



## Important Survey Continues

By Calinda Ceterski

There is a crucial survey being presented to many district stakeholders, including parents, students, and staff. The survey is important to the future of G.R.B.

Principal Mrs. Parkhurst explained that the survey offers a chance to get input and feedback on our school. She noted the survey “will provide our Leadership Team, and ultimately entire school, with information regarding things going well, as well as improvements that might be needed. We also compare how each stakeholder responds to a similar question in order to see any discrepancies that might exist.”

The survey asks a wide range of questions from how long a student has been in the district to statements where participants will determine if they “Strongly Agree” or “Strongly Disagree.” There are also open-ended questions that give participants a chance to offer their comments.

The survey can be accessed on the district's website through a link called “Complete the 2016-2017 Family Survey.” Principal Mrs. Parkhurst sent an e-mail to parents with the link and password, which is Fulton123. It is open to parents

through April 28. Another way parents can take the survey is before concerts on a provided laptop or they can take a paper copy home at other school and district events.

survey electronically in their Guided Study Hall during a scheduled session by the end of the month.

Students should take this survey seriously as it influences the future of our school.

All G.R.B. students will take the

### ANNOUNCEMENTS

#### YEARBOOK

The last day to order the 2017 Fultonian yearbook is Thursday, April 13. Order forms are available in room 124 or the main office. Don't miss out on a lifetime of memories.

#### AUTHOR VISIT

The library will be closed all day today for our author visit. Please remain in study hall and lunch. Be sure to see Mrs. Scalfaro ahead of time to sign up and get your admission ticket if you would like to attend this event.

#### WRITERS' WORKSHOP

Attention all writers, both teens and teachers. Please join author Liza Wiemer in the library at 2:30 p.m. today for a Writers' Workshop. Pre-registration is encouraged, but not required. See Mrs. Scalfaro for more information.

#### CLASS OF 2020

There will be a meeting today in room 206 for the Class of 2020. All officers must attend.



Looking for a great show to see? Come see Bodley's Got Talent! The show is tomorrow night at 6:30 p.m. The doors will open at 6:00 p.m. Admission is \$4. Come see all of G.R.B.'s amazing talent!

*We want to hear from you!  
E-mail your articles, pictures,  
questions, and feedback to  
RaiderNet@fulton.cnyric.org!*

## **Many Steps Involved in Snow Day Decisions**

**By Rich King**

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Everyone enjoys a snow day, but what determines whether we get a two-hour delay, a snow day, or nothing at all?

Superintendent Mr. Pulvino said, “The day before the school week starts we start to watch reports for the week. John DiPasquale is a weather forecaster. We work with him. He comes up with a forecast for Fulton. He is very good and down to the hour.”

Pulvino explained that DiPasquale provides forecasts three times a day, at two in the morning, another at eleven in the morning, and the last around four or five in the afternoon so that it is clear what is coming and if anything has changed. He added, “Also, we like to watch the radar. We will call our meteorologist and watch channels 3, 5, and 9, as well, to get a whole idea on how things will be.”

Often, Mr. Pulvino communicates with other superintendents to see how the weather is acting in their areas in order to help make a decision. He said Mr. Seguin, Director of Facilities, Operations, and Transportation, sometimes will drive to Airport Road because of the bad drift. Then, he will call Mr. Pulvino about whether it looks good to go, or if a two-hour delay is needed to clear snow. The decision about a two-hour delay, or even a closing, is made

around 5 a.m. and a closing is surely confirmed by 7:30 a.m.

Mr. Pulvino has eyes and ears all around for him to help make his decisions. He said his salter is out at 5 a.m. and gives a call back at 5:15 a.m. to inform him what is going on outside the district buildings.

Mr. Pulvino said, “Generally I like to get in the car, and if it is not horrendous out, I go drive to schools myself to check them out, and I will often call other superintendents letting them know whether a delay, closing, or even nothing is necessary. That is me and I like to see things.”

He noted that without people like himself patrolling, an unneeded snow day could be scheduled, so a second look is never a bad thing.

Mr. Pulvino said, “I like to close with somebody else. You never want to be alone. Bouncing ideas back and forth can prevent unnecessary closing.” He added, “I would rather stay closed if it has to be because it is not about the five days. We can make days up. It is about ensuring our students’ safety.”

Sometimes schools cancel classes the night before, like Cayuga Community College did not too long ago. Mr. Pulvino explained, “In Fulton and Oswego, we were under a state of emergency, so I

called a sergeant at a police station that we correspond with and I asked, ‘What does this mean?’ It is so that cars do not park on the side of the road due to snow plows. School is still okay to open in these situations.”

Regarding early dismissal, Mr. Pulvino said, “We look at what it will be around 12:30 to 1:30 approximately, what the current weather is, and will it hit before 3:00 or not. If not, we are okay to stay in school. This is why early dismissal decisions are hard to make.”

It is clear a great deal goes into deciding about delays and closings. Perhaps those decisions will not have to be made again until next winter.

## **Fulton Gets Snow Day Number Just Right**

**By Hunter Hubel**

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Upstate New York winter seasons are some of the most spontaneous and treacherous in the northeastern corner of the country. Numerous times throughout the winter, school districts are faced with the decision of whether to have a snow day, delay the start time, or allow school to proceed as normal. (See above article for more details.)

This year was a winter to remember for school district superintendents around Upstate New York. According to Syracuse.com, **(Continued on page 3)**

89 percent of schools used up their allotted snow days. At this point, some schools had to shorten spring break or may not get as many days off for Memorial Day.

Fulton, along with a handful of other districts, got away with using exactly the amount of snow days built in for the school year (see table). This means that no vacation days will be taken away from Fulton, although some would prefer to see the vacation days come when the weather is 65 and sunny, rather than -5 with whipping winds.

With spring officially here,

warmer weather is on the horizon. Seeing consistent numbers above 50 whenever you check the weather

app on your phone will surely bring an end to the winter that just seems to not want to go away.

District	Snow days built in	Snow days called	Snow days left
APW	6	7	-1
Central Square	5	6	-1
Fulton	5	5	0
Hannibal	5	5	0
Mexico	5	5	0
Oswego	5	5	0
Phoenix	5	6	-1
Pulaski	5	5	0
Sandy Creek	6	7	-1

*Some Oswego County school districts got the number of snow days just right this school year. Others owe an additional day of school.*

## Students Enjoy Orchestra Festival

By Jazzlynn Perez

Friday, March 24 was the Oswego County Music Educators’ Association All-County Orchestra festival. The final performance was Saturday, March 25 at 2 p.m. in the Oswego High School auditorium.

Orchestra teacher Mrs. Edele stated, “The festival is an orchestra festival for students, grades 4-12, who play a string instrument in Oswego County.”

Twenty-three G.R.B. orchestra students participated in the festival. The festival began around 1:30 p.m. where elementary, junior high, and high school students participated.

Mrs. Edele explained, “Some wind and percussion students, grades 9-12, also had an opportunity to perform with the Senior High Orchestra.”

The students had to learn four pieces. One piece was an encore of “Stars and Stripes Forever.”

Mrs. Edele also stated, “There were some competitive moments in the Senior High orchestra. Students had to re-

audition for seating in the string section.”

She added, “I was very excited to see all three grade levels perform in one concert. All the students did an excellent job. I can’t wait to listen to the CD of the performance once it arrives.”



*Gabriella Bailey, Alexis Barth, Joey Benavidez, Maura Botsford, Jasmine Criswell, Alex Dombroski, Hunter Dudley, Hyland Fishel, CJ Dominic, Jadelyn James, Jasmine James, Devan Ketcham, Madison Kreinheder, Madison Long, Deirdre Murphy, Leah O’Hanlon, Paige Rowlee, Anna C. Samson, Cassandra Seaton, Andrew Smith, Camile Stevenson, Keegan Wallace, and Maryssa Woodcock performed on March 25.*

## Masters Tournament Begins Tomorrow

By Hunter Hubel

As once said by legendary broadcaster Jim Nantz, the Masters golf tournament is “a tradition unlike any other.” His iconic quote has stuck in the minds of many and surely won’t be going away soon. Augusta National actually went so far as to trademark the quote in 2015.

The first week of April is more than just any ordinary week for golf fans. It is more than just an ordinary week for the majority of the sporting world. The PGA Tour’s first major of the year happens to also be one of the most special of the year.

Augusta, Georgia is home to the most prestigious golf course in the country, and this week, the track will host the best golfers in the world. It features a field of 94 players headlined by names such as Dustin Johnson, Rory McIlroy, Jason Day, and 2015 Masters winner Jordan Spieth. There are 18 different ways to find yourself a tee time on Thursday’s opening round tee sheet, but getting there is only half the battle.

In 2016, the famous “Amen Corner” showed its teeth, as Jordan Spieth made the turn holding a comfortable lead over the rest of



*Hundreds of fans await the next victim of Amen Corner at Augusta National’s 12th hole.*

the field. This quickly diminished as Englishman Danny Willett made a late charge, putting pressure on Spieth, which may have proved to be too much. Spieth then put two balls into Raes Creek on the 155-yard par 3, resulting in a quadruple-bogey 7 on the hole. Willett capitalized on this opportunity to snatch a firm grip on the lead and won his first green jacket of his career.

This year promises to be just as interesting with heavy winds expected during the opening round that will likely cause players to be scrambling to get within the cut line on another windy Friday afternoon. This could create some very low or very high scores during the second round. The course will likely toughen up as the tournament progresses with temperatures rising each day and the sun shining down on Magnolia Lane.

Fan favorite Rickie Fowler is coming off a few impressive weeks of competition, but a red-hot Dustin Johnson may look to dominate the way he has in recent weeks. Winning the last three World Golf Championships, Johnson definitely is no stranger to winning big tournaments.

Rory McIlroy, in search of his first green jacket and the career grand slam, saw this tournament slip through his fingers on Sunday during the final nine holes of the Masters last year, throwing together a 43, with a total Sunday score of 80, 10 strokes worse than his 70 the day before. Playing well in recent weeks and contending at Bay Hill should have him in a good state of mind heading into the place he has never won before.

No matter who wins this incredible tournament, the 2017 edition of the Masters promises to be one of the best in recent years.

## -Opinion-Taking the ASVAB

By Skyler Miller

I went and took my Armed Services Vocational Aptitude Battery (ASVAB) on April 3 at the Hancock Air Force Base in Syracuse. The ASVAB consists of ten parts, determining what skills you have in different job fields offered in different branches of the military.

In order to take the test, you must first speak with a recruiter at a recruiting station. You fill out forms that you bring with you and that are sent to the guarded entranceway to gain access to the building to take the ASVAB test. Once you get to the building and gain entry for the test, you present your papers, get an ID, and go to a room lined with computers to test on.

The ASVAB itself was very long, taking about three hours total to complete. The math, science, and reading/word comprehension sections seemed to be my strong points. Mechanical sections were very long, asking about various parts for cars and machinery, which was unfamiliar to me.

Overall, the test was fair and I am looking forward to receiving my scores in a few days. If I get a total score of at least 34, I will have qualified to be a member of the Air Force.

## **RaiderNet Weatherman Joins Spectrum News**



*G.R.B. graduate Carson Metcalf was recently hired as a meteorologist at Channel 10 Spectrum News in Syracuse.*

From the time he was three years old Fulton's Carson Metcalf has dreamed of a job in meteorology. Recently that dream became a reality when the 2012 G. Ray Bodley High School graduate was hired as a meteorologist at Channel 10 Spectrum News in Syracuse.

As a result, you will no longer see his forecasts in RaiderNet as he has joined the ranks of the professional meteorologists and will be doing work in the Syracuse area as well as other Spectrum News (formerly Time Warner) channels.

"Getting this job has been incredibly exciting for me, but also quite validating," the lifelong weather enthusiast and 2016 SUNY Oswego graduate commented. "The fact that I am now walking into a television station

as an employee rather than a shadow or an intern after so many years of wanting to be a broadcast meteorologist still feels a bit unreal."

Renowned throughout the Fulton area as the young weather prodigy, Carson noted that his interest in meteorology goes back as far as he can remember. "By the time I was three years old I was consuming many hours of Weather Channel programming, and would draw the maps and graphics they aired," he stated. "I think living where we live played a big role in my fascination with the weather as well, considering the wide variety of conditions we experience. I am very lucky to have found something I loved, and wanted to pursue a career in, so early on in life."

As an elementary school student, his prowess for predicting snow days and delays became legendary to the point where teachers and school officials would often seek his opinion. So when RaiderNet Daily first appeared during the 2009-10 school year, it was only natural that he would become the daily weather forecaster for the school newspaper. His predictions appeared five times a week for the next three years, and when it came time to graduate he stayed on despite the increased demands of college. While most students can't wait to get as far away from high school as possible, Carson continued to contribute to RaiderNet throughout the next four years.

His dependability, which will certainly help him as he pursues a career as a weather professional, was so complete that he even submitted his forecasts during college vacations in New York City, Washington D.C., and Gettysburg, Pa. as well as during a storm chasing trip to the midwest. "Carson was always there for us, sometimes e-mailing me his forecasts in the wee hours of the night and from far away places," former RaiderNet Daily Advisor and retired English teacher Len Senecal recalls. "A lot of graduating students say they will contribute articles, but Carson actually did it throughout his college career and beyond, which is a true testament to his commitment and character."

It was a job that he did not take lightly, and Carson was quick to make note of the experience he gained with RaiderNet Daily and RaiderNet. "Thank you to everyone who has supported RaiderNet and my daily weather forecast over the past seven years, and special thanks to Mr. Senecal for bringing me on board back in 2009, and to Mrs. Justine Nylen for letting me continue to contribute into this school year," he said. "RaiderNet is a truly unique product, and I hope to see it continue well into the future. Between working with Mr. Senecal on RaiderNet and being editor-in-chief of the *Fultonian* yearbook, I have many fond memories from room 102 during my time at GRB."

**(Continued on page 6)**

But the time has come for this Meteorology major with a mathematics minor to advance to the next level, and he is thrilled at the prospect. "I am most looking forward to the opportunity to present weather information for our local area as well as providing weather forecasts to other parts of the state and beyond that Spectrum News serves," he commented. "Not every broadcast meteorologist lands their first job in their hometown's television market, and I am very lucky to be able to work in Syracuse."

"This job looks to provide me with many opportunities to convey important local weather information to the viewers, as well as lots of experience as a forecaster," he concluded. "I am truly grateful that I have been given this privilege."

RaiderNet wishes Carson the best of luck in the future and thanks him for his many years of service to the staff and students of G. Ray Bodley High School and the greater Fulton community. We look forward to seeing one of our own on upcoming Spectrum broadcasts.

*\*RaiderNet would like to extend a special thank you to Mr. Len Senecal for his contributions to this article. We would also like to thank Carson Metcalf for being such an important part of RaiderNet this year. We are so proud of him and wish him nothing but the best.*

## A Closer Look at Bullying

**By Skyler Miller**

Bullying is one of the biggest problems we face, as it can be found at work, home, and especially school. Many people are driven to change who they are and they hide themselves because of the fear that they will be bullied continuously.

Bullying can be physical or emotional/mental and can also include cyberbullying. Physical abuse from an assailant can be very hurtful and lead to the next form of bullying, which is emotional/mental abuse.

To look into bullying and how it's handled, some key players that get involved with cases of bullying at G.R.B. explained our school's procedures.

Principal Mrs. Parkhurst commented on the consequences that arise if an individual is found guilty of bullying, whether it be physical, mental, or cyberbullying. She stated, "As with any disciplinary consequence, we follow our Code of Conduct. Discipline is progressive according to each student. Again, following up/checking in with students is important to ensure measures taken were effective."

Mrs. Parkhurst explained that the most common form of bullying that she has noticed in our school tends to be cyberbullying. Guidance Counselor Mr. Goodnough also stated that social media leads to most of the bullying.

Mr. Goodnough discussed the consequences and said, "All reported cases are investigated and consequences ranging from a

warning up to out-of-school suspension and a Superintendent's Hearing may result, depending upon the severity of the circumstances. Parents/guardians are contacted." He stated he reports any cases to the Dignity for All Students Act (DASA) coordinator, Ms. Weston.

Ms. Weston said, "Every building in our district has an assigned DASA Coordinator. The School-Home Liaison in each building serves in this capacity. If I get a report of suspected bullying or harassment, I interview all involved parties to determine if bullying or harassment has occurred. All allegations are then reviewed by an administrator to determine the proper course of action."

Ms. Weston agreed that the most common form of bullying seen with our students is cyberbullying. Guidance Counselor Mr. Nofal stated, "Many people view it as teasing or playing. However, bullying has real effects. Thousands of students in the U.S. stay home each day due to bullying. We have all read the countless stories of students harming themselves over incidents of bullying."

He noted that discussing this made him think of incidents where he has worked with students who were bullied and said these cases still make him sad.

Students and adults should keep in mind that any incident, big or small, should be reported. Each situation will be handled on a case-by-case basis.

## Prom Preparations Begin

By Brian Trombly

On Friday, March 31, G.R.B. juniors gathered in the auditorium to vote on a prom theme and song. Other important prom information was also discussed.

Ultimately, as announced during Guided Study Hall on April 3, the theme chosen was "A Night Under The Stars" with Journey's "Faithfully" being chosen as the prom song.

Prom ticket sales will begin on Monday, April 24 and will end on Friday, April 28. Tickets will be available in Junior Class Advisor Mrs. Kent's room (228) during bells 1, 4, and 8 and during Guided Study Hall.

Tickets will cost \$50 unless you have been fundraising. Then, the cost will be determined by the amount of money that you have in your personal account. Students will not be allowed to purchase a ticket if they owe candy bar money. Tickets can be purchased with cash or a check. Checks need to be made out to GRB Class of 2018.

If students are planning to bring someone who is not a G.R.B. student, visitor paperwork must be completed with the Main Office before a ticket can be purchased. They suggest students get this done immediately as it does take time to get approval.

Students are encouraged to see Mrs. Kent in room 228 if they have any additional questions regarding anything prom-related.

## On This Day

By Ashlea Kemp

In 1792, George Washington cast the first presidential veto of a Congressional bill. According to History.com the bill was introduced as a new plan for the House of Representatives. The bill was a new plan for dividing seats in the House of Representatives that would have increased the amount of seats for northern states. After a discussion with President Washington, Thomas Jefferson wrote in a letter that votes for or against the bill. The votes were divided along perfectly geographical lines between the North and South.

In 1974, The World Trade Center opened in New York City. The towers stood 110 stories tall each. According to History.com, the towers held 50,000 workers and 200,000 daily visitors in 10 million square feet of space.

In 1997, Steve Irwin's show *The Crocodile Hunter* first aired on national television. According to Imdb.com, Steve and his wife created a show to educate and entertain the dangerous wildlife of Australia. The show has been off television since his passing in 2006 after a stingray attack.



Image from  
unofficialalpine.com

## Art For Animals

By Skyler Miller

"Pawcasso 2017" is the name given to an event that helps raise money for a non-profit organization to support Spay And Neuter Syracuse. It is a silent auction that includes art, ceramics, jewelry, gift certificates to local businesses, a wine pull, live music, a cash bar, and light food fair to help bring in money.

Spay And Neuter Syracuse devotes its services to sterilizing cats and dogs belonging to low income families, students, and veterans. It also helps rescue animals and has been active since 2005. The organization has helped over 23,000 animals.

In 2016, the event raised over \$25,000 and over 200 people attended. This year, the event is on Saturday May 6 from 6:30 - 9:30 p.m. at the Museum of Science & Technology in Syracuse. In order to attend, you must buy tickets ahead of the date.

I plan on attending this event and contributing with my art. I am going to be woodburning horses into wooden slabs and turn them in to be put in the auction. Anyone can contribute with art or can contribute by just attending the event.

## ***What to Know About College Visits***

**By Mason Rowlee**

Good weather is on the way and Red Raider sophomores and juniors need to get outside and start thinking about their futures. Students who are anticipating going to college are strongly encouraged to begin their college search early and start touring colleges soon.

Senior Josiah Dahar, who recently visited The Rochester Institute of Technology, advises students to “talk to as many people as possible and make as many connections as possible on campus” to get a feel for the school. He added, “Remember to communicate to the personnel who are directly related to your major.”

History teacher Mrs. Ruzekowicz recommends that all students “visit the dining halls and try out the food” as well as “check out a few of the dorms.”

If you need any information about a certain college or any programs offered through these colleges, look up the college’s website, go to the admissions office, and request information. The college will most likely send you a brochure about the program you are interested in. It is also worthwhile to go onto the college’s website and take a virtual tour beforehand, in order to see what you should expect. Many counselors would also recommend you take your tour when the school is in session so you get a feel for the

people and atmosphere of the school.

Senior Nicole Hansen recommends, “When you go on a college tour, wear comfortable

clothing, especially sneakers because you will do a lot of walking.” She also noted that students “should ask a lot of questions and talk to admissions.”

So get out there, Raiders, and start planning your future!

## ***Deadlines Met for the 2017 Fultonian***

The final product won’t be available for another two months, but the final deadline has been met for the 2017 Fultonian Yearbook. In a mad scramble to pull together all the remaining odds and ends, the yearbook was completed last Monday, March 27.

As a result, the waiting game is on, with yearbook delivery anticipated for sometime in early June. In the meantime, the deadline for pre-ordering a Fultonian is rapidly approaching. Thursday, April 13 is the final day to preorder a yearbook, either by going through the Herff-Jones Yearbook order center at [yearbookordercenter.com](http://yearbookordercenter.com), school code 13715, or through Madame Honeywell in room 124. The cost is \$60, which will also be the cost in June when a limited number of extra yearbooks will be available.

“We want to thank everyone who contributed pictures toward the Fultonian,” co-advisor Mr. Senecal commented. “Especially the many parents who took the time to e-mail us their photos.” And even though the 2017 Fultonian is

completed, Senecal is already looking ahead toward 2018 and the ever-present need for photos. “Getting spring sports pictures is always difficult,” he noted. “So here’s hoping some of the students are taking pictures of the Raider teams, and that they send them our way.”

Pictures of the upcoming junior prom will also be needed, especially photos of the prom court and of the prom itself, something more than “the posed pictures that we will get plenty of,” according to the co-advisor.

Pictures may be submitted at any time through [www.hjeshare.com](http://www.hjeshare.com) with the school code Fultonian or by e-mailing them to [theraider@fulton.cnyric.org](mailto:theraider@fulton.cnyric.org).

While the exact date of distribution for the 2017 Fultonian is still unknown, Senecal is hoping to have them available in early June. Students are urged to stay tuned to RaiderNet and the morning announcements as more details become available.

## **Teachers Against Channel 3 at Upcoming Hoops for Hope Event**

**By Nicole Hansen**

A new event for G.R.B. this year will be a Hoops For Hope basketball night to help raise money for breast cancer research.

Friday, April 28 will be the first breast cancer charity event PINK OUT. Starting off the night will be a student basketball tournament from 5-7 p.m. It is \$5 a player and there is no limit on how many players a team can have. The only rule is that a female player must be on the court at all times. To sign up for the tournament, students should see Mr. Lyons in room 201.

Following the student tournament, G.R.B. teachers will be playing in a charity basketball game against News Channel 3 at 7:30 p.m. Admission for the game will be \$5 per person at the door unless you are wearing a PINK OUT shirt. At the game, there will be raffles, concessions, and a half-time free throw contest.

To help raise money for the cause, PINK OUT shirts are on sale for \$10. Math teacher Mrs. Cretaro and Mr. Lyons are in charge of the order so see them for more details. Remember that the purchase of a shirt grants free admission into the event. The deadline for the shirt pre-sale is Thursday, April 13.

## **Blood Drive Will Help 174 People**

**By Zoe Norton**

On Wednesday, March 29, Student Senate held a blood drive in the Large Group Instruction room.

Eighty-six people, including staff and students, signed up to donate blood. Out of those 86, there were 58 whole blood donations and 6 double red cell donations. In total, there were 64 people who donated blood.

Student Senate Advisor Mr. Wasacz said, "Our blood drive was very successful this year."

Some people were not allowed to donate due to various reasons such as low hemoglobin/iron levels, incorrect waiting periods for tattoos or piercings, high blood pressure, etc.

Mr. Wasacz said, "Even though there was a good amount of people who donated blood, we fell just below the goal of 60 whole blood donations that the Red Cross had set, but with the donations we had, it will help 174 people who are in need of blood."

## **Five Things You Didn't Know About... Mr. Bono**

**By Rich King**

5. In Mr. Bono's free time, one of his favorite things to do is hang out with his girlfriend.

4. He has traveled to many states including California, Florida, New Jersey, Nevada, and Texas. One day, he hopes to travel to Hawaii (Pearl Harbor) as well as the Vatican in Rome.

3. R&B is his music style of choice.

2. If he were able to choose any profession, being a travel agent would be his dream job.

1. Mr. Bono's tenth grade history teacher inspired and influenced him to become a teacher. That teacher is still teaching today. Mr. Bono's advice for students is to "Follow your heart and do what makes you happy and what puts a smile on your face."

