



Students explore future careers at Career Day

By Megan Guernsey

Career Day went on as planned on Monday March 19, not stopped by snow as it was last year. Professionals in a wide range of careers gathered to inform students on the opportunities available.

There was something for everyone, from an EMT to an FBI agent. Some of the most talked about presentations were Video Production on the beloved Game of Thrones, and the Professional Athlete. There was a number of professionals, some of them coming from our own school building such as Mr. Ells, with Athletic Director. Student were able to choose four presentations to go to, each being 30 minutes long.

The presentations gave the students an overview of a typical day in that job, with the opportunity to ask questions and find out more information. Education standards were also talked about, so that students can know how to prepare for that career.

Senior Hailey Smith, who plans on going to SUNY Oswego for zoology next year, said that the veterinarian was the most interesting session that she was in, and is hoping to become a veterinarian in the future. The favorite part of this presentation seems to be an appearance from Lucy, a Great Dane.

GRB duo claim first at Battle of the Books

Camille Stevenson, left, and Brooke Halstead proudly display their first place plaques after winning the high school division of the Oswego County Battle of the Books. The girls became the first ever champions from G. Ray Bodley High School in the annual event, besting all the other teams in a series of questions about 10 books that were featured in this year's competition. Joining them is GRB Library Media Specialist Mrs. Scalfaro, who also acted as their coach for the event.



Pictured are students with Bill O'Brien, a professional Lacrosse player who joined the lineup for career day. Professionals from many fields came to the high school to lend their expertise in this year's edition.

Senior Alyssa Mt. Pleasant who enjoys photography as a hobby, attended the photography session, and was amazed at "how much you have to be creative with the equip-

ment you have." She also attended the informational session on Youth Works, a local program ran through Oswego County Opportunities.



Opinion

Phones in class are a distraction

By Brian Trombly

Over the years, there have been many privileges that have been granted by the district that have helped students be more comfortable in the school environment and, more importantly, aided with education. One of those privileges is allowing students to use their phones in school.

Allowing phones in school was intended to increase technology-based learning. However, I continue to see an increasing amount of people on their phones, not doing any of the classwork and ignoring the teacher's lesson.

Not only is phone use during class distracting for the other students who are actually trying to learn in class, it is incredibly disrespectful to the teacher. I can imagine it must be even more frustrating for teachers than students to have to deal with them, especially when it has nothing to do with what they are trying to teach.

Even when a teacher catches a student whittling away on their phone and asks them to put it down, there are many more students who are doing the same thing with no repercussions.



There are other occasions, where the students who were asked to put their phones away ignore or disrespect the teachers wishes entirely. It's really impossible for the teachers to keep an eye on all students' phones at the same time.

One possible solution, may be requiring the students to put them in a place where they cannot access it when they are not supposed to be doing so, and then retrieve them after the class. Students should be given access to their phones if they need them for their classwork. The phone privilege is an opportunity that some students have been

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abusing. They need to take the initiative to limit their unnecessary phone use before it becomes a more prevalent problem.

There are many dangers involved with smoking

By Caleb Dahar and Domenic Dashnau

According to Syracuse.com, about 30% of people in Oswego County smoke. Smoking can cause many health problems and some could take one's life.

Tobacco smoke can cause many different cancers. Just one is lung cancer, a very deadly cancer that is formed from smoking cigarettes that makes your lungs literally black from all the tar in the cigarettes. About 480,000 Americans die each year from smoking cigarettes.

Also, smoking can harm others around you. The smoke off a ciga-

“Illnesses are very common in a smoker's life and they cost a great deal. Tobacco-related illnesses cost over 300 billion dollars a year. It amounts to 170 billion dollars for direct medical care for adults and more than 156 billion dollars lost in productivity.”

rette is called secondhand smoke, which is very dangerous to others including animals and the environment. About 41,000 people die each year just from second hand smoke. There are two types of secondhand smoke, mainstream and sidestream. Mainstream smoke is the smoke that is inhaled and then exhaled from the smoker.

Sidestream smoke is the smoke that comes off the tip of the cigarette and is much more dangerous than mainstream smoke.

Illnesses are very common in a smoker's life and they cost a great deal. Tobacco-related illnesses cost over 300 billion dollars a year. It amounts to 170 billion dollars for direct medical care for adults and more than 156 billion dollars lost in productivity.

Smoking is very popular in high schools. Over 2.6 million high school students smoke tobacco products. About 11 percent of high school seniors reported smoking in the last month. Nearly 90 percent of adult smokers began smoking before the age of 18 years old.

Cigarettes have many cancer-causing agents, toxins, and other chemicals. There are about 43 cancer-causing carcinogen compounds, about 400 toxins, and over 4000 chemicals in cigarettes.

There are many ways to quit smoking such as nicotine gum, nicotine patches, and just regular hand to mouth exercises. The gum and patches may have side effects, but they do a lot more good than bad. If you are a smoker who is willing to take the path to quit, please take these necessary steps so you and the people around you are no longer affected by tobacco use.

Information for this article was obtained from cdc.gov/tobacco and quitsmokingsupport.com.

(This article was written as part of a project for Mr. Demars' Health class.)

RaiderNet

Counseling office offers new scholarships

As the school year dwindles down, seniors are looking to scholarships to help with the cost of higher education.

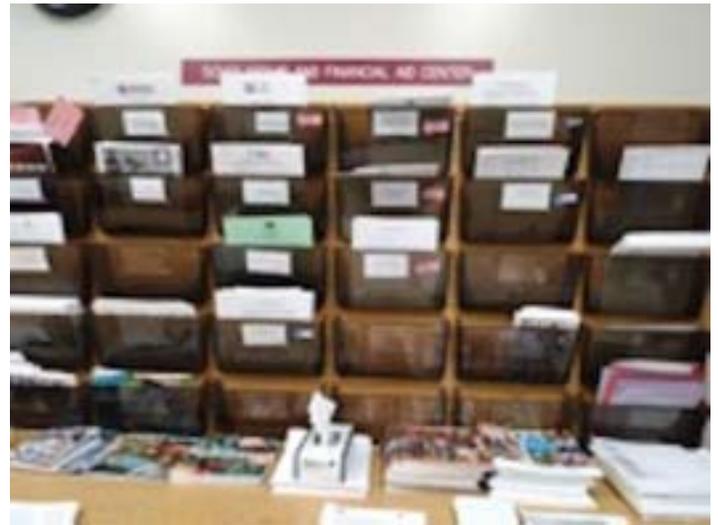
In the Counseling Office, the bins are filling up with local scholarship information and most of these scholarships will have a GRB recipient. There are various deadlines and amounts attached to each scholarship. With so many different sponsors, such as credit unions and local businesses and organizations, there is definitely something for everyone.

Students can stop in the Counseling Office throughout the day to see what scholarships are available. They will also be uploaded to Naviance each week. Naviance is an online program that helps students apply to college and apply for scholarships.

Although every scholarship is different, most require a letter of recommendation along with an official transcript. Be sure to give teachers and counselors plenty of notice for the letters and transcripts that you may need.

Also, most scholarships are based on more than just grades. Do not think that just because you are not a straight-A student you cannot receive scholarship money.

The Counseling Office also recommends websites such as studentscholarships.org and collegecovered.com, for an online search of scholarships. More resources are also available on the Fulton City School District website at fultoncsd.org.



Pictured are the scholarship bins located in the Counseling Office. These can also be found online through Naviance.

With the year halfway over, senior should be sure to get down to the Counseling Office and fill out some scholarship applications.

By Megan Guernsey

Wrestlers honored at season ending banquet

On Sunday, March 18, the Fulton wrestling teams hosted a banquet to honor all modified, junior varsity, and varsity wrestlers.

To start the banquet, the teams served a spaghetti dinner, then proceeded to introduce the modified wrestlers. Coach Hutchinson is the modified coach and he handed out awards to the seventh and eighth graders. Seventh grader Walter Crofoot was awarded the "Most Outstanding Jr. High Wrestler" plaque.

Following the modified team awards, Coach Burlingham gave out awards to all of the JV wrestlers. Matthew Woodworth was awarded the "Most Outstanding JV Wrestler" plaque. Eighth grader Dylan Waldron was honored with the "Warrior Award."

Up next were the Varsity wrestlers. Head Coach Jeffrey Waldron called the whole team up on the stage to give the team their varsity letters and pins then proceeded to the individual awards.

Varsity Award Winners were:

Senior Sam Jones who received the "Most Pins and Most Wins" award.

Sophomore Cole French, Sophomore Andru Walts, Sophomore Camrin Galvin and Junior Thomas Hughes all received the "Commitment to Excellence In the Offseason" award.

Junior Nicholas Noel received the "Most Outstanding Wrestler" award.

Recipient of the "Commitment to Excellence In the Offseason" award, Thomas Hughes stated, "Getting the award was awesome. I was very surprised".

Varsity Plaque Recipients were junior Kaleb Carreon who received the "Comeback Award" plaque and senior Matej Zavacky who received the "Surprise Champion" plaque.

Perennial Awards recipients were Ian Bogardus, who received the "Chris Ely Award," Jonathan Parrish who received the "Gary Narewski Award," and Brandon Guernsey received the "Dick Farfaglia Award"

The wrestling teams also honor a person who has always supported the team. This award is the the "Booster of the Year award" this year's recipient was Pete Ely.

The Banquet is a good way of recognizing the hard work every wrestler puts into this sport. It is a nice way for the teammates to bond with one another.

Junior Adam DeMauro stated, "The banquet was fun and it's always interesting to be around the whole team."

The Fulton Wrestlers are also participating in a number of off-season tournaments and anyone interested should contact Coach Waldron in room 237 or email him at jwaldro1@fulton.cnyric.org

By Jessie Sharkey



Bodley's Got
TALENT

Thursday, April 12
6:30 pm
in the GRB Auditorium

Students explore career options at SUNY Oswego

On Wednesday, March 14, several G. Ray Bodley juniors and seniors attended the SUNY Oswego Career Expo. At the career fair, students were exposed to a multitude of local career options.

Some Career options included STEM related jobs from Novelis, Huhtamaki, and other businesses.

“The career expo gave me a great opportunity to speak with local business about what a college degree could mean for my future,” said senior Mason Rowlee, adding, “I enjoyed the day but I wish the presenters had more variety beyond the STEM field.”

By Sammy Tanner



Pictured are Senior Guilder Perez, junior Nick Noel, and junior Ean Stevenson learning to tie a tie from a Men's Warehouse representative.

A Wrinkle in Time may need some ironing

The well anticipated movie *A Wrinkle in Time* offered viewers a candid look into the visual wonderland imagined by Madeleine L'Engle nearly 60 years ago, however left

Additionally, the film's casting included big name stars such as Oprah Winfrey, Reese Witherspoon and Mindy Kaling, however the heavy focus on these stars was disproportionate to their roles in the film, since the story is centered around Meg, who was played by Storm Reed. This focus left many viewers underwhelmed with the smaller cameos by these superstars. Similarly, the characters played by these famous actresses

are simply vessels to help gauge and grow Meg's understanding and the focus directed onto them in the coverage leading up to the movie may have shadowed over the true message of the movie.

However, beyond these small grievances, the movie is filled with stunning visuals and wonderfully diverse casting that gave *A Wrinkle in Time* a nuanced look and feel. *** stars (out of five)



audiences wanting more after it's highly anticipated promotions.

The novel of *A Wrinkle in Time* is a best-selling piece of children's literature and serves as a reminder of the tenacity of the human spirit as the female protagonist, Meg Murry, searches the universe to find her father. Along the way, she is joined by her brother, a friend, and three celestial beings known simply as the "Mrs.", who show Meg what it means to be kind and help young girls and boys understand the power of believing in yourself.

The novel is highly recognized by literary critics and readers around the world, serving as a reminder that love can stretch the universe. However, in the film adaptation directed by Ava DuVernay, this love did not always reach into the audience and was substituted with stunning visuals.

Lady Raiders preparing for the season

Coach Lyons, (Varsity) and Coach Zion (Junior Varsity) help prepare student athletes for the upcoming season starting in mid April.

Warm ups: During practice, players do quick warm ups as a whole team. Both Varsity and Junior Varsity girls get together in a group and do a quick jog around GRB halls down near the tech wing and cafeteria. Then, we sort back into the main gym and stretch before starting practice.

Infield and outfield work: Since the weather isn't permitting outside practice yet, the team trains in the gym. This can be confusing for the players as they're trying to practice drills that require more space than the small gym can provide.

Batting cage: Both teams get split into two groups, one team will work in the main gym doing infield and outfield work and the other will be in the back where the batting cage is, along with hitting stations. In the batting cage, each coach tosses a few underhand balls to each student player.

According to Coach Lyons, "Our expectations are as they always are this year is to get better everyday, make sectionals, have fun and make yourself a better person."

By Jada Wettering

This week in Raider Sports

Sat. March 24: Girls Lacrosse Scrimmage (Hilton, Marcellus, Fulton) Varsity 10:30-12:30/JV 12:30-2:30

Mon. March 26: Boys Lax @ Whitesboro (JV-4:30/V-6:30)

Tues. March 27: Girls V Lax @ Skaneateles (4 pm)

Wed. March 28: Boys V Lax vs. RFA (5 pm); Boys JV Lax @ RFA (5 pm)

Sat. March 31: Girls Lax vs. West Genesee (JV-10 am/V-noon)

*all schedules subject to change due to weather



2nd Annual GRB Hoops for HOPE Breast Cancer Charity Game!

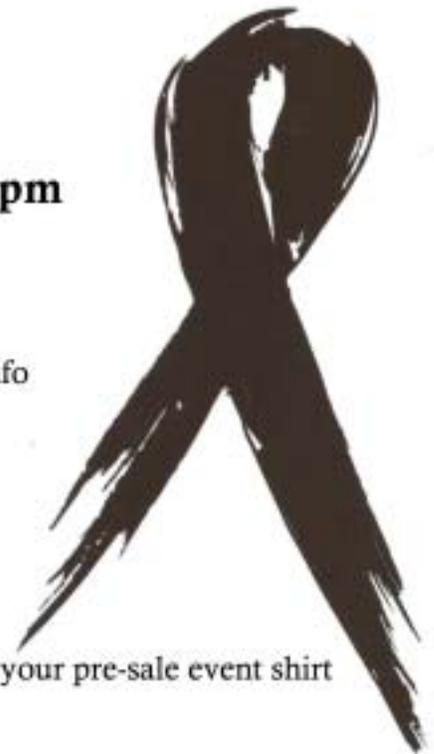
Friday, April 13th

Student Basketball Tournament 3:30-6:30pm

- Have you got what it takes to win?!
 - \$5 per student to play
 - All teams must include at least 1 female player
 - See Mr. Lyons in Room 206 for sign-up sheets/info

Fulton Teachers vs. News Channel 3 Tip off @ 7:15 pm

- Admission:
 - \$7 per person at the door unless you are wearing your pre-sale event shirt
 - (kids 12 and under FREE)
- Features include:
 - Raffles
 - Concessions
 - Face Painting



All proceeds will be donated to the Upstate Cancer Center...let's come together to support a good cause!

2018 HOOPS FOR HOPE EVENT SHIRTS... ORDER YOURS TODAY!!



- Small, Medium, Large, XL.....\$10
- 2XL and up.....\$12

[This cost includes your admission to the event]

See Mrs. Cretaro (112) or Mr. Lyons (206) to place your order.

Deadline for pre-sale is Thursday, April 5th.
(No orders will be taken after this date)