlers Headed to Puerto Rico

By Rich King

Six of Fulton's fierce wrestlers head off to Puerto Rico tonight and will be arriving at about 4 a.m. on Thursday. For the next two days, they will be staying at an Olympic training center to practice and drill for a freestyle tournament.

Freshmen Cole French and Camrin Galvin, sophomores Sam Waldron and Thomas Hughes, and seniors Andrew Yablonski and Wyatt Willis have been training and working hard all year.

On Friday comes tournament time, where they will be driving 45 minutes from the training center to San Juan where the tournament is being held. Teams will be coming from Central America, Canada, all over America, and of course Puerto Rico's national team will be there. Nothing other than hard work has been put in by these wrestlers and with focus great things can be achieved. Wyatt Willis said, "Being in this tournament will be a challenge but we have put in the work and expect to do well."

Fulton Varsity Wrestling Coach Mr. Waldron said, "Fulton is known to be an elite program, winning section 3 championships last year and the year before, holding more state championships than any other team."

Fulton wrestlers expect to do well



Six Fulton wrestlers are ready to compete in Puerto Rico. Clockwise from top left are Wyatt Willis, Cole French, Camrin Galvin, Thomas Hughes, and Sam Waldron. Andrew Yablonski is not pictured.

in the tournament and on Sunday they have sight-seeing, beaches, a festival, and delicious dinner coming their way. Cole French stated, "Besides the wrestling I am excited about the experience and learning about the culture." A place the wrestlers and coaches will visit is the beautiful El Yunque Rain Forest. They will be staying in San Juan at the Comfort Inn Concada until Monday morning and will arrive back home Monday night.

ANNOUNCEMENTS

ATTENDANCE AWARENESS CELEBRATION

The winners of the Every Student Every Day raffle held at the Attendance Awareness Celebration were Jesse Battoe and Megan Curcie. Congratulations!

SMALL BUSINESS CLASS

Please help the Small Business Ownership class by completing a quick survey to improve our selection and overall customer satisfaction for the Red Raider Den school store. A link to the survey is available on the G.R.B website - scroll down to the bottom of the home page. Thank you for your help!

DRIVER EDUCATION

Applications for Fall Driver Education are now available in the Counseling Office. Students who reach their 16th birthday on or before October 1, 2016 are eligible to apply for a spot.

FULTONIAN YEARBOOK

The next meeting of the Fultonian Yearbook will be held on Tuesday, October 11 after school in room 102. New members are always welcome. See Mrs. Honeywell in room 124 for more information.

Hats or No Hats?

By Calinda Ceterski

“Please take your hat off” could soon be a thing of the past. At the September 22nd Site-Based meeting, the members of the committee discussed the dress code, namely hats.

Junior Mason Rowlee, who attended the meeting, said, “We discussed the need to change the dress code with regards to hats in school. After some discussion, we discovered maybe revising the hat rule would be beneficial to students.”

Hats at G.R.B. have been a controversial topic for a while now. The dress code states, “Hats and headwear are not permitted to be worn in school.”

There are some teachers here at G.R.B. who agree with allowing hats in school. Math teacher Mr.

Lacey supports the idea and said, “From personal experience with hats, some kids are self-conscious of the way that they look. They are accustomed to wearing their hat all the time, throughout their life, except when they come to school. The goal here is for them to learn and I feel when you take that comfort away from them, it is causing more harm than good.”

Administrators at G.R.B. are also on board with changing the hat rule. Assistant Principal Mr. Copani agrees with the change. He stated, “It leads to negative interactions between faculty, staff, and students that is based on a policy or rule that nobody seems to understand or agree with anymore.”

The student body can help change the dress code by taking part in the survey that will be happening soon in Guided Study Hall. To fully change the rule the student body and faculty has to prove that



Pictured are hat supporters, from left to right, Jacob Parkhurst, Caleb Bowen, and Nick Hughes.

changing the rule is something that is actually important and needs to change. If that happens, students will sit down and rewrite the dress code, and then present the new Dress Code to the Board of Education.

Art Club is Back and Ready for New Members

By Zoe Norton

There is an Art Club meeting every Wednesday in Mrs. Tyler's room, 107. The club needs more artists, said Mrs. Tyler, the club advisor. They take on huge projects and could use all the help they can get. “We need people there who are motivated to see them through,” Mrs. Tyler stated.

Currently, they are working on a mural project that uses as inspiration our school logo, Chief Hiawatha, and Fulton's rich history as part of the Iroquois nation. Other activities may include more mural making and the Memory Project. With the Memory Project, members receive photos of orphans from around the world and create portrait artwork to be sent to them as gifts.

If you are interested in art, you should definitely check out the club. Senior Jazzlynn Perez said, “I am interested in Art Club because I love art. Art is a way to express yourself without using words.”



Victoria Gillette, Mrs. Tyler, and Carissa Lee show off their Art Club work.

Friday Was a Family Affair at G.R.B.

By Skyler Miller

Parents invaded G.R.B. on Friday during the shortened school day when they joined their sons and daughters in class for the school's first ever Bring Your Parent To School Day. Final numbers are still being determined, but at least 75 parents were in attendance.

Principal Mrs. Parkhurst said, based on feedback, "It was a positive experience and parents appreciated the opportunity to experience what it's like to be a student at G.R.B. From my observations, I heard and saw excitement amongst parents. They were having fun!"

Chris Hansen stated that she joined her daughter, Nicole, a senior, "because it's always interesting to see what kids do all day, and to know why they come home and are the way they are."

Several parents commented that school is not all that different from when they were students. Krista Dahar joined her son, Josiah, in his senior classes. She



Pictured are Millenia Brown and her mother on Bring Your Parent to School Day.

noted, "It seems a lot like when I was in school, just more cell phones."

New Staff Spotlight Welcome, Mr. Nofal!

By Ben Kimball



Mr. Nofal is one of the new faces in the Counseling Office.

Mr. Nofal is the new guidance counselor at G. Ray Bodley. He works with juniors and seniors with a last name beginning with L-Z.

He grew up just outside Albany in a town called Clifton Park. When he finished college and graduate school he moved to New York City where he lived and worked

for the past 10 years. He has a wife and daughter.

So far, Mr. Nofal is enjoying a lot about G.R.B. "The people have been absolutely fantastic... [G. Ray Bodley] seems like a family environment. It's a nice community so I'm really excited to be a part of it," he said.

Counseling Office secretary Mrs. Caza likes working with Mr. Nofal. She said, "Mr. Nofal is a very nice man who I enjoy working with already, even though I've only known him for a couple of weeks. He's getting to know the kids, he seems to be working very well with them so far, and we're happy to have him in our office."

One G.R.B. student who has Mr. Nofal as a counselor had this to say about him: "He's not a meanie."

October is Domestic Violence Awareness Month

Domestic violence is when a partner in an intimate relationship uses abuse to gain or maintain power and control over the other partner. If someone you know is experiencing domestic violence, you can help by being an Active Bystander.

The Office for the Prevention of Domestic Violence defines a *bystander*, in terms of dating abuse, as an individual who does not participate in the abuse, but is an outside observer of it. Bystanders may know the people involved or they may not. Either way, bystanders have the power to stop abuse that is happening, intervene before abuse happens, or get help for the person being abused. Being an *active bystander* means doing something to stop abuse. Even if you feel it is not your place to get involved, remember that dating abuse is not a personal problem; it is a serious crime that affects us all.

One thing to keep in mind before you get involved in any situation is *safety* – yours and the victim’s. You should **never** do anything that can put yourself or the person being abused in danger. If you think a situation might be dangerous, call the police.

How Can I Help?

There are lots of ways to be an active bystander, like:

- Don’t assume that someone else will help -

you may be the only person willing to do something, even if a group of people are there.

- Speak out - If you see a friend talk to or treat his or her partner disrespectfully, say something. Try something like, “Hey. I heard the way you were talking to Chris. That was really mean. Why do you treat Chris like that?”
- Respond as a group - when talking to someone about abuse, it sometimes helps to have friends join you for the conversation.
- Create a distraction - If you see someone being abusive, create a distraction. For example, spill your drink, ask the abuser for directions, or stand nearby pretending to talk on your cell phone.
- Tell someone - If it’s not safe to get involved, tell an adult about it. You can talk to your SAF Advocate Ms. Hoefer in room 181, your principal, school counselor, or a teacher



if you witness any type of abuse.

Remember – If things get out of hand or become too serious, or if you’re not sure what to do, call the police.

For more on being an active bystander, visit <http://www.respect-love.opdv.ny.gov>

Show your support for victims of domestic violence by wearing purple on October 20, 2016, and post pictures to #WEARPURPLE, #PURPLETHURSDAY, or #DVAM.

Information provided by Oswego County Opportunities’ SAF Program.

Meteorology and You

By Carson Metcalf



Carson Metcalf is a member of the G. Ray Bodley High School Class of 2012. He graduated from SUNY Oswego in May 2016 with a bachelor’s degree in meteorology.

